

Chapter 2: The Canadian Health Care System

MULTIPLE CHOICE

1. Which statement about the *Canada Health Act* is correct?
 - a. It clarifies health care services that are insured.
 - b. It outlines six principles of care.
 - c. It was created in 1994.
 - d. It is a form of provincial legislation.

ANS: A

	Feedback
A	Correct.
B	Incorrect. There are five principles of care, not six.
C	Incorrect. This was created in 1984.
D	Incorrect. This is federal legislation.

PTS: 1

DIF: Remembering

REF: pp. 23, 24

2. Comprehensiveness is a principle of the *Canada Health Act*. Which of the following statements about this principle is correct?
 - a. Residents must comprehend the principle.
 - b. Residents get coverage in only their home province.
 - c. All necessary health care services must be insured.
 - d. Only some health care services are insured.

ANS: C

	Feedback
A	Incorrect.
B	Incorrect. Residents will get coverage if they move or travel to other provinces.
C	Correct.
D	Incorrect. This principle states that all health care services are to be insured.

PTS: 1

DIF: Remembering

REF: p. 24

3. Public administration is another principle of the *Canada Health Act*. Which of the following statements is correct about Public administration?
 - a. The Canadian public must have better health care.
 - b. The Canadian public must be covered in other countries as well.
 - c. A public authority must administer health insurance.
 - d. Health insurance can profit the general public.

ANS: C

	Feedback
A	Incorrect.
B	Incorrect.

C	Correct.
D	Incorrect.

PTS: 1

DIF: Remembering

REF: p. 24

4. Since Health Canada has been working with First Nations, Métis, and Inuit what improvements have been seen?
- Rates of suicide are lower.
 - Citizens in these communities live longer and there are fewer infant deaths.
 - Rate of injuries are lower.
 - Citizens in these communities are less likely to be diabetic.

ANS: B

Feedback	
A	Incorrect. The rate among this group for suicide is higher than the Canadian average.
B	Correct.
C	Incorrect. The rate among this group for injuries is higher than the Canadian average.
D	Incorrect. The rate among this group for diabetes is higher than the Canadian average.

PTS: 1

DIF: Remembering

REF: p. 25

5. Who was Tommy Douglas?
- Hollywood actor.
 - Premier in the province of Alberta
 - Put a stop to the Old Age Pension.
 - Created Canada's first universal hospital insurance plan

ANS: D

Feedback	
A	Incorrect.
B	Incorrect. Tommy Douglas was the premier of Saskatchewan.
C	Incorrect.
D	Correct. In 1947 he introduced a public insurance plan that covered the costs of hospital services in Saskatchewan—this was the beginning of what Canadians now know as health insurance programs.

PTS: 1

DIF: Remembering

REF: p. 24

6. In 1936, Mr. Schott, a farmer, was unable to pay his hospital bills. He had to trade cows and eggs to pay the hospital. How could medicare have helped him if it were in existence then?
- Paid his hospital bills in full.
 - Created a monthly payment plan to assist Mr. Schott.
 - Paid for the majority of the bills leaving only a small portion for Mr. Schott to pay himself.
 - Loaned him the money.

ANS: A

	Feedback
A	Correct. Medicare is Canada's national health insurance system and is available to all citizens regardless of their ability to pay. Medicare would have paid his bills.
B	Incorrect.
C	Incorrect.
D	Incorrect.

PTS: 1

DIF: Understanding

REF: p. 24

7. Michael is a construction worker and was injured on the job. As part of Michael's rehabilitation, he requires physiotherapy several times a week. His provincial insurance does not cover this. What should he do?
- Buy private insurance.
 - Pay for the therapy and submit it to his provincial insurance.
 - Pay for the physiotherapy with his own funds.
 - Check with his employer and their coverage.

ANS: D

	Feedback
A	Incorrect. This is an option but should not be done. This is not the best answer.
B	Incorrect.
C	Incorrect. This is an option; however it is recommended that he not do this before researching if his employer's insurance will cover him. This is not the best answer.
D	Correct. Many employers provide private insurance for their employees.

PTS: 1

DIF: Understanding

REF: p. 27

8. Which of the following statements best describes Telehealth?
- It is a medical call centre.
 - Advice is provided during regular business hours.
 - Using this service reduces the use of emergency units.
 - Marital advice and financial advice are given to callers.

ANS: C

	Feedback
A	Incorrect. This is not the best answer, as it does not include nursing.
B	Incorrect. Telehealth services are offered after business hours and increasingly 24/7.
C	Correct.
D	Incorrect.

PTS: 1

DIF: Remembering

REF: p. 25

9. Which of the following is an example of primary health care delivery?
- Seeing a specialist.
 - Getting an MD referral.
 - Postoperative care by a primary health care team member.
 - Preventative breast screening.

ANS: D

	Feedback
A	Incorrect. This is an example of secondary health care delivery.
B	Incorrect. This is an example of secondary health care delivery.
C	Incorrect.
D	Correct. This is an example of primary health care delivery—early diagnosis of disease and prevention of disease.

PTS: 1

DIF: Understanding

REF: p. 25

10. Christina has to go to a respiratory specialist (respirologist) to get an assessment of her asthma. This is an example of:
- Secondary health care.
 - Primary health care.
 - Tertiary health care.
 - Emergency health care.

ANS: A

	Feedback
A	Correct. This is an example of secondary health care.
B	Incorrect.
C	Incorrect.
D	Incorrect.

PTS: 1

DIF: Understanding

REF: pp. 25, 26

11. Which of the following statements about home care is correct?
- It does not include care in clients' own homes.
 - It is the most common community-based service.
 - It is available only to older adults.
 - It promotes dependence on caregivers.

