

## **Community Practice B RN Community Health Online Practice 2019 B**

**A public health nurse is planning a community health promotion program for hypertension prevention. Which of the following interventions should the nurse include as a tertiary prevention strategy?**

Provide education about risk factors for hypertension.

Conduct a hypertension screening clinic for the  
community.

Teach clients who have a family history of hypertension how to monitor blood pressure.

**Implement an exercise program for clients who have hypertension.**

**A school nurse is serving on a community disaster planning committee looking at school shooting scenarios. Which of the following actions should the nurse plan to take during the response phase?**

Conduct ongoing assessments to identify potential hazards. Provide disaster training to school personnel.

**Perform triage and provide hands-on care as needed to victims.**

Serve as a liaison between available community resources and those in need.

**A school nurse is discussing levels of prevention with a teacher. Which of the following activities should the nurse identify as a primary prevention strategy?**

Provide nutritional counseling for students who have diabetes. Report suspected child neglect to the proper authorities.

Conduct vision and hearing screening for kindergarten enrollment.

**Demonstrate proper handwashing techniques.**

**A nurse is planning to teach a community group about the meningococcal vaccine. The nurse should identify that which of the following clients should receive the vaccine?**

A client who is traveling to northern

Europe

An infant who has bronchiolitis

**A client who is moving into a college dormitory**

**A home health nurse is visiting an older adult client and notes that unwashed dishes are piled up and newspapers cover the front steps. Which of the following questions should the nurse ask the client to determine if the client is socially isolated?**

"Why haven't you brought in your newspapers?"  
"Do you need help completing your housework?"

**"How often do you have visitors come to see you?"**

"Have you considered moving to an assisted living facility?"

**A community health nurse is working with a community where the incidence of violence has increased. Which of the following actions should the nurse take as a tertiary prevention strategy?**

Provide open education sessions to teach parenting skills.

Provide victims of violence with referral information to crisis lines.

Identify potential community risk factors for violence.

Assess for evidence of violence during routine encounters.

**A community health nurse is discussing the role of a faith community nurse with a chaplain. Which of the following information should the nurse include in the discussion?**

The faith community nurse can provide pharmacological pain management for clients who have a terminal illness.

The faith community nurse can plan workplace safety training for employees in a local factory. The faith community nurse can provide wound care for clients in their homes.

The faith community nurse can facilitate substance abuse support groups.

**A nurse on the scene following a mass casualty explosion is triaging a client who has a large, open occipital wound and the following findings: respiratory rate 6/min, agonal pattern; capillary refill time 4.5 seconds; nonresponsive to painful stimuli. Which of the following actions should the nurse take?**

Turn the client to left semi-Fowler's position and begin assessing the next client.

Place a firm pressure dressing to the occiput and open the airway.

Apply a cervical spine collar and perform a focused neurological exam.

Request that the client be assessed immediately by the next available provider

**A nurse at a county health clinic is caring for a client who has recently assumed the role of primary caregiver for their parent. Which of the following client statements indicates that they are experiencing role conflict?**

"I feel overwhelmed with not having enough time for my mom as well as my children."

"I hope my siblings will be able to visit and help care for mom for a few days."

"I am glad that my job is flexible, so I can accommodate my mom's needs."

"I don't think my partner likes having to help more with the household chores."

A case manager at a home health agency is obtaining equipment for a client's home use. Which of the following actions is a violation of client confidentiality?

The case manager used a computer at the agency with an automatic sign-off mechanism.

The case manager left a clipboard with the client's prescription information face up on the office desk.

- The case manager sent a fax to the equipment company on a machine using programmed speed dial.

The case manager shared the client's name with the equipment company.

**A nurse is giving a presentation about family violence at a local community center. Which of the following information should the nurse include?**

Socially active parents and guardians are at greater risk for becoming violent. Partner violence occurs more frequently in lower socioeconomic households.

Child maltreatment is more common in homes where partner violence is present.

Children who are abused are less likely to become abusers.

**A nurse in a county health department is caring for a client who states, "I've been drinking too much in the evenings since my friend died last year." Which of the following responses should the nurse make?**

"It sounds like you are probably an alcoholic."

