

Juliana Mirabelles

iHuman Screenshots included in this document

Reason for Encounter: Pain with urination

Good Questions - 98%

1. How can I help you today? I have been burning when I pee. I was worried I had another bladder infection, but these symptoms are a little different than the symptoms I had with my last UTI.
2. Do you have any other symptoms or concerns we should discuss? Yes. I also have vaginal discharge.
3. When did your pain/discomfort with urination start? About 3 days ago.
4. Does anything make your pain/discomfort with urination better or worse? Soaking in a warm bath helps.
5. How severe is your pain/discomfort with urination? Makes me not want to go, even though I have to!
6. Have you had problems with pain/discomfort with urination like this before? Yes, with my bladder infection last year. But this seems different.
7. Is your pain/discomfort worse with the start or end of urination? Worse when starting, but it doesn't really let up
8. Do you feel when you need to urinate that you need to urgently? Urgent. Oh, I know what that's like. I remember I had that bladder infection, when I had to go I literally had to RUN to the bathroom. I haven't noticed that so much with this.
9. Has there been a change in your urination frequency? Well, yeah. Seems like I feel I have to go every 10 to 15 or 20 minutes, but I resist due to the pain.
10. Is your urine pink or red in color (blood in urine)? Haven't seen any.
11. What is the appearance, smell, texture, and quantity of the vaginal discharge? Oh boy. ... I hate having to answer these questions. Yellow, kind of mucousy, kind of creamy. Not really too smelly.
12. Do you have vaginal discomfort or itching? No
13. Have you had vaginal discharge/discomfort like this before? I've had yeast infections before, but this is different.
14. Have you been having fevers? No, not really.
15. Are you sexually active? Yes, I am
16. Do you have pain with intercourse? No, but I haven't had sex since this all started.
17. Are you having or have you had unprotected sex? I'm on the pill, so I guess I'm protected that way. For STD's not so much.
18. Have you had any sexually transmitted infections? Not that I know of.
19. Do you have more than one sexual partner? Yes
20. Do you have new or multiple sexual partners with similar symptoms? Well, no one has told me he has any problems.
21. Do you use precautions to prevent the transmission of sexual infections? Nothing other than the pill
22. Do you have genital sores or discharge? No sores, but we were talking about the other.
23. When did your last period begin? About two-and-a-half weeks ago.
24. Do you have bleeding between your menstrual cycles? No
25. Are you taking any OTC or herbal medications? Yeah, sometimes take ibuprofen with my period. You know, like for cramps and headaches.
26. Any new or recent changes to your medications? No changes.
27. Do you have allergies? Not that I know of.
28. Are your immunizations up to date? I think so

Review or Systems

(29) General:

Denies fatigue, unintentional weight loss or gain, fevers, or night sweats.

(30) Skin/Hair/Nails: None of any of that.

Denies any skin problems including, itchy scalp, skin changes, moles, thinning hair, or brittle nails.

Denies breast discharge, lumps, scaly nipples, pain, swelling, or redness.

HEENT: None of that. Nothing from the neck up. It's definitely below the waist.

Denies headaches. Denies double or blurred vision or difficulty seeing at night and denies problems hearing or ear pain. Denies sinus problems, chronic sore throats, or difficulty swallowing.

Breast: No

(31) Cardio: That's quite a long list, but no, none of that.

Denies chest pain, discomfort, or pressure; denies any pain/pressure/dizziness with exertion or getting angry; denies palpitations, denies exercise intolerance, denies blue/cold fingers or toes.

(32) Resp: No.

Denies shortness of breath, wheezing, difficulty catching your breath, chronic cough, or sputum production.

(33) GI: Whoa. Blood in my stools or vomiting nasty stuff? No. None of that.

Denies any nausea, vomiting, constipation, diarrhea, coffee grounds in vomit, dark tarry stool, bright red blood in bowel movements, denies any satiety or bloating.

GU:

Reports burning while urination, increased frequency. Denies blood in urine, and difficulty starting or stopping.

(34) Muscu: No.

Denies any problems with muscle or joint pain, redness, swelling, muscle cramps, joint stiffness, joint swelling or redness, back pain, neck or shoulder pain, or hip pain.

Hemat: Nope.

Denies any bruising, bleeding gums, nose bleeds, or other sites of increased bleeding.

(35) Endocrine: Well, I'm here because of my peeing problems.

Reports urinary frequency. Denies any heat or cold intolerance, increased thirst or sweating, or change in appetite.

Neuro: Nope.

Denies dizziness, fainting, spinning room, seizures, weakness, numbness, tingling, or tremors.

Psych: This is definitely not all in my head.

Denies nervousness, depression, lack of interest, sadness, memory loss, or mood changes. Denies hearing voices or seeing things that are not there.

Not Good Questions

What are the events surrounding the start of pain/discomfort with urination? Well, it's hard to say.

Do you have any other symptoms associated with your pain/discomfort when urinating? Well, yeah. I thought I told you about it.

Do you have abdominal bloating, back pain, weight gain, or mood changes a few days before your period begins?

Not on the pill.

Physical Examination - 100%

25f

5'5" (165 cm)

135 lb (61.4 kg)

BMI: 22.4

98.7°F

66 bpm, regular, normal

Left - 116/64, right 118/66, normotensive, normal

12 bpm, regular, unlabored

99%

Appears stated age, no apparent distress, well-groomed, and dressed appropriately for the weather.

Inspect eyes: Eyelids - no ptosis erythema or swelling. Conjunctivae - pink, no discharge. Sclerae - anicteric. Orbital area - no edema, redness, tenderness or lesions noted.

Inspect mouth/pharynx: Oropharynx not injected, clear mucosa, tonsils without exudate. Tongue pink, symmetrical. No swelling or ulcerations.

Inspect skin: Skin is pink, warm, and slightly moist with no lesions seen. Normal skin turgor.

Palpate lymph nodes: No pathologically enlarged lymph nodes in the cervical, supraclavicular, axillary, or inguinal chains.

Auscultate heart: 66 bpm, RRR, no murmurs, rubs, or gallops.

Auscultate lungs: 12 bpm, regular, unlabored, no adventitious throughout.

Inspect abdomen: ABD is flat, non-distended, and symmetric. No scars, deformities, striae, or lesions.

Auscultate abdomen: BS active in all four quadrants.

Palpate abdomen: ABD soft, non-tender to palpation; no guarding or rebound. No hepatosplenomegaly; liver span normal; spleen is not palpable. No masses or abdominal pulsations. No inguinal lymphadenopathy. No suprapubic tenderness.

Percuss back/spine: No costovertebral angle tenderness (CVA)

GU female exam: "I hate these exams" External vulvar/vaginal exam - normal pubic hair distribution, no ulcerations or lesions; skin pink. Speculum exam - vaginal walls pink without ulcerations or lesions. Mucopurulent discharge issuing from the cervical os. Cervix appears friable. Vaginal pH 4.0. Bimanual exam - no cervical motion tenderness. Ovaries were non-palpable. No masses or lesions were palpated. No adnexal tenderness to exam.

Visual inspection rectal area: No visible fissures, induration or lesions.

Key findings

Differential Diagnosis List - 100»