

## ATI MATERNITY NEWBORN PRACTICE 2023/2024 A GRADED A LATEST VERSION

A charge nurse on the postpartum unit is observing a newly licensed nurse who is preparing to administer pain medication to a client. The charge nurse should intervene when the newly licensed nurse uses which of the following secondary id to identify the client?

The client's room number

R: is not acceptable identifier and places the client at risk for a med error

A nurse is providing discharge teaching to a patient whose newborn has just had a circumcision. Which of the following instructions should the nurse include?

Apply slight pressure with a sterile gauze pad for mild bleeding

R: Nurse should instruct client to attempt to stop mild bleeding by applying pressure with sterile gauze. If bleeding continues the client should notify the provider.

A nurse is teaching about effective breastfeeding to a client who is 3 days postpartum. Which of the following information should the nurse include?

Your newborn should appear content after feeding

R: If the baby is not content after feeding signs of hunger are rooting, sucking on the hands or crying because they might not be emptying the breasts during feeding completely

A nurse planning care for a client who is in labor and is requesting epidural anesthesia for pain control. Which of the following actions should the nurse include in the plan of care?

Monitor the clients B/P every 5 min following the first dose of anesthetic solution

B: The nurse should plan to obtain a baseline blood pressure prior to the initiation of anesthetic solution. The nurse should then continue to monitor the client's blood pressure every 5 to 10 min to assess for maternal hypotension caused by the anesthetic solution

A nurse is teaching a new mother how to use a bulb syringe to suction her newborn's secretions. Which of the following instructions should the nurse include?

Stop suctioning when the newborn cry sounds clear

R: nurse should instruct client to stop suctioning when cry no longer sounds like it is coming through a bubble of fluid or mucus

A nurse is assessing a client who is 12hr postpartum. The client's fundus is two finger breadths above the umbilicus deviated to the right of the midline, and less firm than previously noted. Which of the following actions should the nurse take?

Assist the client to the bathroom to void

R: a distended bladder can cause the uterus from contracting and can cause uterine atony. Therefore, the nurse should assist the client to void.

A nurse is reviewing the medical record at 1800 for a client who is at 34wks gestation. Based in the chart findings and documentation the nursing plan of care should include which of the following actions?

Administer terbutaline

R: administer terbutaline to stop contractions because the lab results indicate that the fetus's lungs are not mature enough for delivery

A nurse is assessing a full-term newborn 15min after birth. Which of the following findings requires intervention by the nurse?

Respiratory rate of 18/min

R: first 30 min's of a newborn's life the rest rate can range from 20-100/min. A resp. rate this low at the time requires further evaluation and intervention by the nurse

A nurse is assessing a client who is at 26wks gestation. Which of the following clinical manifestations should the nurse report to the provider?

Decreased urine output

R: increased B/P, proteinuria and decreased fetal activity can be indication of preeclampsia and should be notified to the provider

A nurse is providing teaching to a client about the physiological changes that occur during preg. The client is at 10 wks of gestation and has a BMI w/in the expected reference range. Which of the following client statements indicate an understanding of the teaching?

"I will likely need to use alternative positions for sexual intercourse"

R: The weight of the preg will change positions of sexual intercourse therefore understanding physiological changes during preg

A nurse in a woman health clinic is providing teaching about nutritional intake to a client who is at 8wks of gestation. The nurse should instruct the client to increase her daily intake of which of the following nutrients?

Iron

R: for the woman who are pregnant, it is 27 mg/day. the recommendations for woman not preg is 15/mg day, for women younger than 19 yr old and 18 mg/day for women between the ages of 19 and 50 years old.

A nurse is assessing a client who is in active labor and notes early decelerations in the FHR on the monitor tracing. The client is at 39 wks of gestation and is receiving a continuous IV infusion of oxytocin. Which of the following actions should the nurse take?

Continue monitoring the client

R: early decelerations are due to fetal head during contractions, vaginal examinations and pushing during the second stage of labor. They are ok and normal

A nurse is caring for a newborn who was transferred to the nursery 30 min after delivery. Which of the following actions should the nurse take first?

Verify the newborn's ID

R: for safety / risk reduction

A nurse is providing education about the family bonding to parents who recently adopted a newborn. The nurse should make which of the following suggestions to aid the family 7-yr old in accepting the new family member?

Obtain a gift from the newborn to present to the sibling

A nurse is teaching a client who has pre-gestational type 1 DM about management during preg. Which of the following statements by the client indicates an understanding of the teaching?

"I will continue to take my insulin if I experience n/v"

R: Teach the client to continue to take insulin as prescribed during illness to prevent hypoglycemic and hyperglycemic episodes

A nurse is providing d/c teaching to a client who is postpartum. For which of the following clinical manifestations should the nurse instruct the client to monitor and report to the provider?

Unilateral breast pain

R: can indicate mastitis an infection of the breast tissue s/s are chills, fever, malaise and unilateral breast pain

A nurse is assessing a client who rec'd carboprost for postpartum hemorrhage. Which of the following findings is an adverse effect of this medication?

HTN

R: carboprost is a vasoconstrictor that can cause hypertension

A nurse is caring for a client who is in labor and reports increasing rectal pressure. She is experiencing contractions 2-3 mins apart each lasting 80-90 seconds and a vaginal examination reveals that her cervix is dilated to 9cm. The nurse should identify that the client is in which of the following phases of labor?

Transition

R: this stage is characterized by a cervical dilation of 8-10 cm and contractions q 2-3 min each lasting 46-90 sec

A nurse is teaching clients in a prenatal class about the importance of taking folic acid during preg. The nurse should instruct the clients to consume an adequate amount of folic acid from various sources to prevent which of the following fetal abnormalities?

Neural tube defect

R: folic acid sources include fortified cereals, grain products, oranges, artichokes, liver, broccoli and asparagus

A school nurse is providing teaching to an adolescent about levonorgestrel contraception. Which of the following information should the nurse include in the teaching?

You should take the medication w/in 72 hrs following unprotected sexual intercourse

R: considered the emergency contraceptive which inhibits ovulation to prevent conception

A nurse is preparing to collect a blood specimen from a newborn via a heel stick. Which of the following techniques should the nurse use to help minimize the pain of the procedure for the newborn?

Place the newborn skin to skin on the mothers chest

R: to decrease the newborn's pain level and anxiety, this should be implemented before, during, and after the procedure.

A nurse is assessing a newborn who is 12hr old. Which of the following clinical s/s requires intervention by the nurse?

Substernal chest retractions while sleeping

R: can indicate rest distress syndrome in the newborn

A nurse is caring for a client who is at 40 wks of gestation and is in early labor. The client has a platelet count of 75,000/mm<sup>3</sup> and is requesting pain relief. Which of the following treatment modalities should the nurse anticipate?