

# ATI Comprehensive

Professional Nurse Concepts: Intermediate (Arizona State University)

1. A nurse is caring for a client who has bipolar disorder and is experiencing acute mania. The nurse obtained a verbal prescription for restraints. Which of the following should be the actions the nurse take?
  - a. Document the client's condition every 15 minutes
2. A nursing plan of care for a school-age child who is 4 hr postoperative following perforated appendicitis. Which of the following actions should the nurse include in the plan of care?
  - a. Administer analgesics on a scheduled basis for the first 24 hr
3. A nurse is receiving change-of-shift report for a group of clients. Which of the following clients should the nurse plan to assess first?
  - a. A client who has a hip fracture and a new onset of tachypnea
4. A nurse is preparing to apply a transdermal nicotine patch for a client. Which of the following actions should the nurse take?
  - a. Wear gloves to apply the patch to the client's skin
5. A nurse has just received change-of-shift report for four clients. Which of the following clients should the nurse assess first?
  - a. A client who was just given a glass of orange juice for a low blood glucose level
6. A nurse is caring for a client who is receiving intermittent enteral tube feedings. Which of the following places the client at risk for aspiration?
  - a. A history of gastroesophageal reflux disease
7. A nurse is reviewing the laboratory results for a client who has Cushing's disease. The nurse should expect the client to have an increase in which of the following laboratory values?
  - a. Serum glucose level- increased
8. A nurse is caring for a client who has severe preeclampsia and is receiving magnesium sulfate intravenously. The nurse discontinues the magnesium sulfate after the client displays toxicity. Which of the following actions should the nurse take?
  - a. Administer calcium gluconate IV

Rationale: Calcium gluconate is given for magnesium sulfate toxicity. Always have an injectable form of calcium gluconate available when administering magnesium sulfate by IV.

9. A charge nurse is teaching new staff members about factors that increase a client's risk to become violent. Which of the following risk factors should the nurse include as the best predictor of future violence?
  - a. Previous violent behavior

Risk factors also include: past history of aggression, poor impulse control, and violence. Comorbidity that leads to acts of violence (psychotic delusions, command hallucinations, violent angry reactions with cognitive disorders).

10. A nurse is preparing to perform a sterile dressing change. Which of the following actions should the nurse take when setting up the sterile field?
  - a. Place the cap from the solution sterile side up on clean surface
11. A nurse is providing teaching to an older adult client about methods to promote nighttime sleep. Which of the following instructions should the nurse include?
  - a. Eat a light snack before bedtime

12. A home health nurse is preparing for an initial visit with an older adult client who lives alone. Which of the following actions should the nurse take first?
  - a. Identify environmental hazards in the home
13. A nurse is assessing the remote memory of an older adult client who has mild dementia. Which of the following questions should the nurse ask the client?
  - a. "What high school did you graduate from"
14. A nurse is providing teaching to an adolescent who has type 1 diabetes mellitus. Which of the following goals should the nurse include in the teaching?
  - a. HbA1c level less than 7%
15. A nurse is caring for a client who is 1 hr postoperative following rhinoplasty. Which of the following manifestations requires immediate action by the nurse?
  - a. Increase in frequency of swallowing
16. A nurse is planning care for a preschool-age child who is in the acute phase Kawasaki disease. Which of the following interventions should the nurse include in the plan of care?
  - a. Monitor the child's cardiac status
17. A nurse is planning an educational program for high school students about cigarette smoking. Which of the following potential consequences of smoking is most likely to discourage adolescents from using tobacco?
  - a. Use of tobacco decreases the level of athletic ability
18. A nurse is assessing a client who is prescribed spironolactone. Which of the following laboratory values should the nurse monitor for this client?
  - a. Serum potassium- diuretic that retains potassium= hyperkalemic risk
19. A nurse has agreed to serve as an interpreter for an older adult client who is assigned to another nurse. Which of the following statements by the nurse indicates an understanding of this role?
  - a. "I will let the client know that I am available as the interpreter."
20. A nurse is performing assessments on newborns in the nursery. Which of the following findings should the nurse report to the provider?
  - a. A two day old newborn who has a respiratory rate of 70 -->  
30 - 60 is normal
21. A nurse is providing discharge instructions to a client who has a new prescription for haloperidol which of the following adverse effects should the nurse instruct the client to report to the provider?
  - a. Shuffling gait →A/E EPS: is an indication of parkinsonism and should be reported
22. A nurse is teaching dietary guidelines to a client who has celiac disease which of the following food choices is appropriate for the client?
  - a. Potato pancakes
23. A nurse is working in acute care mental health facility is assessing a client who has schizophrenia. Which of the following findings should the nurse expect?
  - a. Disorganized speech