"Don't you think your family is being affected by your drinking?"

"Can I give you some information about Alcoholics

Anonymous?"

"I don't think your friend would have approved of your drinking."

**Community leaders have requested a meeting with a community health nurse to discuss creating a mobile meals program. Which of the following information should the community health nurse assess first?**

The leadership support of the community

The accessibility of

residencesThe

availability of volunteers

**The need for the program**

**A nurse is preparing an educational program about influenza for a group of community health nurses. Which of the following activities should the nurse include as an example of tertiary prevention?**

Offer classes to elementary school teachers about handwashing.

Provide information to occupational nurses about the reasons for employees to not come to work.

**Administer antiviral medications within 48 hr to clients who have manifestations of influenza.**

Provide immunizations at long-term care facilities.

**A community health nurse is conducting a program regarding crime reduction strategies for older adult clients at the senior center. Which of the following statements indicates an understanding of the information?**

"When I am in my car, I will keep my personal items on the seat beside me."

"When I open my front door, I will ask for identification if the person is someone I do not know."

"I should store my purchases in the back seat when I am out shopping."

**"I should remove the identification tag that is on my key ring."**

**A nurse is developing an educational program about bioterrorism and smallpox. The nurse should include in the teaching that the smallpox rash is expected to first appear in which of the following locations?**

**Face**

Posterior shouldersAbdomen

Lower extremities

**A community health nurse is providing care to a client who has stopped taking their prescribed blood pressure medication. Which of the following actions should the nurse take first?**

Advise the client that adherence to the medication regimen will promote healthy outcomes.

**Determine the client's reason for discontinuing the medication.**

Discuss the consequences of discontinuing the medication with the client. Educate the client about the benefits of the medication.

**A nurse is assessing the risks and benefits of meal delivery services for an older adult client who lives alone and has no transportation. Which of the following ethical principles is the nurse demonstrating?**

Distributive justice

Respect for autonomy Fidelity

**Beneficence**

**A community health nurse is caring for an adolescent who is seeking help for an unplanned pregnancy. Which of the following actions should the nurse take first?**

Recommend that the adolescent meet with the school guidance counselor to discuss educational options.

**Help the client obtain a provider for prenatal care.**

Educate the client about contraceptives to prevent future unplanned pregnancies.

Provide information on parenting classes so the client can learn about caring for a newborn

A community health nurse is conducting a needs assessment of a community. The nurse should identify that which of the following methods will yield direct data?

Health surveys Medical records

**Informant interviews**

Morbidity/mortality

statistics

**A hospice nurse is teaching about expected grief reactions with the family of a client who has end-stage pancreatic cancer. Which of the following information should the nurse include?**

"It is common to experience a persistent state of sadness while grieving."

"Disturbances in your self-esteem is an expected grief reaction."

"You will feel a sense of hopelessness throughout the grieving process."

**"A component of healthy grieving is the ability to openly express your anger."**

**A nurse manager at a community health clinic is presenting an in-service for nurses about assessing clients who have experienced violence. Which of the following statements by a nurse indicates an understanding of the teaching?**

"I do not need to ask about violence at future visits once I determine that a client is not at risk."

"I should not document the name of the person the client accuses of the violence in the client's medical record."

"I should wait until I see signs of physical violence before I help the client develop a safety plan."

**"I should determine whether a client who has been sexually assaulted requires a rape kit examination."**

**A nurse at a county health department is caring for a client who is at 28 weeks of gestation. The nurse should identify which of the following characteristics as a risk factor for future child maltreatment?**

The client refers to the unborn fetus by name. The client works part-time at a local restaurant.

**The client has changed providers three times during their pregnancy.**

The client has recurring nightmares about the unborn fetus.

**A school nurse is conducting visual acuity testing for a school-age child using a Snellen letter chart. Which of the following actions should the nurse take?**

**Allow the child to keep her glasses on during the testing.**

Have the child stand 5 feet away from the Snellen letter chart.

Progress to the next line once the child reads two symbols correctly.

Begin the test by instructing the child to use both eyes to read the chart.

