

ATI TESTING ASSESSMENT:

CUSTOM- MENTAL HEALTH IMPORTANT TOPICS ASN 1

Part 2: Question 51-100

Question: 51 of 201

Time Remaining: 16:09:22
Pause Remaining: 00:05:00



A nurse on a mental health unit is caring for clients who have various depressive disorders. The nurse should identify which of the following client diagnoses as presenting the greatest risk for suicide?



- Premenstrual dysphoric disorder
- Seasonal affective disorder
- Major depressive disorder
- Persistent depressive disorder



Question: 52 of 201

Time Remaining: 16:09:01
Pause Remaining: 00:05:00



A nurse is admitting a client to an alcohol abuse program. The client states, "I'm here because of my boss. It was part of my job to go to parties and drink with clients." The client's statement is an example of which of the following defense mechanisms?



Reaction-formation

Compensation

Rationalization

Suppression



Question: 53 of 201

Time Remaining: 16:08:38
Pause Remaining: 00:05:00



A nurse is planning discharge for a client who has borderline personality disorder. Which of the following interventions should be included for this client?



Dialectical behavior therapy

Behavioral contract

Bibliotherapy

Safety plan



Question: 54 of 201

Time Remaining: 15:58:37
Pause Remaining: 00:05:00



A client at 36 weeks gestation has just delivered a stillborn baby. Which of the following statement should the nurse make?



- "I understand your grief. I lost a baby also."
- "You may hold your baby as long as you want."
- "I have called for the chaplain to come and stay with you."
- "This is for the best. Your baby was very ill."



Question: 55 of 201

Time Remaining: 15:58:23
Pause Remaining: 00:05:00



A nurse in the emergency department is caring for a client who reports chest pain, headache, and shortness of breath. He continues to state, "I don't know why my wife left me." The client receives a diagnosis of anxiety. The nurse realizes the client's findings support which level of anxiety?



- Mild
- Moderate
- Severe
- Panic



Question: 56 of 201

Time Remaining: 15:58:06
Pause Remaining: 00:05:00



A nurse is caring for a client who has been diagnosed with obsessive compulsive disorder (OCD) and is constantly picking up after others in the day room. The nurse should recognize that the client uses this behavior to do which of the following?



- Limit the amount of time available to interact with others.
- Focus attention on meaningful tasks.
- Manipulate and control others' behaviors.

Decrease anxiety to a tolerable level.



Question: 57 of 201

Time Remaining: 15:57:37
Pause Remaining: 00:05:00



A nurse is caring for a client who has rheumatoid arthritis and tells the nurse that she wears a copper bracelet to help her feel better. Which of the following responses should the nurse make?



- "Yes, I understand that you feel better wearing your bracelet."
- "Why do you think the copper helps with your arthritis?"
- "Believing objects have powers to make you feel better has no scientific basis."
- "I think you should rely more on your medication therapy than on your bracelet."



Question: 58 of 201

Time Remaining: 15:56:20
Pause Remaining: 00:05:00



A nurse is providing discharge teaching for a client who has multiple medication prescriptions and must take the medications at specific intervals when at home. Which of the following instructions should the nurse include in the teaching?



- "You really shouldn't change the schedule we established here in the facility."
- "Let's work together to devise a time schedule that is convenient for you on a daily basis."
- "We'll have to talk to your provider about switching to an alternative schedule."
- "It doesn't really matter what time you take your medications as long as you don't skip any doses."



Question: 59 of 201

Time Remaining: 15:56:01
Pause Remaining: 00:05:00



A nurse is assessing a client who is withdrawing from alcohol. Which of the following findings should the nurse expect? (Select all that apply).



Severe hypotension

Visual hallucinations

Hyperglycemia

Insomnia

Tremors



Question: 60 of 201

Time Remaining: 15:55:38
Pause Remaining: 00:05:00



A nurse in a rehabilitation center is planning care for a newly admitted client who has a history of alcohol use disorder. Which of the following client goals is the highest priority?



- The client will acknowledge alcohol dependence and need for treatment.
- The client will rebuild damaged interpersonal relationships.
- The client will implement alternative strategies for managing anxiety.
- The client's withdrawal from alcohol will be managed without complications.

