

How can liver and renal diseases result in abnormal uterine bleeding (AUB)?

- a. They cause an imbalance in platelet aggregation.
- b. They result in an inability to adequately clear estrogen from the body.**
- c. They cause thyroid dysfunction, which leads to bleeding abnormalities.
- d. They result in elevated prolactin levels, which lead to bleeding abnormalities.

What is now thought to be the most important causative agent in cervical cancer?

- a. PCOS
- b. Vulvar cancer
- c. Herpes simplex
- d. HPV**

An initial or primary genital herpes infection characteristically lasts about:

- a. 1 week
- b. 3 weeks**
- c. 1 month
- d. 6 weeks

Which contraceptive methods have inherent failure rates?

- a. None
- b. Some
- c. All**
- d. All except sterilization

Why do adolescents have the highest risk of developing pelvic inflammatory disease (PID)?

- a. They have the highest risk for bacterial vaginosis.
- b. They are the least at risk for developing other STIs.
- c. They are the most sexually active.**
- d. They have decreased immunity to infectious organisms.

Exercise-induced amenorrhea is probably due to the combination of low body fat and decreased secretion of:

- a. Estrogen
- b. Prolactin
- c. Progesterone
- d. GnRH**

What can result from an imbalance in the vaginal flora?

- a. Herpes simplex virus
- b. Human papillomavirus
- c. Chlamydia
- d. Bacterial vaginosis**

The most effective means of obtaining the history of abuse is to use a communication model that:

- a. Avoids having the patient's children present during the discussion
- b. Signals someone is interested and that the woman is not alone
- c. Emphasizes the belief that violence is not acceptable, no matter what the batterer might have said to the patient
- d. Allows the patient to talk without interruption and with time to relate, emphasize, and repeat her full story**

What is the most common STI in the United States?

- a. Gonorrhea

- b. **Chlamydia**
- c. Syphilis
- d. Herpes simplex virus

Progestin-only pills (POPs):

- a. Have no possible side effects
- b. Suppress ovulation as reliably as COCs
- c. May be taken earlier or later than prescribed
- d. **In combination with lactation are nearly 100% effective**

According to the World Health Organization (WHO), the presence of a disease state:

- a. Necessitates prompt medical attention
- b. Excludes a person from being considered healthy
- c. **Does not exclude a person from being considered healthy**
- d. Classifies a person as in poor health

Which of the following might be a sign of hyperandrogenism?

- a. Irritable bowel syndrome
- b. Decreased sebum secretion in the skin
- c. Decreased muscle mass
- d. **Acne associated with menstrual dysfunction**

Surgical abortion represents an option for women who desire termination of pregnancy beyond:

- a. **8 weeks' gestation**

- b. 12 weeks' gestation
- c. 4 weeks' gestation
- d. 15 weeks' gestation

How can weight loss specifically control symptoms of polycystic ovary syndrome (PCOS)?

- a. It decreases SHBG.
- b. It increases insulin resistance.
- c. It decreases androgen levels.**
- d. It increases estrogen levels.

Why is acknowledging the oppression of women more difficult within Western societies?

- a. The multiplicity of minority groups complicates the issue.
- b. The availability of health care makes acknowledgment more difficult.
- c. The diversity of the news media clouds the issue.
- d. Affluence and increased opportunities mask oppression.**

How does vaginosis differ from vaginitis?

- a. It must be treated with metronidazole.
- b. The discharge does not contain white blood cells.**
- c. The discharge does not have an odor.
- d. It causes itching and/or burning.

What area of injury prevention is a focus of the USPSTF's guidelines for counseling all healthy, asymptomatic women?

- a. Motor vehicle accidents

- b. Falls**
- c. Domestic violence
- d. All of the above

What approach does Healthy People 2020 use to achieve its goals and objectives?

- a. Social determinants of health**
- b. Evidence-based determinants of health
- c. Quality-of-life determinants of health
- d. Longevity promotion determinants of health

Approximately what percentage of women with bacterial vaginosis are asymptomatic?

- a. 25%
- b. 40%
- c. 75%
- d. 50%**

The genetic counselor has a significant role in the care of women because BRCA1 and BRCA2 genetic mutations account for 5 to 10 percent of all _____ cancer cases.

- a. Breast**
- b. Ovarian
- c. Uterine
- d. Pancreatic

Which organism causes 90% of vulvovaginal candidiasis episodes in women?

- a. *Candida tropicalis*
- b. *Candida albicans*
- c. *Candida***

glabrata

- d. *Candida krusei*

What term refers to the period from about 7 to 10 days before menstrual flow begins until the first or second day of menstrual flow?

