

Non-Proctored B

1. A home health nurse is visiting with an older adult client. Which of the following observations indicate the need for home modification?
 - a. The home has power strips that have breakers.
 - b. The client uses an electric toaster oven for cooking.
 - c. There are two rocking chairs in the living room.
 - d. The bathtub has a seat and a hand-held shower head.

There are two rocking chairs in the living room. Reasoning: rocking chairs and swivel chairs will require a modification. The nurse should block the motion of the chairs to keep them stable so that the client can easily get in and out.

2. A case manager is planning an educational program for a client who has diabetes mellitus. Which of the following activities should the nurse include when using the psychomotor domain of learning?
 - a. Review a color diagram of the food pyramid with the client.
 - b. Show the client a video about how to monitor blood glucose levels.
 - c. Observe the client's technique for drawing up insulin.
 - d. Encourage the client to discuss their feelings of self-worth.

Observe the client's technique for drawing up insulin

3. A case manager is developing a discharge plan for a client who has spinal cord injury and is in a rehab facility. Which of the following actions should the nurse take first?
 - a. Hold a care conference with the client to discuss treatment options.
 - b. Contact service providers to determine the availability of services offered.
 - c. Determine the client's ability to perform self-care.
 - d. Evaluate the client's satisfaction with the case manager's services.

Determine the client's ability to perform self-care. Reasoning: The first action the nurse should take when using the nursing process is to assess the client's needs. Determining a client's needs is the first step of the case management process which allows the case manager to plan client-centered care.

4. A school nurse is teaching health promotion to a group of staff members who sit at a desk and use a computer for 8hr at a time. Which of the following information is the priority for the nurse to include
 - a. "Take a walk after work."
 - b. "Point and flex your toes periodically."
 - c. "Have your visual acuity assessed regularly."
 - d. "Adjust your chair so that your elbows are at desk height."

Point and flex your toes periodically. Reasoning: the greatest risk to staff members who are immobile for long periods of time is a venous thromboembolism. Therefore, the nurse should encourage the staff members to frequently change the position of their feet and legs.

5. A nurse is assessing a new client. Which of the following information should the nurse include in the cultural portion of the assessment?
 - a. Food preferences
 - b. Employment status
 - c. History of illnesses
 - d. Sexual orientation

food preferences. Reasoning: food preferences are a part of cultural assessment.

6. A nurse is collecting demographic data as part of a community assessment. Which of the following information should the nurse include?
 - a. Racial distribution
 - b. Family genograms
 - c. Number of open water sources
 - d. Presence of condemned buildings

racial distribution. Reasoning: racial distribution is part of demographic data. Other types of demographic data include marital information, population density, and death and birth rates.

7. A nurse is caring for a client who has terminal lung cancer and is receiving hospice care. Which of the following statements should the nurse ID as an indication that the client is in the denial stage of the grief process?
 - a. "I'm looking forward to my daughter's wedding next year."
 - b. "I don't deserve to die. This just isn't fair."
 - c. "If I could just make it through this, I'd never smoke again."
 - d. "I'm going to plan my memorial service next week."

"I'm looking forward to my daughter's wedding next year". Reasoning: during the denial stage of the grief process, the client rejects the reality of the impending loss.

8.

An occupational health nurse is planning to use an interpreter during an educational session with a group of workers who speak a different language than the nurse. Which of the following actions should the nurse take?

.Instruct the interpreter to guide the nurse in providing information in a culturally-sensitive manner.

-Ask the interpreter to add information she feels might be necessary.

-Choose an interpreter who speaks the workers' language and dialect.

-Evaluate the interpreter's approach to clients prior to the educational session.

-Encourage the interpreter to paraphrase the workers' questions and responses.

1) Instruct the interpreter to guide the nurse in providing info in a culturally-sensitive manner

2) Choose an interpreter who speaks the workers' language and dialect

3) Evaluate the interpreter's approach to clients prior to the edu session

9. A nurse in a clinic is planning teaching for a client who was newly diagnosed with Hepatitis C. Which of the following instructions should the nurse include in the teaching?
 - a. Consume a low-carbohydrate diet until symptoms resolve.
 - b. Schedule an appointment for an immunoglobulin injection.
 - c. Abstain from sexual intercourse until antibody tests are negative.
 - d. Wear a mask in public places while receiving treatment.

