

ATI ADULT MEDICAL SURGICAL ASSESSMENT 2- REAL EXAMS

Question: 1 of 50

A nurse is caring for a client who is hyperventilating and has the following results: pH 7.50, PaCo₂ 29mm Hg, and HCO₂ 25mEq/L. The nurse should recognize that the client has which of the following acid-base imbalance?

- a. Respiratory acidosis
- b. Respiratory alkalosis
- c. Metabolic acidosis
- d. Metabolics alkalosis

Answer: b

Question 2 of 50

A nurse is providing discharge teaching for a client who has COPD about nutrition.

Which of the following instructions should the nurse include?

- a. Eat three large meals daily.
- b. Consume high calorie foods.
- c. Limit caffeinated drinks to two per day.
- d. Drink fluids during

mealtimes

Answer: b

Question 3 of 50

A nurse is caring for a client who has a right sided pneumothorax. Following chest tube insertion, which of the following findings indicates that the chest drainage system is functioning correctly?

- a. Circle bubbling in the suction chamber
- b. Crepitus around the insertion site
- c. Constant bubbling in the water seal chamber

d. Absence of breath sounds on the right

sideAnswer: a

Question 4 of 50

A nurse is caring for a client who has a traumatic brain injury. Which of the following findings should indicate to the nurse the need for immediate intervention?

a. Auxiliary temperature 37.3 degrees Celsius (99 f)

b. Apical pulse 100mm

c. Respiratory rate 30/min

d. Blood pressure 140/34 mm

HgAnswer: c

Question 5 of 50

A nurse is developing a plan of care for a client who will be placed in halo traction following surgical repair of the cervical spine. Which of the following intervention should he nurse include in the plan?

a. Inspect the pin site every 48 hr

b. Monitor the client's skin under the halo vest

c. Ensure two personnel hold the halo device when repositioning the chest

d. Apply powder frequently to the cline's skin under the vest to decrease aching.

Answer: b

Question 6 of 50

A nurse is providing discharge teaching to a client who has heart failure and a prescription for furosemide 20 mg PO two times daily. Which of the following instructions should the nurse include in the teaching?

a. Monitor for increased blood pressure.

b. Increase intake of high potassium foods.

- c. Expect an increase in swelling in the heads and feet.
- d. Take off the second dose at bedtime.

Answer: b

Question 7 of 50

A nurse is teaching a client about fecal occult blood testing (FOBT) for the screening of colorectal cancer. Which of the following statements should the nurse include in the teaching?

- a. "Your provider will use stool from your digital rectal examination to perform the test."
- b. "Your provider will prescribe a stimulant laxative prior to the procedure to evacuate the bowel."

- c. "You should begin annual fecal occult blood testing for colorectal cancer screening at 40 years old."
- d. "You should avoid taking corticosteroids prior to testing." Answer: d

Question 8 of 50

Question 9 of 50

A nurse is assessing a client who has meningitis. The nurse should identify which of the following findings as a positive Kerning's sign?

- a. After striking the lateral area of the foot, the client's toes contract and draw together.
- b. After hip flexion, the client is unable to extend their leg completely without pain
- c. The client's voluntary movement is not coordinated.
- d. The client reports pain and stiffness when flexing their neck.

Answer: b

Question 10 of

50

A nurse is assessing a client who reports a possible exposure to HIV. Which of the following findings should the nurse identify as an early manifestation of HIV infection?

- a. Stomatitis
- b. Fatigue
- c. Wasting syndrome
- d. Lipodystrophy

Answer: b

Question 11 of

50

A nurse is caring for a client who has rheumatoid arthritis and has been taking prednisone.

Which of the following findings should the nurse identify as an adverse effect of this medication?

- a. Weight loss
- b. Hypoglycaemia
- c. Hypertension
- d. Hyperkalemia

Answer: c

Question 12 of 50

A nurse in an emergency department is caring for a client who has sustained multiple injuries. The nurse observes the client's thorax moving inward during inspiration and outward during expiration. The nurse should suspect which of the following injuries?

- a. Flat chest
- b. Hemothorax
- c. Pulmonary convulsion
- d. Pneumothorax

Answer: a

Question 13 of

50

A nurse is planning care for a client who has Meniere's disease and is experiencing episodes of ver- tigo. Which of the following interventions should the nurse include in the

plan?

- a. Maintain strict bed rest
- b. Restrict fluid intake to the morning hours.
- c. Administer aspirin
- d. Provide a low sodium diet.

