

## ATI RN ADULT MEDICAL SURGICAL PROCTORED EXAM 2019 ACTUAL QUESTIONS WITH SOLUTIONS/A+ GRADE

- A nurse is caring for a client who has hepatic encephalopathy that is being treated with lactulose. The client is experiencing excessive stools. Which of the following findings is an adverse effect of this medication?
  - Hypokalemia
  - Hypercalcemia
  - Gastrointestinal bleeding
  - Confusion
- A nurse is caring for a client who has emphysema and is receiving mechanical ventilation. The client appears anxious and restless, and the high-pressure alarm is sounding. Which of the following actions should the nurse take first?
  - Obtain ABGs
  - Administer propofol to the client
  - Instruct the client to allow the machine to breathe for them.
  - Disconnect the machine and manually ventilate the client
- A nurse is teaching a client who has a family history of colorectal cancer. To help mitigate this risk, which of the following dietary alterations should the nurse recommend?
  - Add full-fat yogurt to the diet
  - Add cabbage to the diet
  - Replace butter with coconut oil
  - Replace shellfish with red meat
- A home health nurse is assigned to a client who was recently discharged from a rehabilitation center after experiencing a right-hemispheric stroke. Which of the following neurological deficits should the nurse expect to find when assessing the client? (Select all that apply)
  - Expressive aphasia
  - Visual spatial deficits
  - Left hemianopsia
  - Right hemiplegia
  - One-sided neglect
- A nurse is caring for a client who has viral pneumonia. The client's pulse oximeter readings have fluctuated between 79% and 88% for the last 30 min. Which of the following oxygen delivery systems should the nurse initiate to provide the highest concentration of oxygen?
  - Nonrebreather mask
  - Venturi mask

- Simple face mask
  - Partial rebreather mask
- A nurse is caring for a client who has bilateral pneumonia and an SaO<sub>2</sub> of 85%. The client has dyspnea with a productive cough and is using accessory muscles to breathe. Which of the following actions should the nurse take first?
    - Obtain a prescription for ABGS
    - Administer IV antibiotics to the client
    - Instruct the client to use the incentive spirometer
    - **d. Place the client in high-Fowler's position**
- A nurse is planning care for a client who has extensive burn injuries and is immunocompromised. Which of the following precautions should the nurse include in the plan of care to prevent a Pseudomonas aeruginosa infection?
    - Encourage the client eat raw fruits and vegetables.
    - **b. Avoid placing plants or flowers in the client's room**
    - Limit visitors to members of the client's immediate family
    - Wear an N95 respirator mask when providing care to the client.
- An older adult client is brought to an emergency department by a family member. Which of the following assessment findings should cause the nurse to suspect that the client has hypertonic dehydration?
    - Serum sodium level 145 mEq/L
    - Forearm skin tents when pinched
    - Respiratory rate decreased
    - **d. Urine specific gravity 1.045**
- A nurse in an emergency department is reviewing the provider's prescriptions for a client who sustained a rattlesnake bite to the lower leg. Which of the following prescriptions should the nurse expect?
    - Apply ice to the client's puncture wounds.
    - Initiate corticosteroid therapy for the client
    - Keep the client's leg above heart level
    - **Administer an opioid analgesic to the client**
- A nurse is assessing a client who has had a suspected stroke. The nurse should place the priority on which of the following findings?
    - **Dysphagia**
    - Aphasia

- Ataxia
- Hemianopsia
- A nurse is teaching a young adult client how to perform testicular self-examination. Which of the following instructions should the nurse include?
  - Compare both testicles by examining them simultaneously
  - **b. Roll each testicle between the thumb and fingers**
  - Perform testicular self-examination before a warm bath or shower
  - Perform self-examination of the testicles every 2 weeks
- A nurse is providing instructions to a client who has type 2 diabetes mellitus and a new prescription for metformin. Which of the following statements by the client indicates an understanding of the teaching?
  - "I will monitor my blood sugar carefully because the medication increases the secretion of insulin."
  - **"I should take this medication with a meal."**
  - "I can expect to gain weight while taking this medication."
  - "While taking this medication, I will experience flushing of my skin."
- A Nurse is teaching a client who has venous insufficiency about self-care. Which of the following statements should the nurse identify as an indication that the client understands the teaching?
  - "I should avoid walking as much as possible."
  - "I should sit down and read for several hours a day."
  - **"I will wear clean graduated compression stockings every day."**
  - "I will keep my legs level with my body when I sleep at night."
- A nurse is assessing a client who has acute cholecystitis. Which of the following findings is the nurse's priority?
  - Anorexia
  - Abdominal pain radiating to the right shoulder
  - **c. Tachycardia**
  - d. Rebound abdominal tenderness
- A nurse is reviewing the health record of a client who is scheduled for allergy skin testing. The nurse should postpone the testing and report to the provider which of the following findings?
  - Disease processes
  - Laboratory findings
    - Blood glucose (fasting) 102 mg/dL
    - BUN 15 mg/dL

