

1. You are answering questions from parents who are concerned about the differences in language development skills among their three children, aged 7, 4, and 3. In discussing the differences among the children, you explain that
  - A) Firstborn children are slower to develop language skills than their siblings
  - B) Second-born children are slower to develop language skills than their siblings
  - C) Boys raised with older sisters are slower to develop language skills than their siblings
  - D) Girls raised with older brothers are slower to develop language skills than their siblings
  
2. As part of your role as a school nurse, you are conducting a drug education program in a fourth-grade class. This is an example of nursing in
  - A) Primary prevention
  - B) Secondary prevention
  - C) Tertiary prevention
  - D) Home health care
  
3. You are a nurse focused only on tertiary prevention. Which of the following most likely describes your actions in your current role?
  - A) Caring for new mothers in a maternity clinic
  - B) Identifying a child with pediculosis in an elementary school
  - C) Taking case histories in an orthopedic clinic
  - D) Providing care for an elderly patient in a home-care setting
  
4. You are counseling a pregnant woman as to the best option for delivering her baby. She is 25 years old, has one other child, and is in a low-risk pregnancy. You advise her that the best option for delivery is
  - A) A home setting
  - B) A birthing center
  - C) A hospital
  - D) There is no evidence of any superiority among settings
  
5. Working in a clinic, you are following up on the doctor's recommendation that your patient consult a nutritionist. By giving a list of referrals to this patient, you are fulfilling part of your role of
  - A) Client advocacy
  - B) Community-based nursing
  - C) Primary care
  - D) Secondary prevention
  
6. You are a community-based nurse and your new patient is a physically challenged 9-year-old girl in a family of four. As part of your client advocacy for this child, you might
  - A) Take a case history for each member of the family
  - B) Make telephone calls to establish eligibility for special equipment needed to transport the child to school
  - C) Take the patient's blood pressure
  - D) Document the patient's progress in physical therapy

7. You are preparing an hour-long prenatal seminar for a group of 27 teenage mothers. Which type of information will you gather to help ensure the success of your program?
  - A) Medical histories of each of the participants
  - B) Age, education levels, and language barriers of each of the participants
  - C) Names of each of the participants
  - D) Incomes of each of the participants
  
8. You are counseling new parents on the best ways to help their newborn develop its senses. You advise them to
  - A) Make sure the infant receives nutritional supplements
  - B) Wait until the child is 12 months old before reading to him
  - C) Provide minimal distraction in the nursery
  - D) Buy brightly colored toys
  
9. As a community-based nurse, your primary focus is
  - A) Wellness
  - B) Cost containment
  - C) Rehabilitation
  - D) Emergency care
  
10. You are an elementary school nurse, and your patient is a 7-year-old boy whose family has recently immigrated. His teacher has brought him down because he refuses to eat any lunch. You should
  - A) Do nothing; the child will eat when he is hungry
  - B) Call the child's parents to make sure nothing is wrong at home
  - C) Develop an understanding of the child's culture and how that may affect eating habits
  - D) Refer the child to a guidance counselor
  
11. The Cho family are recent immigrants to the United States. They live with their Aunt Sue and her parents. This is an example of which family form?
  - A) Extended
  - B) Nuclear
  - C) Communal
  - D) Blended
  
12. Sally is seen in the family planning clinic. She has two children. She is marrying a man who has three children, and they have decided not to have any children now. This is an example of a/n
  - A) Blended family
  - B) Nuclear family
  - C) Extended family
  - D) Communal family
  
13. A family was recently enlarged to include a mother and father, a 6-year-old boy, and a new baby sister. What type of family does this represent?
  - A) Cohabitation
  - B) Adoptive
  - C) Nuclear
  - D) Extended

14. Which of the following may occur in nuclear families at a greater level than in some other types of families?
  - A) Financial difficulties.
  - B) Problems with allocation of resources.
  - C) Formation of a poor parent-child relationship.
  - D) Lack of support people in a crisis.
  
15. Which of the following may be a strength of the single-parent type of family?
  - A) Financial security
  - B) Readily available support in a crisis
  - C) Development of a special parent-child relationship
  - D) Child wishing for no other siblings
  
16. The nurse is caring for a childbearing family of a different cultural background. In order to provide culturally appropriate and competent care, the nurse should execute which nursing action?
  - A) Use your personal cultural experiences with the family
  - B) Use a standard nursing care plan for the family
  - C) Expect the family to adopt the cultural beliefs of that facility
  - D) Ask the family for input into their care based on their cultural beliefs
  
17. A nurse is reading about care of patients in the home. The role of the nurse in home care is
  - A) Limited due to the lack of increase in home care costs
  - B) Based only on the request of the patient
  - C) Provider of direct patient care after receipt of health care provider orders
  - D) As a visitor only, not to provide direct care in the home
  
