

ATI MENTAL HEALTH MIDTERM EXAM QUESTIONS AND VERIFIED SOLUTIONS/ A+ GRADE

- A patient state, “I saw a cat, the group I went to was too long” should be documented as expressing the symptoms of _____.
 - Flight of idea
 - Loose association
 - Circumstantiality
 - Tangentiality
- Which of these statements is the most reliable indication that a patient’s depression is improving?
 - I’m looking forward to working with a counselor on future career plans
 - I’ve been on antidepressants for a couple of days and I feel great.
 - I think about suicide a lot, but I would never do it
 - Nobody needs to worry about me after tomorrow
- A client comes to the ER reporting that they were raped at a party a couple of hours ago. Which of these is the highest priority intervention?
 - Assess the client for physical injuries
 - Administer anti-anxiety medication as ordered
 - Assess the client for signs of mental illness
 - Educate the client about better coping skills
- Peplau’s model for the three phases in the development of therapeutic relationships is based on which of the following premises?
 - One relationship has to be terminated before another one can be initiated
 - Trust must be established before meaningful, therapeutic problem solving can be performed
 - The orientation phase is necessary so that the client knows the rules and expectations
 - All of the above
- An active communications style is recommended with acutely depressed clients. The rationale for this is:
 - Indecisiveness is a common symptom in major depression
 - Paranoia is reduced
 - Active communication cheers the client up
 - Active communication allows the client the opportunity to make their own decisions
- The nurse reports at shift change that a client who was admitted with bipolar disorder has a labile mood. The best interpretation of this is:
 - The client’s mood changes frequently
 - The client’s mood is manic and hyperactive

- The client is manifesting lip smacking behavior
- The client appears lethargic
- Which of the following are considered patient-centered approaches to interventions?
 - The Recovery Model
 - Motivational Interviewing
 - Medication
 - **d. Both A and B**
- A patient who is being treated for heroin addiction asks the nurse why his doctor has prescribed Suboxone (buprenorphine/ Naloxone). Which of the following is the best, most accurate response?
 - It creates discomfort if heroin is consumed while on this drug
 - It prevents the potential for death associated with unmanaged drug withdrawal
 - It allows the patient to continue taking heroin without experiencing the euphoric feelings
 - **It is a partial opioid agonist that helps reduce cravings and the severity of withdrawal symptoms.**
- Josh who was recently admitted to the psychiatric unit and given multiple injections of haloperidol (Haldol) for acute agitation, presents to the nurses' station with complaints of difficulty swallowing. His head is tilted to one side and he appears to be staring at the ceiling. He says his eyes are being controlled by aliens. Which of the following is the most important nursing intervention?
 - Ask Josh to describe the voices he is hearing
 - Ask Josh to return to his room and let him know you will conduct a comprehensive physical and mental exam as soon as you are available.
 - **Administer an IM injection of benztropine (Cogentin) as ordered**
 - Ask Josh if he would like another Haldol injection
- Which of the following is a correct assumption regarding the concept of crisis?
 - Crisis interventions
 - I didn't get this one
- A client states, "I refuse to shower in this room. I must be very cautious. The FBI has placed a camera in my room to monitor my every move." Which of the following is the most therapeutic response to the client's delusion?
 - "Ok, you can shower later"
 - "I'll help you search the room so you can see there's no cameras"
 - **c. I have a hard time believing that is true. This is a safe place.**
 - d. That's not true. You don't believe that.
- A patient report to the nurse that her husband is on the warpath. Which of the following responses by the nurse is an example of the communication technique called clarification?
 - Clearly you need to be in a safer place

- So you're saying your husband is homicidal
- It sounds like you are feeling frightened by your husband's behavior
- d. What do you mean when you say your husband is on the warpath?
- Research has demonstrated that when people with severe mental illness are stigmatized, which of the following outcomes are likely?
 - Patient's adherence to medication improves
 - Patient's symptoms typically lessen
 - All of the above
 - Patients may avoid seeking treatment from health care professionals
- Which of the following is an example of a negative symptom?
 - The client speaks with incoherent sentences
 - The client states his thoughts are controlled by the unit secretary
 - c. The client refuses to take a shower and lays in bed all shift
 - d. The client is observed in the dayroom talking to imaginary voices
- The nurse observes that the client with a thought disorder has no visible facial expression. She documents this as:
 - Internal stimulation
 - Guarded behavior
 - c. Flat affect
 - d. Labile mood
- Joe reports to the nurse that the government has planted a chip in every new child so they can monitor their every move. He adds that they are trying to kidnap him so they can do the same thing to him. The nurse responds: "I understand that you believe that to be true. I find that hard to believe." This is an example of a therapeutic communication technique called:
 - Clarification
 - Giving advice
 - c. Voicing doubt
 - d. Making observations
- The nurse recognizes that a passive approach is recommended for a newly admitted patient with paranoid schizophrenia. Which of these responses is an example of a passive approach?
 - Let's go to the group session together
 - Ill be asking you assessment questions for the next 20 minutes or so
 - I understand that you are feeling passive right now but that will improve with medication.
 - Let me know if there's anything I can help you with