**A home health care nurse is teaching a client's family about preventing the transmission of Clostridium difficile. Which of the following transmission-based precautions should the nurse include in the teaching?**

**Contact precautions •**

Droplet precautions

Airborne precautions

Protective environment

**A nurse is preparing a community education program about health care needs during pregnancy. The nurse should include that which of the following vaccines is safe to administer to a client who is pregnant?**

Herpes zoster

Tetanus, diphtheria, pertussis

(Tdap)Varicella

Measles, mumps, and rubella

**An adult child of a client who is terminally ill and at the end of life approaches a hospice nurse and asks, "What can I do to help relieve my father's pain?" Which of the following interventions should the nurse suggest?**

"Give your father brief hand massages."

"Increase the illumination in your father's room."

"Avoid using analgesics unless your father exhibits nonverbal signs of pain."  
"Administer citalopram when your father is agitated."

**A school nurse is notified that a school-age child has pertussis. Which of the following actions should the school nurse take? (Select all that apply.)**

Instruct the parent to keep the child at home for 2 weeks after the initial symptoms first present.

Encourage family members to obtain prophylactic treatment.

Quarantine the children in the child's class.

Recommend that the child receive a pneumococcal vaccine in 28 days.

Check the immunization status of the child's classmates



A public health nurse is working in a community that has a population of 24,096. There are 2,096 existing cases of heart disease within the population. The nurse can determine which of the following from this information?

Mortality rate  
Attack rate

- Prevalence proportion

Incidence proportion

A nurse is conducting a home visit for an older adult client. The nurse should identify which of the following findings as an indicator of possible neglect?

Lives alone

Taking outdated prescriptions

Has a BMI of 25

Presence of alcohol in the home

**A community health nurse suspects an outbreak of scabies in the local area. Which of the following actions should the nurse take first?**

Educate the community about disease transmission.

Determine the incidence rate.

Institute prophylactic treatment.

Discuss treatment plans with the clients' families.

**A community health nurse is providing teaching about health promotion to a group of adolescents. Which of the following topics is the most important for the nurse to include in an attempt to lower adolescent mortality rates?**

Underage smoking

Safer sex practices

Safety belt use

Heart-healthy diet

**A nurse is assessing a new client at a public health clinic. Which of the following areas should the nurse address as part of the cultural assessment?**

Immunization status

Sexual activity

Illness practices

Food allergies

**An occupational health nurse in a factory is performing a routine tuberculosis screening and identifies an employee who has a positive Mantoux tuberculin test. Which of the following actions should the nurse plan to take?**

Instruct the employee that they will need to obtain a chest x-ray.

Initiate an employee immunization program.

Instruct the employee to wear an N95 respiratory mask. Administer prophylactic penicillin to other employees.

**A nurse is caring for a client who has a positive gonorrhea culture. Which of the following actions should the nurse take?**

Instruct the client that recent sexual partners will need to be treated.

Instruct the client to return for a blood test in 1 month.

Administer penicillin G 2.4 million units IM once.

Teach the client how to apply imiquimod 5% cream to the lesions.

**A public health nurse is lobbying Congress to increase funding for health screenings provided to migrant farm workers. Which of the following concepts is the nurse demonstrating?**

Advocacy

Principlism

Deontology

Communitarianism

**A nurse in a community center is preparing to administer a tuberculin skin test to multiple clients to screen for tuberculosis. Which of the following actions should the nurse take?**

Prepare the outer aspect of the upper arm for the injection. Insert the needle at a 45° angle.

Inject 0.1 mL of purified protein derivative.

Create a wheal that measures about 15 mm in diameter

**A home health nurse is evaluating a caregiver's technique for providing care to a client who has a chronic tracheostomy. Which of the following statements by the caregiver indicates an understanding of the procedure?**

"I should remove the soiled ties before replacing them with clean ones."

"I will use tap water to clean the inner cannula."

"I should use a slip knot to secure the tracheostomy ties."

"I will cut a four inch by four-inch gauze to use as a dressing."

