

ATI Video Series- Reproduction: Prenatal Education Part 2



Question: 1 of 5

CORRECT

Time Elapsed: 00:01:05
Pause Remaining: 08:20:00

PAUSE

FLAG

A nurse is teaching about newborn pain management during a heel stick with a client who is pregnant. Which of the following information should the nurse include in the teaching?



Disposable heel warmers are applied before a heel stick to help manage pain.

INCORRECT

Applying a disposable heel warmer to the puncture site dilates blood vessels in the area and facilitates collection of the sample. However, this action does not decrease the discomfort associated with the procedure.

Manual lancet blades will be used to puncture the skin.

INCORRECT

To decrease discomfort associated with the procedure, the nurse should inform the client that an automatic puncture device, rather than a manual lancet blade, will be used to perform the heel stick.

The newborn will be swaddled snugly with the hips flexed.

INCORRECT

Although swaddling has been found to promote comfort for newborns during procedures, swaddling a newborn during a heel stick would prevent the nurse from accessing the extremity needed to perform the procedure.

The newborn will be placed on the client's chest during a heel stick.

CORRECT

My Answer

Skin-to-skin contact during painful procedures, such as a heel stick, has been found to decrease newborns' discomfort. Therefore, the nurse should inform the client that the newborn will be placed on the chest of a parent or guardian during a heel stick.

CONTINUE



Question: 2 of 5

CORRECT

Time Elapsed: 00:01:43
Pause Remaining: 08:20:00

PAUSE

FLAG

A nurse is providing teaching about skin-to-skin contact for a client who is pregnant. Which of the following information should the nurse include?



A thin sheet should be placed between the chest and the newborn during skin-to-skin contact.

INCORRECT

The nurse should inform the client that newborns should lie directly on the chest during skin-to-skin contact.

Newborns should lie in the prone position during skin-to-skin contact.

CORRECT My Answer

The nurse should inform the client that newborns should lie in the prone position during skin-to-skin contact.

Skin-to-skin contact places newborns at risk for hypoglycemia.

INCORRECT

The nurse should inform the client that newborns who receive skin-to-skin contact immediately after birth have higher blood glucose levels than newborns who do not receive skin-to-skin contact.

Skin-to-skin contact will be interrupted long enough for the nurse to assess the newborn after delivery.

INCORRECT

The nurse should inform the client that as long as there are no complications, the nurse can perform the newborn's initial assessment while the newborn is skin-to-skin with the birth parent.

PREVIOUS

CONTINUE



Question: 3 of 5

CORRECT

Time Elapsed: 00:02:01
Pause Remaining: 08:20:00

PAUSE



FLAG

A nurse is teaching a client who is pregnant about skin-to-skin contact with newborns. Which of the following information should the nurse include?



- Skin-to-skin contact promotes the duration of breastfeeding.

CORRECT My Answer

The nurse should inform the client that early skin-to-skin contact has been found to promote the initiation and duration of breastfeeding.

- Skin-to-skin contact is effective in decreasing temperatures in newborns who are febrile.

INCORRECT

The nurse should inform the client that skin-to-skin contact is used to regulate temperature in newborns who are having difficulty maintaining a high enough temperature, rather than for newborns who are febrile.

- Skin-to-skin contact is only useful for bonding between the birth parent and the newborn.

INCORRECT

The nurse should inform the client that skin-to-skin contact has been found to facilitate bonding between either parent or guardian of the newborn, not just the birth parent.

- Skin-to-skin contact has been found to prolong healing in clients who had a high-risk pregnancy.

INCORRECT

The nurse should inform the client that skin-to-skin contact has been found to promote, rather than prolong, healing in clients who had a high-risk pregnancy.

PREVIOUS

CONTINUE



Question: 4 of 5

CORRECT

Time Elapsed: 00:02:22
Pause Remaining: 08:20:00

PAUSE

FLAG

A nurse is caring for a client who just gave birth to a healthy newborn. Which of the following actions should the nurse take first?



Dry the newborn with warm towels.

INCORRECT

The newborn should be dried with warm towels. However, there is another action the nurse should take first.

Place a cap on the newborn's head.

INCORRECT

The nurse should place a cap on the newborn's head. However, there is another action the nurse should take first.

Assign the newborn an Apgar score.

INCORRECT

The nurse should assign the newborn an Apgar score at 1 and 5 min following birth. However, this client has just given birth so there is another action the nurse should take first.

Place the newborn skin-to-skin with the birth parent.

CORRECT My Answer

Skin-to-skin contact should be implemented immediately after birth of a healthy term newborn. If the client births the newborn via cesarean section, skin-to-skin contact should be initiated as soon as possible after birth.

PREVIOUS

CONTINUE



Question: 5 of 5

Time Elapsed: 00:02:44
Pause Remaining: 08:20:00



A nurse is caring for a newborn who is resting skin-to-skin on the birth parent's chest. Which of the following findings by the nurse requires follow up?



- The newborn's chest is facing the birth parent's chest.
- The newborn's legs are in a flexed position.
- The newborn's chin is tucked against their chest.
- The newborn's back is covered with a blanket.

