

ATI Nursing Care of Children Proctored exam GRADED A LATEST 2023/2024

What is a dictatorial or authoritarian parenting style? - CORRECT ANSWER parents try to control the child's behaviors and attitudes through unquestioned rules and expectations

What is an authoritative parenting style? - CORRECT ANSWER also known as democratic, parents direct the child's behavior by setting rules and explaining the reason for each rule setting

What is passive parenting? - CORRECT ANSWER parents are uninvolved, indifferent, and emotionally removed

A nurse manager on a pediatric floor is preparing an education program on working with families for a group of newly hired nurses. Which of the following should the nurse include when discussing the developmental theory?

- A. describes that stress is inevitable
- B. emphasizes that change with one member affects the entire family
- C. provides guidance to assist families adapting to stress
- D. Defines consistencies in how families change - CORRECT ANSWER D

A nurse is assisting a group of parents of adolescents to develop skills that will improve communication. The nurse heads one parent states "my son knows he better do what I say". Which of the parenting styles is he exhibiting?

- A. Authoritarian
- B. Permissive
- C. Authoritative

D. Passive - CORRECT ANSWER A

A nurse is performing family assessment. Which of the following should the nurse include? (select all that apply)

A. medical history

B. parents' education level

C. child's physical growth

D. Support systems

E. Stressors - CORRECT ANSWER A, B, D, E

What is the expected pulse rate of a newborn? - CORRECT ANSWER 80 to 180/min

What is the expected pulse of a baby 1 week to 3 months? - CORRECT ANSWER 120 to 180/min

What is the expected pulse of a child 3 months to 2 years? - CORRECT ANSWER 70 to 150/min

What is the expected pulse of a child 2 to 10 years? - CORRECT ANSWER 60 to 110/min

What is the expected pulse of a child 10 years and older? - CORRECT ANSWER 50 to 90/min

What are the expected respirations for a newborn to one year? - CORRECT ANSWER 30 to 35/min

What are the expected respirations of a 1 to 2 year old? - CORRECT ANSWER 25 to 30/min

What are the expected respirations of a 2 to 6 year old? - CORRECT ANSWER 21 to 25/min

What are the expected respirations of a child 6 to 12 years old? -
CORRECT ANSWER 19 to 21/min

What are the expected respirations of a 12 year old and older? -
CORRECT ANSWER 16 to 19/min

What are the normal vitals of an infant? - CORRECT ANSWER
HR: 80-180
RR: 30-35
BP: 65-80/40-50

Fontanelles - CORRECT ANSWER should be flat and soft,
posterior closes between 6 and 8 weeks, anterior closes between
12 and 18 months

Teeth - CORRECT ANSWER 6 to 8 teeth by 1 year of age, 20
baby teeth and 32 permanent teeth

How long is the Moro reflex present? - CORRECT ANSWER
until 4 months of age

How long is the Tonic neck reflex present? - CORRECT
ANSWER until 3 to 4 months of age

How long does the Babinski reflex last? - CORRECT ANSWER
usually until a year

Expected findings of the olfactory (I) nerve in infants, children,
and adolescents - CORRECT ANSWER Infants: difficult to test
Children and Adolescents: identifies smell through each nostril
individually

Expected findings of optic nerve (II)? - CORRECT ANSWER
Infants: looks at face and tracks with eyes

Children and adolescents: has intact visual acuity, peripheral vision, and color vision

Expected findings for trigeminal nerve? - CORRECT ANSWER

infants: has rooting and sucking reflex

children and adolescents: is able to clench teeth together and can detect touch on face with eyes closed

A nurse is preparing to assess a preschool-age child. Which of the following is an appropriate action by the nurse to prepare the child?

- A. Allow the child to role play using miniature equipment
- B. use medical terminology to describe what will happen
- C. separate the child from her parents during examination
- D. keep medical equipment visible to the child - CORRECT

ANSWER A

A nurse is checking the vital signs of a 3-year-old during a well child visit, which of the following findings should the nurse report to the provider?