- a. Amenorrhea
- b. Premenstrual
- c. Dysmenorrhea
- d. Perimenstrua
l**

The ParaGard IUD is impregnated with copper and is effective for:

- a. 15 years
- b. 3 years
- c. 5 years
- d. 10
years**

What is the danger of giving estrogen replacement therapy (ERT) to menopausal women with an intact uterus?

- a. A higher risk of heart disease
- b. An increased likelihood of blood clots
- c. An increased likelihood of osteoporosis
- d. A higher risk of endometrial cancer**

Although barrier contraception methods are less effective in preventing pregnancy than more modern methods, interest in them is on the rise because they:

- a. Can help protect against STIs, including HIV**
- b. Are coitus dependent and require planning

- c. Are nonallergenic and male controlled
- d. Involve the use of hormones

A risk factor that could lead to endometrial cancer is:

- a. Early menopause
- b. Late menopause**
- c. High blood pressure
- d. Cervical cancer

Of the two intrauterine contraceptive devices currently available in the United States only one provides a local delivery of progestin. It is the:

- a. Combined contraceptive patch (Ortho Evra)
- b. Copper IUD (T380A, ParaGard)
- c. LNG-IUS (Mirena)**
- d. Dalkon Shield

Approximately what percentage of vulvar cancers occur in women older than the age of 50?

- a. 50%
- b. 70%
- c. 85%**
- d. 60%

What is the best definition of abnormal uterine bleeding (AUB)?

- a. Uterine bleeding for which no pelvic pathology is found**
- b. Uterine bleeding that is irregular during a woman's menstrual cycle
- c. Uterine bleeding that is irregular in amount or frequency
- d. Uterine bleeding that is related to systemic conditions

The most common benign breast masses are:

- a. Galactoceles
- b. Hamartomas
- c. Fibroadenomas and cysts**
- d. Lipomas and phyllodes tumors

Which cancer has the highest mortality rate of all gynecological cancers?

- a. Vulvar cancer
- b. Endometrial cancer
- c. Cervical cancer
- d. Ovarian cancer**

Vulvovaginal candidiasis accounts for what percentage of all vaginal infections?

- A. 10–15%
- B. 20–25%**
- C. 50–55%
- D. 60–65%

Which type of counseling results in a statistically significant reduction in STIs?

- a. Abstinence-only education
- b. Counseling delivered in multiple individual or group sessions totaling more than 3 hours**
- c. Remote counseling via Internet or phone
- d. Brief, individual sessions in the primary care setting

Which of the following is an ethical issue that is specifically associated with pre-implantation testing with ART?

- a. Ownership of frozen embryos after the couple has divorced

- b. A surrogate deciding she does not want to relinquish the infant
- c. Genetic engineering and the ability to reject embryos affected by inherited disorders**
- d. The implantation of multiple embryos, which can create high risk for the embryos and the woman

What symptom is present in 80 to 90 percent of women with cervical cancer?

- a. Abnormal vaginal bleeding**
- b. Abnormal vaginal discharge
- c. Pelvic pain
- d. Ectopic pregnancy

If a patient has not reported a sexual assault to law enforcement, all of the following clinician actions are important except:

- a. Asking if reporting is something she wants to consider
- b. Discussing any fears or concerns that she may have about reporting
- c. Explaining that only some forced sexual contacts are reportable crimes**
- d. Telling her that women who report do better psychologically than those who do not

What test should be ordered for a woman who is experiencing abnormal uterine bleeding (AUB) as well as headaches and peripheral vision changes?

- a. Thyroid-stimulating hormone test
- b. Nucleic acid amplification test
- c. Complete blood count**
- d. Prolactin level test**

What had been a significant problem in medical research well into the 1990s?

- a. The focus on randomized clinical trials over epidemiological investigations

- b. The lack of representation of women in research trials**
- c. The lack of research related to gynecology
- d. The focus on randomized clinical trials over observational research

What is the definitive diagnostic technique for vulvar dermatoses?

- a. Pap test
- b. Biopsy**
- c. Colposcopy
- d. Physical exam

Where in the breast do most malignancies develop?

- a. Upper inner quadrant
- b. Upper outer quadrant**
- c. Lower outer quadrant
- d. Lower inner quadrant

Approximately how many Americans will contract one or more sexually transmitted infections during their lifetime?

- a. 50%**
- b. 25%
- c. 40%
- d. 60%

In the GTPAL system for recording pregnancy history, the "T" stands for:

- a. Term births**
- b. Terminal pregnancies
- c. Total number of pregnancies