18. To assess the sociocultural aspects of the family of an adolescent in an ambulatory clinic, about which of the following would you ask?
  - A) His mother's occupation
  - B) His mother's attitude toward citizenship
  - C) The adolescent's education level
  - D) His family structure
  
19. An adolescent believes that people from the Bronx are stupid. What does this type of belief represent?
  - A) Group analysis
  - B) Definitive analysis
  - C) Ethnocentrism
  - D) Stereotyping

20. An adolescent tells you that it is taboo in his family to use credit cards. You would interpret this to mean which of the following?
- A) His parents do not use credit cards
  - B) His parents probably have few credit cards
  - C) The family is wealthy
  - D) The adolescent is too young to apply for a credit card
21. A boy tells you that his family celebrates the Fourth of July by eating out at a local restaurant. He tells you this is a better way to celebrate the holiday than having a picnic like his neighbors. This statement represents which of the following?
- A) Ethnocentrism
  - B) Stereotyping
  - C) A taboo
  - D) Cultural assimilation
22. During a hospital admission an 8-year-old of Polish heritage tells you he is angry because so many people have asked him how to pronounce his name. Which of the following would be your best response?
- A) "Polish names are hard to pronounce."
  - B) "No one ever says my name correctly either."
  - C) "I will mark in your nursing care plan how to say it correctly."
  - D) "I'll never use your name. Then, I can't say it wrong."
23. A girl comes from a large family that you analyze as being extended. In planning hospital care for her, which factor would be most important for you consider?
- A) Restricting visitors to reduce the noise level.
  - B) Organizing nursing care at times other than visiting hours.
  - C) Asking the hospital's visitor program to call on her to prevent loneliness.
  - D) Spending increased time with her yourself to prevent loneliness.
24. You view a boy from a large extended family as poor because his father is unemployed. Considering his family structure, which way might he view you as "poor"?
- A) You are planning to be a nurse.
  - B) You own only one student nurse's uniform.
  - C) You are unmarried and live alone.
  - D) You stated you value honesty.
25. You see a 3-year-old girl in an ambulatory clinic because she has a bad cold. Her mother tells you the girl's problem was caused by her being affected by "mal ojo." Which of the following would be the best action?
- A) Tell her mother this is not a legitimate illness
  - B) Teach her mother that colds are caused by viruses
  - C) Ask her mother what symptoms her daughter is experiencing
  - D) Explain there is nothing to do for illnesses caused by evil spirits

26. When a woman is admitted to the labor and delivery unit, her husband says he is going to work and asks you to call when the baby is born. Your best response to this husband would be to
- A) Ask him if he knows that he can stay with his wife during labor
  - B) Tell him that all fathers now stay with their wives during labor
  - C) Tell him he is missing out on the opportunity of a lifetime by leaving
  - D) Insist he stay with his wife during labor because she will need his support
27. A woman in labor has brought a butcher knife with her and insists on putting it under her hospital mattress to “cut the labor pain.” Your best response to this practice would be to do which of the following?
- A) Teach her to use chest breathing with contractions.
  - B) Educate her about the cause of labor pain.
  - C) Tell her that she cannot keep the knife because it is a lethal weapon.
  - D) Allow her to keep the knife under her mattress during labor.
28. When caring for a woman in her sixth month of pregnancy, she reports her plans to nurse for at least two to three years like the rest of the women in her family. Based upon your knowledge you:
- A) Advise her to be careful who she discusses this with as many will consider that a type of reportable child abuse
  - B) Document her report but do nothing as this is a cultural belief that should be respected
  - C) Encourage her to start the baby on formula after the first year as recommended by many physicians
  - D) Discuss how painful this will be once the baby has teeth
29. While caring for a pregnancy woman of Middle Eastern descent a nurse attempts to mold the patient's choices to fit what she calls the “American Way.” When questioned she reports it is best and easier to plan and deliver care this way. Based upon your knowledge you recognize this as:
- A) Cultural destructiveness
  - B) Cultural blindness
  - C) Cultural awareness
  - D) Cultural sensitivity
30. A woman seven weeks pregnant is admitted with vaginal bleeding. She reports she should have never raised her arms above her with this pregnancy. Based upon your knowledge, how do you respond?
- A) “I agree—keeping your arms down will reduce your risk factors”
  - B) Explain to the patient that this an unfounded myth
  - C) Ignore her comment
  - D) Recognize her cultural beliefs and explain in a non-judgmental manner the potential causes of miscarriage

**Answer Key**

1. C
2. A
3. C
4. D
5. A
6. B
7. B
8. D
9. A
10. C
11. A
12. A
13. C
14. D
15. C
16. D
17. C
18. D
19. D
20. A
21. A
22. C
23. B
24. C
25. C
26. A
27. D
28. B
29. A
30. D