Abstain from sexual intercourse until antibody tests are negative. Reasoning: Hep C is transmitted through sexual intercourse. Therefore, the nurse should instruct the client to abstain from sexual intercourse until antibody tests are negative.

10. AA home health nurse is reviewing several client requests regarding complementary strategies. The nurse should ID that which of the following alternative therapies is contraindicated for the client?
- Hippotherapy for a school-age child who has cerebral palsy
 - Acupressure therapy for a client who has back pain
 - Kava for a client who has cirrhosis
 - Valerian for a client who has anxiety and insomnia

Kava for a client who has cirrhosis. Reasoning: although kava has been used to promote sleep, it can cause severe liver damage, which can lead to the need for a liver transplant. using kava could worsen the condition of a client who has cirrhosis. Therefore, the nurse should plan to discuss safer alternatives with the client.

11. AA community health nurse is teaching a client who was newly diagnosed with active pulmonary tuberculosis about disease transmission. Which of the following info should the nurse include?
- Household members should be placed in respiratory isolation.
 - Wear a mask in the home.
 - Household members should take isoniazid for at least 6 months.
 - Have a repeat Mantoux test in 3 months.

Household members should take isoniazid for at least 6mo. Reasoning: house hold memebers are at risk for developing the disease. Taking isoniazid prophylactically for atleast 6 months is recommended.

12.

A nurse in a rural community is planning edu for a young adult client who is a migrant farm worker. Which of the following actions should the nurse include?

- Provide environmental health information.
- Refer the client for a tuberculosis screening.
- Provide skin cancer information.
- Recommend a dental health screening.
- Provide forms to apply for Medicare.
- Provide envi health information
- .- Refer the client for a TB screening
- Provide skin cancer info
- Recommend a dental health screening

13. AA nurse is teaching a client who has a new diagnosis of hepatitis A about howto prevent the spread of the virus. Which of the following instruction should the nurse include?
- "Double-bag tissues used for coughing or blowing the nose."
 - "Clean your bathroom fixtures with a chlorine bleach solution."
 - "Use shared hand towels to dry your hands after washing."

- d. "Use barrier contraceptives during sexual contact for 2 weeks after beginning treatment."

Clean your bathroom fixtures with a chlorine bleach solution. Reasoning: the client should clean bathroom fixtures with a 10:1 chlorine bleach solution. The hepatitis A virus spreads via feces and survives on human hands since it is resistant to soap and detergents.

14. AA community health nurse is planning to establish a community garden to introduce new nutritious food options in the area. Which of the following actions should the nurse take first to initiate the plan?
- a. Identify community members who demonstrate an interest in the project.
 - b. Hold a community information session to inform the residents of the plan.
 - c. Select residents to take on leadership roles in the project.
 - d. Monitor the progress of the project to keep the project on course

Identify community members who demonstrate an interest in the project. Reasoning: the first action the nurse should take when using the nursing process is to assess the community. By identifying those community members who demonstrate an interest in the project, the nurse can establish a local support group who will assist in engaging other community residents with establishing the garden.

15. AA palliative care nurse is teaching a client who has cancer about the services that are available for the client. Which of the following statements should the nurse identify as an indication that the client understands the teaching?
- a. "If I begin palliative care, I will have to stop my chemotherapy."
 - b. "I can begin palliative care when I have less than 6 months to live."
 - c. "This type of care can help me with pain control."
 - d. "My family will not be involved with this type of care program."

This type of care can help me with pain control. Reasoning: Clients who have cancer might require complicated treatments that can cause pain, disfigurement, and emotional and psychological distress. Palliative care provides support and management of the disease process regardless of the prognosis, including pain management.

16. AA community health nurse is teaching a group of clients about environmental health hazards. Which of the following examples should the nurse include as a possible source of carbon monoxide exposure?
- a. Washing machines
 - b. Gas ranges
 - c. Air conditioners
 - d. Electric space heaters

gas ranges. Reasoning: carbon monoxide is an odorless, colorless, tasteless gas that is emitted into the air. Gas ranges, motor vehicles, and fire places are potential sources for carbon monoxide exposure

17. AA community health nurse is planning a health education program for adults. The nurse should plan to take which of the following actions during the program?
- a. Use medical terminology throughout the presentation.