**A public health nurse is participating in a disaster preparedness planning committee for a local community that is at risk for hurricanes. Which of the following information should the nurse contribute to the plan?**

A list of residents who have experienced a hurricane in the past and will not need evacuation

A list of areas within the community where residents speak multiple languages

How to activate the local medical facilities' emergency-management

plans The name of the individual who is necessary to implement the plan

**A community health nurse is participating in a quality improvement plan for a local health department. Which of the following techniques should the nurse use for process evaluation of the facility? (Select all that apply.)**

- Focus groups
- Written audits
- Satisfaction survey
- Interviews
- Values self-study

**A hospice nurse is caring for a client who is at the end of life and has developed dyspnea and noisy breathing. Which of the following actions should the nurse take?**

Suction the client's oropharynx.

Administer the client's pain medication intramuscularly.

Use a fan in the client's room.

Place the client in Trendelenburg position.

**A nurse is providing education regarding lead exposure to a group of clients who live in a housing development built in 1968. Which of the following client statements indicates an understanding of the teaching?**

"I will use a dry-sanding technique when preparing to repaint my front door."  
"I will vacuum our wood floors every week."

"I will increase the amount of red meat and milk in my child's diet."

"I will use hot tap water to prepare my baby's formula"

**A community health nurse is working to meet the health care needs of residents in a rural community. Which of the following characteristics should the nurse identify as a barrier to health care resources for this population?**

Less autonomy in providing client care

Disinterest by members of the population in providing input for community health

programs  
Lack of cohesiveness among community members

Unavailability of outreach services

**A community health nurse is teaching a client who is overweight about steps to take to begin an exercise program. The nurse should identify that which of the following statements is an indication that the client understands the teaching?**

"I will need to purchase exercise equipment before I can start."

"I should try to perform aerobic exercise for an hour a day, 5 days a week."

"I will see my doctor before beginning an exercise program."

"I should avoid participating in weight-lifting exercises."

**A public health nurse is monitoring medication compliance for a group of migrant workers who are being treated for tuberculosis (TB). The nurse should use information from which of the following resources to assist with this process?**

Agency for Healthcare Quality and Research (AHRQ)

Migrant Clinicians Network (MCN)

Centers for Disease Control and Prevention (CDC)

U. S. Preventive Services Task Force (USPSTF)

**A community health nurse is planning a presentation for adults who have a family history of Alzheimer's disease. Which of the following behaviors should the nurse include as an early manifestation of Alzheimer's disease?**

Withdrawal from social activities

**Forgetting the location of common objects**

Experiencing incontinence

Neglecting personal hygiene

**A community health nurse is assigned to lead a county-level environmental task force. Which of the following activities should the nurse direct the task force to complete first?**

**Review community-specific epidemiological data.**

Recommend updates to local environmental policies.

Create program goals that align with Healthy People objectives.

Distribute environmental health education materials to community members.

**A nurse is preparing to administer medication to a client who has active tuberculosis. Which of the following precautionary measures should the nurse take?**

Wear gloves.

Wear protective

eyewear. Use

disposable

equipment.

**Use an N95 respirator.**

**A community health nurse is made aware that several children, who are from the same family and did not receive immunizations, have contracted measles. Which of the following actions should the nurse take?**

**Report this information to the state health department.**

Encourage the family to keep the children isolated during the incubation period.

Speak to the guardians about getting the children immunized after they are disease free.

Provide the infected children's names to the parents and guardians of children who might have been exposed.

**A community health nurse is working in a mobile health care clinic. Which of the following clients should the nurse assess first?**

A client who has a superficial partial thickness burn to the

hand  
A client who has a temperature of 38.3° C (101° F)

A client who has COPD and an oxygen saturation of 90%

**A client who has a new onset of confusion and slurred speech**

## **Community Health Exit HESI**

A nurse is planning a primary prevention strategy for reducing obesity in a community. Which of the following strategies should the nurse use

*educate children about nutrition and exercise at a daycare center*

A community health nurse is developing health promotion activities for a community. Which of the following is the highest priority action

*participate in community assessment to identify community health problems*

A home health nurse is scheduling client visits for the day. Which of the following clients should the nurse plan to visit first

*a 79-year-old client with an exacerbation of COPD*

A state public health nurse is asked to determine which country has the most people living in it with a diagnosis of Alzheimer's disease. Which of the following measures will determine this information