A n s w e r : d

Question 14 of

50

A nurse at a providers office is interviewing a client who has multiple sclerosis and has been taking dantrolene for several months. Which of the following client statement should the nurse identify as an indication that the medication is effective?

- a. "I don't have muscle spasms as frequently."
- b. "I haven't gotten any colds, even though it is a flu season."
- c. "I feel like my nerve pain has improved"
- d. "It is easier to urinate

now."Answer: a

Question 15 of 50

A nurse is caring for a client who is receiving total parenteral nutrition (TPN). Which of the following findings should the nurse identify as a possible complication of TPN administration?

- a. Fixing edema of bilateral lower extremities
- b. Hypoactive bowel sounds in all four quarters.
- c. Weight is the same as the day before
- d. Bilateral posterior lung sounds are diminished.

Answer: a

Question 16 of

50

A nurse is teaching a client about using a continuous positive airway pressure (CPAP) device to treat obstructive sleep apnea. Which of the following information should the nurse include in the teaching?

- a. It delivers a preset amount of respirator pressure at the beginning of each breath.
- b. It has continuous adjustment feature that changes throughout the cycle.
- c. It delivers a preset amount of airway pressure throughout the breathing cycle
- d. It delivers possible pressure at the end of each breath.

Answer: c

Question 17 of

50

A nurse is providing discharge teaching to a client following a heart transplant. Which of the following information should the nurse include in the teaching?

- a. Immunosuppressant medication ought to be taken for up to 1 year

- b. Shortness of breath might be an evaluation of transplant reception.
- c. The surgical site will heal in 3 to 4 weeks after surgery
- d. Begin 45 min of modern aerobic exercise per day following discharge.

Answer: b

Question 18 of

50

A nurse is caring for a client who has a peripheral inserted central catheter (PICC). For which of the following findings should the nurse notify the provider?

- a. The dressing was changed 7 days ago.
- b. The circumference of the client's upper arm has increased by 10%
- c. The catheter has not been used in 8 hr
- d. The catheter has been flushed with 10 ml of sterile saline after medication use

Answer: b

Question 19 of 50

A nurse is providing discharge teaching to a client who has acute leukaemia and received chemo- therapy 12 hr ago. Which of the following instructions should the nurse include in the teaching? (Select all that apply).

- a. Use an electric shaver
- b. Avoid crowds
- c. Take temperature weekly
- d. Consume a low residue diet
- e. Monitor for

bruising

Answer: a, b,
and e

Question 20 of 50

A nurse is caring for a client who is at high risk for iron deficiency anemia. Which of the following foods should the nurse instruct the client to increase in their diet?

- a. Yogurt
- b. Apples
- c. Raisins
- d. Cheddar cheese

Answer: c

Question 21 of

50

A nurse is admitting a client who has suspected appendicitis. Which of the following findings should the nurse report to the provider immediately?

- a. Distended board like abdomen
- b. WBC count 15,000\mm³
- c. Rebound tenderness over McBurney's point
- d. Temperature 37.3 degrees Celsius (99.1 f)

Answer: a

Question 22 of 50

A nurse is providing teaching to a client who is scheduled for an electroencephalogram (EEG). Which of the following statements by the client indicates an understanding of the teaching?

- a. "I should not wash my hair prior to the procedure."
- b. "I will receive a sedative 1 hour before the procedure."
- c. "I should avoid eating prior to the procedure."

d. "I will be exposed to flushes of light during the procedure."Answer: d

Question 23 of 50

A nurse is providing discharge teaching to a client who is starting to take carbidopa levodopa to treat Parkinson's disease. Which of the following instruction should the nurse include in the teaching?

- a. "The medication can cause your urine to turn a dark color."
- b. "Expect immediate relief after taking the medication."
- c. "Take the medication with a high protein food."
- d. "Skip a dose of the medication if you experience dizziness."Answer: a

Question 24 of 50

A nurse is teaching a client who has hypertension about dietary modifications to help control blood pressure. Which of the following food choices should the nurse recommend as the best choice for the client to include in their diet?

- a. 1 packet of reconstituted dry onion soup.
- b. 3 oz of lean cured ham
- c. 3 oz of chicken breast
- d. 3 cup of canned baked beansAnswer: c

Question 25 of 50

A nurse is caring for a client who has syndrome of inappropriate antidiuretic hormone (SIADH) and is receiving 3% sodium chloride via continuous IV. Which of the following laboratory findings should the nurse identify as an indication that the SIADH is resolving?

- a. Urine specific gravity, 1,020