- Creatinine 1 mg/dL
- Prostate Specific Antigen (PSA) 1.5 mg/mL
- **c. Current medications**
  - Ibuprofen PRN for headaches
  - Olmesartan 20p mg PO daily
  - Prednisone 5 mg PO daily
- Family history
  - Gouty arthritis for 3 years
  - Hypertension diagnosed 5 years ago
  - 1 pack per day cigarette use for 15 years
  - Family history of prostate cancer
- A nurse is caring for a group of clients. The nurse should plan to make a referral to physical therapy for which of the following clients?
  - **A client who is receiving preoperative teaching for a right knee arthroplasty**
  - A client who states they will have difficulty obtaining a walker for home use.
  - A client who reports an increase in pain following a left hip arthroplasty
  - A client who is having emotional difficulty accepting that they have a prosthetic leg
- A nurse is caring for a client who has diabetic ketoacidosis (DKA). Which of the following laboratory findings should the nurse expect?
  - Negative urine ketones
  - **b. BUN 32 mg/dL**
  - pH 7.43
  - HCO<sub>3</sub> -23 mEq/L
- A nurse is planning teaching for a client who has bladder cancer and is to undergo a cutaneous diversion procedure to establish a ureterostomy. Which of the following statements should the nurse include in the teaching?
  - "You will still have the urge to void."
  - "You can apply an aspirin tablet to the pouch to reduce odor."
  - **"You should cut the opening of the skin barrier one-eighth inch wider than the stoma."**
  - "You should use a moisturizing soap when washing the skin around the stoma."
- A nurse is providing teaching for a female client who has recurrent urinary tract infections. Which of the following information should the nurse include in the teaching?
  - Take tub baths daily

- Drink at least 1 L of fluid daily
  - Wear underwear made of nylon
  - d. Void before and after intercourse
- A nurse and an assistive personnel (AP) are caring for a client who has bacterial meningitis. The nurse should give the AP which of the following instructions?
    - Wear a mask
    - Wear a gown
    - Keep the client's room well-lit
    - Maintain the head of the bed at a 45 degree elevation
  - A nurse is caring for a client who is 12 hr postoperative following a total hip arthroplasty. Which of the following actions should the nurse take?
    - Maintain adduction for the client's legs
    - Encourage range of motion of the hip up to 120 angle
    - c. Place a pillow between the client's legs
    - d. Keep the client's hip internally rotated
  - A nurse in a provider's office is assessing a client who has migraine headaches and is taking feverfew to prevent headaches. The nurse should identify that which of the following client medications interacts with feverfew?
    - Metoprolol
    - Bupropion
    - c. Naproxen
    - d. Atorvastatin
  - A nurse is caring for a client who has pancreatitis. The nurse should expect which of the following laboratory results to be below the expected reference range?
    - Amylase
    - Alkaline phosphatase
    - Bilirubin
    - d. Calcium
  - A nurse is providing discharge instructions to a client following an upper gastrointestinal series with barium contrast. Which of the following information should the nurse provide?
    - Increase fluid intake
    - Take an over-the-counter antidiarrheal medication
    - Expect black, tarry stools
    - Follow a low-fiber diet

- A nurse is assessing a client who had extracorporeal shock wave lithotripsy (ESWL) 6 hr ago. Which of the following findings should the nurse expect?
  - Stone fragments in the urine
  - Fever
  - Decreased urine output
  - Bruising on the lower abdomen
- A nurse is assessing a group of clients for indications of role changes. The nurse should identify that which of the following clients is at risk for experiencing a role change?
  - A client who has type 1 diabetes mellitus and is starting to self-monitor blood glucose.
  - A client who had a cholecystectomy and is starting on a modified-fat diet
  - A client who has Crohn's disease and is experiencing diarrhea three times a day.
  - d. A client who has multiple sclerosis and is experiencing progressive difficulty ambulating.
- A nurse is caring for a client who has a new diagnosis of hyperthyroidism. Which of the following is the priority assessment finding that the nurse should report the provider?
  - Restlessness
  - T3 level 215 ng/dL
  - Blood pressure 170/80 mm Hg
  - Decreased weight
- A nurse is providing discharge instructions to a client who has a partial thickness burn on the hand. Which of the following instructions should the nurse include?
  - Change the dressing every 72 hr
  - Immobilize the hand with a pressure dressing
  - Take pain medication 30 min after changing the dressing
  - d. Wrap fingers with individual dressings
- A nurse is providing teaching to a client who is receiving chemotherapy and has a new prescription of epoetin alfa. Which of the following client statements indicates an understanding of the teaching?
  - "I will monitor my blood pressure while taking this medication."
  - "I should take a vitamin D supplement to increase the effectiveness of the medication."
  - "I should inform the provider if I experience an increased appetite while taking this medication."