

HESI MENTAL HEALTH V3 2017 55 QUESTIONS

- **Disturbed thought process.**
- A nurse is explaining a fire drill routine to a group of patients. A patient becomes disruptive and continually interrupts the group. What is the nurse's best response?
- **When you interrupt, I cannot explain what to do to the group.**
- When performing a MSE on a patient which assessment intervention would best assist the nurse?
- **Ask the patient to interpret the proverb a stitch in time saves nine.**
- A patient comes in after being in a car accident and is experiencing alcohol withdrawal, magnesium level of 1.1, cardiacdysthrythmias. What would you give first?

- **Magnesium.**
- A woman is just told of her husband's dx of terminal cancer. What would the nurse offer for the spouse (wife)?
- **How would you like to be involved with your husband's care?**
- A nurse is to remove staples from an abdominal incision, the patient is very anxious. What is the most important intervention?
- **Attempt to distract the patient with general conversation.**
- A man who was stranded on the roof of his house for two days after a natural disaster, months later ...
- **Implement anxiety control strategies**
- A man dx with bipolar disorder states, "I don't understand, I believe in God and have not done anything to deserve this". What is the nurse's best response?

- **You didn't do anything wrong. You have a chemical imbalance in your brain.**
- A patient becomes upset when the nurse he requests is not assigned to him, what is the nurse's best response?
- **Advise the patient that nursing assignments are not based on patient requests.**
- A patient needs to wash her hands for two hours before able to go on with her morning. She doesn't want to sit on the chairs in the dayroom for fear of getting dirty. What is this mechanism?
- **Compulsion.**
- A patient in group is talking about her prostitution, the nurse asks her if she was abused by her parents. She states "my mother ran my father out when I was young". What defense mechanism was used?
- **Repression.**
- A woman calls the crisis hotline and says she has a loaded gun and is going to kill herself. To maintain patient confidentiality what would the nurse do?
- **Contact the person the patient chooses to go to the home and remove the weapon.**
- A patient with anger management issues uses belt making and bangs the leather heavily. What defense mechanisms is being used?
- **Sublimation.**
- A bipolar patient comes into the clinic and tells the nurse that the next time she sees her sister I'm going to kill her. What should the nurse do?
- **Inform the sister.**
- What would be the nurse's highest priority for a newly admitted depressed patient upon admission?
- **The nurse should go through the patient's belongings.**
- **Who is most prone to being abused (elder abuse)?**
- **Females over 75 living with their families.**

- A patient in the dayroom had tipped over a table and is escalating and has picked up a chair which he is threatening to throw at another patient. What should the nurse do first?
 - **Go and get more staff assistance.**
- A woman who is psychotic is carrying all of her belongings around with her because she is afraid that someone will steal it. What is the best way to establish trust?
 - **Make brief contact with the patient throughout the day.**
- In adolescent group discussing a handout on anger management, a patient is becoming increasingly interruptive and talking about his home and pets. What is the nurse's most appropriate response?
 - **Redirect the patient to read the handout.**
- What is the most important intervention for a patient with bulimia?
 - **Plan scheduled meals.**
- A patient comes into the ED with DTs. What should the nurse do first?
 - **Administer Ativan.**
- What are the side effects of Risperdal?
 - **Fever, tachycardia, and sweating.**
- A patient who is refusing to take his medication is wandering on the unit and going in and out of resident's rooms. What is the priority?
 - **Wandering in and out of other patient's rooms.**
- A nurse observes a patient in the dayroom talking to himself. What should the nurse do first?
 - **Ask the patient if he's currently hearing voices?**
- A patient comes to the nurses' station and told the nurse that her roommate had cut her wrists in the bathroom. After assessing and dressing the wounds, what should the nurse do next?
 - **Move the patient to a private room by the nurse's station.**
- A man comes into the ER after being in a car accident with an alcohol level greater than 2, what should the nurse prepare to administer?
 - **Give Ativan (I DON'T THINK THIS ONE IS CORRECT)**
- What would be proper teaching for a patient who is to start taking Antabuse?
 - **Has not had anything alcoholic to drink for the last 48 hours.**
- Alzheimer's patient-nurse goes to do dressing change and the patient refuses. What should the nurse do?
 - **Leave and come back 30 minutes later.**
- A patient is confused in an acute care hospital setting. What would support the dx of delirium instead of dementia?
 - **Delirium: Started in hospital.**