*analytic epidemiology*

A community health nurse is reviewing laboratory results for his case load of clients. Which of the following is the highest priority finding

*a sputum specimen that is positive for tuberculosis*

A nurse is triaging victims of a commuter train crash. Which of the following clients should be transported to the Emergency Department first

*an ambulatory client whose nose is bleeding and who reports feeling dizzy*

A community health nurse is caring for clients in a culturally diverse community. Which of the following actions demonstrates accurate cultural knowledge about a specific cultural group

*include both hot and cold food items on a Hispanic client's menu*

A nurse is caring for a client who has questions about his treatment plan. Which of the following should the nurse perform as a client advocate (select all that apply)

*provide education to the client about the diagnosis*

*inform the client about the provider's responsibility to provide*

*information assist the client in preparing questions for the provider*

*affirm the client's decision about the treatment plan*

A nurse is working with a client who is homeless. Which of the following is the first step that the nurse should take to advocate for this client

*refer the client to a public homeless shelter*

A nurse is providing education to a group of adolescents who are pregnant and attending high school. Which of the following information should the nurse include in this teaching

*caffeinated beverages should be replaced with caffeine-free*

A community health nurse is writing an emergency response plan for a day care. Which of the following should be included in the plan

*immunization protocol for various biological agents*

A community health nurse is preparing to teach accident and injury prevention. Which of the following would be the priority topic for a family with a 10-year-old child

*use of seat belts in automobiles*

A child is brought to the school nurse by her teacher who thinks the child may have contracted rubeola. Which of the following findings supports this diagnosis

*koplik spots in the oral mucosa*

A home health nurse is performing an eye assessment and vision screening on an older adult client recently assigned to her care. Which of the following findings indicates a need for an intervention

*slightly yellow sclera*

Which of the following is an example of the responsibilities of public health nursing

*informing state health officials of a potential meningitis outbreak*

A nurse is providing a staff development program on HIPPA regulations to the staff at a community health clinic. Which of the following comments by one of the attendees would indicate a need for further teaching

*“Demographic data that identify a client can be released without consent”*

A nurse administers a tuberculin skin test to a client who is HIV positive. Which of the following indicates a positive reaction to the test

*Induration at infection site of 8 mm*

After presenting several teaching sessions to a group of high school students about the harmful effects of tobacco use, a nurse evaluates the teaching to be effective when a student states which of the following

*“As long as I stop smoking while I am young, none of those diseases will affect me”*

A home health nurse is educating a client diagnosed with COPD about home oxygen use. Which of the following statements by the client indicates a need for additional teaching

*“I should use wool blankets on my bed when oxygen in use”*

A nurse is providing teaching to the wife of a client who has had a stroke regarding health-related services that will be provided in the home. Which of the following statements by the wife indicates that the teaching has been effective

*“The physical therapist will teach my husband exercises to increase hand dexterity”*

A nurse is assisting with the development of a disaster management plan for a local community. During which of the following times should an evacuation plan be disclosed to the public

*During disaster preparedness activities*

A community health nurse is teaching a client who has tuberculosis about modes of disease transmission. The nurse recognizes that the client understands the concept when the client makes which of the following statements

*"I will wear a mask when I'm in an enclosed area with other people"*

A nurse is caring for a client who asks "can I decide not to continue with chemotherapy?" The nurse responds, "This is your choice and I'll support whatever decision you make." The nurse's response is an example of which of the following ethical principles

*Autonomy*

FrmRN2u

A community health nurse is working with a family in which only the children speak English. The nurse should select a translator who is

*Skilled in health-related interpretation*

A community health nurse working with a migrant population recognizes that which of the following is necessary to provide care to this population

*Offering health screenings at a community center*

Which of the following activities is the responsibility of a case manager

*Evaluate cost effectiveness of client treatments*

A nurse uses a secondary prevention intervention when doing which of the following

*Performing hypertension screening in a community center*

An occupational health nurse is planning a program on early detection of breast cancer for female employees at a local business. Which of the following is the first action the nurse should take

*Determine employee knowledge level of breast self-examination*

While addressing community leaders at a forum for establishing community improvement initiatives, a public health nurse identifies which of the following groups as the fastest growing segment of the homeless population

