

VERSION 3

Maternal Newborn Practice B

1. A nurse is reinforcing teaching about newborn home safety precautions with a group of new mothers. Which of the following instructions should the nurse include?
"Crib slats should be no more than 2.25 inches apart."
2. A nurse is reinforcing teaching with a client who is at 16 weeks of gestation, has diabetes mellitus, and has a BMI of 31. Which of the following statements should the nurse identify as an indication that the client understands the teaching?
"My intake should be 25 calories per kilogram of my body weight or less per day."
3. A nurse is planning to reinforce discharge teaching about formula feeding with the guardian of a newborn. Which of the following instructions should the nurse plan to include?
Provide the newborn with six to eight feedings during a 24-hr period.
4. A nurse in a clinic is collecting data from a client who is at 12 weeks of gestation. Which of the following actions should the nurse take?
Use an ultrasound stethoscope to listen to fetal heart tones.
5. A nurse is caring for a client who is 18 hr postpartum and has a fourth-degree perineal laceration. The client reports a pain rating of 4 on a scale from 0-10. Which of the following should the nurse take? (SATA)
 - 1) Promote the use of witch hazel pads
 - 2) Give the client ice packs

3) Have the client take a cool water sitz bath

4) Encourage the client to practice relation techniques

6. A nurse is reinforcing teaching with a client who has a new prescription of medroxyprogesterone acetate injection for contraception. Which of the following statements by the client indicates understanding of the teaching?

"I am likely to gain weight while taking this medication."

7. A nurse is collecting data from a client who is at 38 weeks of gestation. Which of the following findings should the nurse report to the provide?

Glycosuria

8. A nurse is reinforcing teaching with a client who is trying to become pregnant. Which of the following foods should the nurse recommend as the best source of folate?

1 cup cooked spinach

9. A nurse is caring for a client who is in preterm labor and is receiving betamethasone. Which of the following actions should the nurse take?

Inject the medication into the client's vastus lateralis muscles.

10. A nurse is collecting data from a 28-year-old client who is requesting a prescription for an oral contraceptive. Which of the following information in the client's history should the nurse identify as a contraindication for the use of oral contraceptives?

Frequent headaches with visual changes.

11. A nurse is reinforcing teaching about preventing urinary tract infections with a client who is at 25 weeks of gestation. Which of the following instructions should the nurse include?

"You should empty your bladder before you go to bed at night."

12. A nurse is reinforcing education about the prevention of newborn abduction with a client who recently delivered. Which of the following statements should the nurse identify as an indication that the client understands the instructions?

"An alarm will sound if someone removes my baby's safety device."

13. A nurse is reinforcing teaching about a nonstress test with a client who is at 33 weeks of gestation. Which of the following statements should the nurse include?

"You will press a button when you feel the baby move."