- A. temperature 37.2C (99.0F)
- B. Heart rate of 106/min
- C. Respirations 30/min
- D. Blood pressure 88/54 mmHg - CORRECT ANSWER C

A nurse is assessing a child's ears. Which of the following is an expected finding?

- A. Light reflex is located at the 2 o'clock position
- B. Tympanic membrane is red in color
- C. bone landmarks are not visible
- D. Cerumen is present bilaterally - CORRECT ANSWER D

A nurse is assessing a 6-month-old infant. Which of the following reflexes should the infant exhibit?

- A. Moro

- B. Plantar grasp
- C. Stepping
- D. Tonic neck - CORRECT ANSWER B

A nurse is performing a neurological assessment on an adolescent. Which of the following is an appropriate reaction by the adolescent when the nurse checks the trigeminal cranial nerve? (select all that apply)

- A. clenching the teeth together tightly
- B. recognizing a sour taste
- C. identifying smells through each nostril
- D. detecting facial touches when eyes closed
- E. Looking down and in with the eyes - CORRECT ANSWER A, D

What happens to a baby's birth weight? - CORRECT ANSWER it should double by 6 months and triple by 1 year

How do infants grow? - CORRECT ANSWER 1 inch per month (2.5cm) for 6 months, then by 12 months, height/length should be doubled

When do the first teeth erupt? - CORRECT ANSWER between 6 and 10 months

Gross and fine motor by 3 months - CORRECT ANSWER only have slight head lag

Gross and fine motor by 4 months - CORRECT ANSWER should be able to roll from back to side

Gross and fine motor by 5 months - CORRECT ANSWER should be able to roll from front to back

Gross and fine motor by 6 months - CORRECT ANSWER
should be able to roll from back to front and hold a bottle

Gross and fine motor by 7 months - CORRECT ANSWER
move object from hand to hand

Gross and fine motor by 8 months - CORRECT ANSWER
sit unsupported

Gross and fine motor by 9 months - CORRECT ANSWER
crude pincer grasp

Gross and fine motor by 10 months - CORRECT ANSWER
prone to sitting position and grasp a ratty by the handle

Gross and fine motor by 11 months - CORRECT ANSWER
puts objects into a container and have a neater pincer grasp

Gross and fine motor by 12 months - CORRECT ANSWER
tries to build a 2 block tower and won't succeed

What Piaget cognitive development stage are infants in? -
CORRECT ANSWER Sensorimotor stage, birth to 24 months,
separation, object permanence around 9 months, mental
representation

How many words should the infant know? - CORRECT ANSWER
3-5 words and has concept of numbers by 1 year

What is the Erikson's stage of development for infants? -
CORRECT ANSWER Trust vs. Mistrust, birth to 1 year,
caretaker meeting the needs of the infant

When does separation anxiety begin to occur? - CORRECT
ANSWER between 4 and 8 months

When is there stranger fear in infants? - CORRECT ANSWER 6 to 8 months

What toys should be used for an infant? - CORRECT ANSWER rattles, blocks, brightly colored toys, mirrors, patty cake

Infant Immunizations - CORRECT ANSWER Birth: hep B
2 months: hep B, IPV, RV, PCV, dtap, HIB
4 months: all of the 2m, hep B
6 month: all the previous
Flu shots: 6m to 1 year

Infant Nutrition - CORRECT ANSWER breast milk first 6 months, solids 4 to 6 months and first solid is usually iron fortified rice cereal, no juice or water is needed for first year, foods introduced one at a time over 4-7 day period to monitor for allergies

What are infant safety concerns? - CORRECT ANSWER choking/aspiration (grapes, coins, candy)
burns (sunscreen, handles turned away from stove, electrical outlets are covered), drowning, rear facing car seat until 2 years, crib slats are no more than 6cm, no pillows, and sleep on back

A nurse is assessing a 12 months old infant during a well-child visit. Which of the following findings should the nurse report to the provider?