*Families with children*

A nurse is working in an occupational health setting. Which of the following is a primary prevention activity for the nurse

*Conducting smoking cessation classes*

A parish nurse is visiting an older adult client who was recently widowed. The client tells the nurse that he no longer has a way to get to the grocery store or the doctor. Which of the following responses by the nurse is appropriate

*"How would you feel about me contacting a local service that helps older adults with transportation?"*

A case manager nurse is caring for a client being discharged post total hip arthroplasty. Which of the following activities is an example of the nurse functioning in the negotiator role



*Discussing payment options with various pharmacies*

What patient would the Home Health Nurse send to the doctor first

*Abdominal pain*

A community health nurse is evaluating an outbreak of hepatitis A among adult clients in his community. Which of the following should the nurse do to identify the cause of the disease

*Identify restaurants where the clients have recently eaten*

A nurse working for a home hospice organization recognizes that clients must meet which of the following criteria to qualify for hospice care

*Documented need for palliative care*

A nurse is working with a case manager for a client who participates in a health maintenance organization. Which of the following is characteristic of the payment structure provided under this system  
*The client pays the insurer a percentage of the total costs for each service rendered by the provider*

A nurse is providing education to a troop of local Boy Scouts regarding first aid for venomous snake bites in the event that transport to the hospital is delayed. Which of the following would be appropriate information to include in teaching about bites to an extremity

*Apply a constricting band above the bite while maintaining circulation below the bite*

In reviewing goals of “healthy people” nurse determines the community has a significant problem preventing dental caries in children. To bring about change

*WIC program intake offices*

A nurse is providing teaching to a community group regarding smallpox. Which of the following is an appropriate response in relation to why people who received a single vaccination prior to 1980 are no longer considered protected

*The vaccine does not confer life-long immunity*

A community health nurse is conducting a community assessment. Which of the following data should be included as a component of the assessment

*Resources available to address health care issues*

A school nurse is creating a plan to address an increase in violence among high school students. Which of the following is a secondary prevention strategy that the school nurse can implement

*Surveying students to identify risk factors for bullying*

A school nurse is assessing the spinal alignment of students at a grade school. Which of the following findings indicates a child should be assessed further for scoliosis

*Unilateral scapular hump when the child bends at the waist*

A nurse is preparing to provide postmortem care for a client who is Chinese American. Which of the following should the nurse consider when providing care

*The family will remain with the body until burial*

A community health nurse is teaching a client who has active tuberculosis about disease management. Which of the following information should be included in the teaching

*Provide sputum cultures until three come back negative*

A public health nurse has received a report of several infants who attend the same daycare being diagnosed with respiratory syncytial virus (RSV). Which of the following actions should the nurse take first

*Provide the staff with information regarding measures to minimize disease transmission*

Primary Goal of Community Health Nursing

*Enhance the individuals, families and communities*

Nurse is working with interdisciplinary group to write procedures for assessment of clients from multiracial inner city population. "Remember that all Hispanic clients may not wish to give personal medical information to a stranger"

*Recommend changing the language that stereotypes one ethnic group*

Patient having trouble with peripheral vision-what best for nurse to do

*orient patient to surroundings (something about the environment*

Risk for constipation - immobility, older

*adults, dehydration, narcotics or BP medications*

Population-focused nursing practice

*Community diagnosis*

SIDS-prevention

*supine position, sleep on back*

Primary prevention of Asthma

*Take bronchodilator first*

Rheumatoid Arthritis Resources

*The arthritis association*

Necessary when a person is in need of psychiatric treatment, presents a danger to self or others, or is unable to meet his or her own basic needs

*Involuntary admission criteria*

Child injury v/s abuse

*Abuse*

Nurse is performing an intake interview at a prenatal clinic on a patient who is at 6 weeks gestation

*Supervision of the renovation of an old house the family just purchased due to teratogen defect*

The community health nurse attempting to address the issue of child abuse in a large metropolitan area-primary prevention program

*High school child development and parenting classes*

Scheduling home visits, which is best for the home health charge nurse to assign to the LPN

*A bedfast client who needs daily irrigation of stage 4 pressure ulcer*