24. A nurse is caring for a client who is immobile which of the following interventions is appropriate to prevent contracture?
- Apply an orthotic to the clients foot
25. A public health nurse working in a rural area is developing a program to improve health for the local population. Which of the following actions should the nurse plan to take?
- Provide anticipatory guidance classes to parents through public schools
26. A nurse in the emergency department is performing triage for multiple clients following a disaster in the community. To which of the following types of injuries should the nurse assign the highest priority?
- Below the knee amputation
27. A nurse is preparing a change of shift report for an adult female client who is postoperative. Which of the following client information should the nurse include in the report?
- Platelets 100,000/mm<sup>3</sup>
28. A nurse is admitting a client who has anorexia nervosa. Which of the following is an expected finding?
- Prealbumin 10 mcg/dl (normal: 16-40)
29. A charge nurse on a medical-surgical unit is planning assignments for a licensed practical nurse (LPN) who has been sent from the postpartum unit due to a staffing shortage for the shift. Which of the following client assignments should the nurse delegate to the LPN?
- A client who is postoperative following a bowel resection with an NGT set to continuous suction
30. A nurse is conducting an initial assessment of a client and noticed a discrepancy between the clients current IV infusion and the information received during the shift report. Which of the following actions should the nurse take?
- Compare the current infusion with the prescription in the client's medication record.
31. A nurse is reviewing the medical record of a client who has schizophrenia and is taking clozapine. Which of the following findings should the nurse identify as a contraindication to the administration of clozapine?
- WBC count 2,900 /mm<sup>3</sup>
32. A nurse is caring for a client who is at 38 weeks of gestation and has a history of hepatitis C. The client asks the nurse if she will be able to breastfeed. Which of the following responses by the nurse is appropriate?
- You may breastfeed unless your nipples are cracked or bleeding.
33. A nurse is caring for a client who has hyperthermia .Which of the following actions for the nurse to take ?
- Initiate seizure precautions
34. A nurse manager is updating protocols for belt restraints. Which of the following guidelines should the nurse include.
- Document the client's conditions every 15 minutes

35. A nurse is caring for a client who has cancer and is being transferred to hospice care. The client's daughter tells the nurse, "I'm not sure what to say to my mom if she asks me about dying." which of the following responses by the nurse is appropriate?
- Let's talk about your mom's cancer and how things will progress from here.
  - Tell me how you are feeling about your mom dying.
  - You sound like you have questions about your mom dying. Let's talk about it.
36. A nurse is reviewing the medical records of four clients. The nurse should identify that which of the following client findings follow up care?
- A client who received a Mantoux test 48 hours ago and has induration
37. A community health nurse receives a referral for a family home visit. Which of the following tasks should the nurse perform first?
- Clarify the source of the referral
38. A nurse is caring for a client who will undergo a procedure. The client states he does not want the provider to discuss the results with his partner. Which of the following is an appropriate response for the nurse to make?
- You have the right to decide who receives information
39. A nurse is discussing a weight loss with a client who is concerned about losing 6.8 kg (15lb) from an original weight of 90.7 (200 lb). The nurse should identify the weight of the following total percentage?
- 7.5%
40. A nurse is caring for a client who is 4 hr postpartum and reports that she cannot urinate. Which of the following interventions should the nurse implement?
- Pour water from a squeeze bottle over the client's perineal area.
41. A nurse is providing discharge teaching to a client who has cancer and a prescription for a fentanyl 25 mcg /hr transdermal patch. Which of the following instructions should the nurse include in the teaching?
- Avoid hot tub while wearing the patch
42. A nurse working on a surgical unit is developing a care plan for a client who has paraplegia. The client has an area of non-blanchable erythema over his ischium. Which of the following interventions should the nurse include in the care plan?
- Teach the client to shift his weight every 15 min while sitting (cannot do this because he is paraplegic)
43. A nurse is working with a client who has an anxiety disorder and is in the orientation phase of the therapeutic relationship. Which of the following statements should the nurse make during this phase?
- We should establish our roles in the initial session.
44. A nurse is caring for a client who is experiencing mild anxiety. Which of the following findings should the nurse expect?
- Heightened perceptual field