

• MENTAL HEALTH 25 QUESTIONS RN 2017

- A female patient with a history of drinking who was admitted 8 hours ago after receiving treatment for minor abrasions occurred from a fall at home. The nurse determines the patient's blood alcohol level (BAL) was not analyzed on administration action should the nurse take?
- Ask patient about alcohol quantity, frequency, and time of last drink
- A male patient is admitted to the psychiatric inpatient unit with a bandaged flesh wound after attempting to shoot himself. he is recently divorced one year ago, lost his job four months ago, and suffered a break up of his current relationship last week. What is the most likely source of this patient's current feelings of depression?
- a sense of loss
- What is the most important goal for a patient diagnosed with major depression who has been receiving an antidepressant medication for two weeks?
- not attempt to commit suicide
- A male adult comes to the mental health clinic and walks back and forth in front of the office door, but does not enter the office. He then walks around a chair that is in the hallway several times before sitting down in the chair. What action should the nurse take first
- observe the patient in the chair

- A male patient in the mental health unit is guarded and vaguely answers the nurse's questions. He isolates to his room and sometimes opens the door to peek into the hall. Which problem can the nurse anticipate?
  - delusions of persecution
- A male patient who is seen in the mental health clinic monthly reports feeling very stressed and nervous and further describes becoming angry increasingly more often during the last month. What action should the nurse take first?
  - ask the patient to identify problems that have occurred during the last month
- A young woman is preparing to be discharged from the psychiatric unit. Which nursing intervention is most important for the nurse to include in this phase of the nurse patient relationship? (
  - explore the patient's feelings related to discharge
- A female high school teacher who was a child of alcoholic parents seeks counseling at the community health clinic because of depression over a student who was killed by a drunk driver. After several weeks of counseling, which behavior is the best indicator that the patient is coping well with the anxiety related to the student's death?
  - becomes the faculty sponsor for students against drunk driving (SADD)
- A male patient arrives at the mental health clinic and asks the nurse for more lithium and the antidepressant (Elavil) that he uses to help him sleep. After reviewing his assessment findings with the healthcare provider, a serum creatinine is obtained. What information supports the reason for this laboratory test?
  - Lithium is excreted by the kidneys and creatinine is related to kidney functioning
- When preparing to administer a domestic violence screening tool to a female patient, which statement should the nurse provide?
  - all patients are screened for domestic abuse because it is common in our society
- A patient with schizophrenia who is taking Haldol begins exhibiting tremors of the extremities. Which intervention should the nurse implement?
  - consult with the healthcare provider about reducing the dosage
  - one on one session and nurse begins to get angry at patient
  - terminate session
- Common side effects of anti-depressants (this is a select all question)
  - Dry mouth, constipation, and blurred vision (3 should be selected)

- A woman who started chemotherapy three days ago for cancer of the breast calls the clinic reporting that she is upset she cannot sleep. The patient has several PRN medications available. Which drug should the nurse instruct her to take?
  - Lorazepam (Ativan) 8 mg PO HS
- When a male patient is asked about his reason for coming to the mental health clinic he replies, "It all started because I work in a hostile work environment. My boss would not let me go to a religious service, so I went to human resources, and they didn't want to do anything. It has been a really difficult time for me." Which response should the nurse provide?
  - "Have the feelings associated with these events brought you to the clinic?"
- What are the signs of postpartum depression (this is a select all question)
  - disturbed sleep, sadness, poor concentration
- A patient with a history of chronic alcohol abuse... what other medical condition to suspect
  - Pancreatitis
  - Aspiration due to caustic material related to suicide attempt..
  - Ineffective Breathing Pattern
- A patient with paranoia is admitted to the mental health unit and immediately goes to the corner of the room and sits quietly without communicating. In approaching the patient, what intervention should the nurse implement first?
  - Explain the nurse's role to the patient
- A patient comes out dressed in short skirt, low top, bright red lipstick.. what should the nurse do
  - Assist the patient back to their room and help pick out appropriate clothing
- A patient comes in and is 5'5, 75lbs.. what should the nurse do
  - Start an IV for IV resuscitation
- A child states "My dad used to drink a beer a day, now he drinks at least a six-pack a day." What can the nurse determine from this statement?
  - The parent is exhibiting tolerance to alcohol
- 2 days after admission from alcohol withdrawal what should the nurse do?
  - Monitor HR and BP (Do not implement seizure pads -This is a trick question!! I got burned on this one)!!
- Something about a male patient threatening a teacher or becomes upset with teacher
  - Methods of clearly communicating (If you see this answer.. pick it!)