- A. closed anterior fontanel
- B. eruption of 6 teeth
- C. Birth weight doubled
- D. Birth length increased by 50 % - CORRECT ANSWER C

A nurse is performing a developmental screening of a 10-month old infant. Which of the following fine motor skills should the nurse expect to find? (select all that apply)

- A. grasp a rattle by the handle
- B. try building a two-block tower
- C. use a crude pincer grasp
- D. Place objects into a container
- E. Walks with one hand held - CORRECT ANSWER A, C

A nurse is conducting a well-baby visit with a 4 month old infant. Which of the following immunizations should the nurse plan to administer? (select all that apply)

- A. MMR
- B. IPV
- C. PCV
- D. varicella
- E. RV - CORRECT ANSWER B, C, E

A nurse is providing education about introducing new foods to the parents of a 4 months old infant. The nurse should recommend that the parents introduce which of the following foods first?

- A. Strained yellow vegetables
- B. Iron fortified cereals
- C. Pureed foods
- D. Whole Milk - CORRECT ANSWER B

A nurse is providing teaching about dental care and teething to the parent of a 9-month-old. Which of the following statements by the parent indicates an understanding of the teaching?

- A. I can give my baby a warm teething ring to relieve discomfort
- B. I should clean my baby's teeth with a cool, wet washcloth
- C. I can give Advil for up to 5 days while my baby is teething
- D. I should place diluted juice in the bottle my baby drinks while falling asleep - CORRECT ANSWER B

Weight gain of toddler - CORRECT ANSWER 4x their birth weight by 30 months

Height gain of toddler - CORRECT ANSWER 3 inches per year (7.5cm)

Head and chest growth of toddler - CORRECT ANSWER head and chest circumference are about equal, compared to when they are born, and their head is wider than their chest

gross and fine motor skills of a 15-month toddler - CORRECT ANSWER expect walking without help, should be able to build a 2 block tower

gross and fine motor skills of 18-month toddler - CORRECT ANSWER can throw a ball over head

gross and fine motor skills of 2 year old toddler - CORRECT ANSWER can walk up and down stairs by placing feet on each step and build a 6-7 block tower

gross and fine motor skills of 2.5 year old toddler - CORRECT ANSWER can jump with both feet and draw circles

Language of a toddler - CORRECT ANSWER 1 year = 1 word sentences/hollow phrases
2 year = 2-3 word sentences

Erikson's stage of Toddlers - CORRECT ANSWER autonomy vs shame and doubt, independence, begin to express selves by saying no a lot, thrive on rituals, maintain routines

Toddler appropriate activities - CORRECT ANSWER blocks, push pull, thick crayons, puzzle

Bathroom needs of toddlers - CORRECT ANSWER toilet training begins when they have recognized the sensation that they need to go potty

Immunizations of a toddler - CORRECT ANSWER 12-15 month: IPV, PCV, MMR, varicells, HIB
12-23 months: Hep A 2 doses 6 months apart
15-18months: dtap and annual flu

Nutrition of a toddler - CORRECT ANSWER breast milk or formula through 1 year, 1-2 year whole milk, after 2 can transition to low fat, limit juice consumption to 4-6oz per day, prevent choking, nuts, grapes, hot dogs, peanut butter, raw carrots, tough meat, popcorn

What are safety hazards of toddlers? - CORRECT ANSWER burns, drowning, falls, aspiration, prevention

A nurse is assessing a 2.5-year-old toddler at a well-child visit. Which of the following findings should the nurse report to the provider?

- A. height increased by 7.5cm or 3inches in the past year
- B. Head circumference exceeds chest circumference
- C. anterior and posterior fontanelles are closed
- D. current weight equals four times the birth weight - CORRECT ANSWER B

A nurse is performing a developmental screening on an 18 month old. Which of the following skills should the toddler be able to perform? (select all that apply)

- A. build a tower with 6 blocks
- B. Throw a ball overhead
- C. walk up and down stairs
- D. draw circles
- E. use a spoon without rotation - CORRECT ANSWER B, E