ANS: B

	Feedback
A	Incorrect. Home care <i>does</i> involve care in client's own home.
B	Correct.
C	Incorrect. Home care is available to a wide variety of clients (not specific to age or illness).
D	Incorrect. Home care actually promotes support for caregivers.

PTS: 1

DIF: Remembering

REF: p. 28

12. Home care services include which of the following?

- a. Medical services.
- b. Care provided in hospitals.
- c. Services provided by support workers.
- d. Surgical consults.

ANS: C

	Feedback
A	Incorrect.
B	Incorrect.
C	Correct. Support workers are valuable members of home care teams/services.
D	Incorrect.

PTS: 1

DIF: Remembering

REF: p. 29

13. Ingrid needs an MRI (magnetic resonance imaging) for diagnostic purposes. She cannot get an appointment until 6 months from now. She has decided to cross the border to the United States where she will get the MRI right away, but she will have to pay for it. Which principles of medicare are not being met?
- a. Universality and portability.
 - b. Accessibility and benefits.
 - c. Universality and accessibility.
 - d. Portability and accessibility.

ANS: D

	Feedback
A	Incorrect.
B	Incorrect.
C	Incorrect.
D	Correct. This is the best answer, as the MRI is not available or <i>accessible</i> and medicare does not cover costs in the United States (<i>portability</i>).

PTS: 1

DIF: Understanding

REF: p. 24

14. Present challenges to the Canadian health care system include all *except which of the following*?
- a. Shortage of support workers.
 - b. Patients having to wait a long time for surgery.
 - c. Rising costs of diagnostic equipment.
 - d. Aging population including people born before 1944.

ANS: A

	Feedback
A	Correct.
B	Incorrect. This <i>is</i> a challenge to the Canadian health care system.
C	Incorrect. This <i>is</i> a challenge to the Canadian health care system.
D	Incorrect. The baby boomers were born between the years 1945 and 1964.

PTS: 1

DIF: Remembering

REF: pp. 26, 27

15. Afshin lives in Alberta and is going on a month long vacation to Halifax. While in Halifax, he can continue to utilize his health care coverage. Which principle of medicare does this illustrate?
- a. Comprehensiveness.
 - b. Universality.
 - c. Accessibility.
 - d. Portability.

ANS: D

	Feedback
A	Incorrect.
B	Incorrect.
C	Incorrect.
D	Correct.

PTS: 1

DIF: Understanding

REF: p. 24

16. Offering hepatitis B vaccines in elementary schools is an example of which of the following?
- a. Medicare system.
 - b. Disease prevention program.
 - c. Home care service.
 - d. Facility-based treatment.

ANS: B

	Feedback
A	Incorrect.
B	Correct.
C	Incorrect.
D	Incorrect.

PTS: 1

DIF: Applying

REF: pp. 27, 28

17. Which of the following statements about the *Canada Health Act* is correct?
- a. It determines most of the health care services to be covered.
 - b. It determines all of the health care services to be covered.
 - c. It determines which provincial health care services should be covered.
 - d. It does *not* determine which health care services are to be covered.

ANS: D

	Feedback
A	Incorrect. The <i>Canada Health Act</i> does not determine any services that are to be covered.
B	Incorrect. The <i>Canada Health Act</i> does not determine any services that are to be covered.
C	Incorrect. The <i>Canada Health Act</i> does not determine any provincial services that are to be covered.
D	Correct. The <i>Canada Health Act</i> does not determine any services that are to be covered.

PTS: 1

DIF: Remembering

REF: p. 26

18. How can a support worker be an *active* member of the health care team?
- By reading about disease prevention.
 - By creating a health-promotion care plan.
 - By contributing to health promotion.
 - By reading about health promotion.

ANS: C

	Feedback
A	Incorrect. Although this would be helpful, this is not an example of being an active member of the team.
B	Incorrect. This is not within the support worker's scope of practice.
C	Correct.
D	Incorrect. Although this would be helpful, this is not an example of being an active member of the team.

PTS: 1 DIF: Applying REF: pp. 27, 28

19. A major focus on health care includes:
- Enabling people to stay at home longer.
 - Increased length of hospital stays.
 - Decreased dependence on family.
 - Assistance with admission to facilities.

ANS: A

	Feedback
A	Correct.
B	Incorrect. Home care actually would decrease the length of hospital stays.
C	Incorrect. Although this would be a nice benefit, this is not a focus of home care.
D	Incorrect. This is not a major focus of home care.

PTS: 1 DIF: Remembering REF: p. 28

20. Which of the following is an example of a growing trend in Canadian health care?
- Increase in acute care hospitals.
 - Increase in acute care beds.
 - Increase in the use of nurse practitioners.
 - Increase in the number of nights spend in a hospital.

ANS: C

	Feedback
A	Incorrect. There is a decrease in acute care hospitals.
B	Incorrect. There is a decrease in acute care beds.
C	Correct. There is an increase of nurse practitioners practising across the country.
D	Incorrect. Hospital stays are shorter.

PTS: 1

DIF: Remembering

REF: p. 25

21. In what year did all provinces and territories extend their insurance plans to also cover medical services provided outside hospitals?
- a. 1972.
 - b. 1942.
 - c. 1962.
 - d. 1952.

ANS: A

	Feedback
A	Correct.
B	Incorrect.
C	Incorrect.
D	Incorrect.

PTS: 1

DIF: Remembering

REF: p. 23

22. The federal government contributes to health care in Canada. The following all contribute to our health care *except* which one of the following?
- a. Educational organizations.
 - b. Research organizations.
 - c. Voluntary organizations.
 - d. *Canada Health Act* organizations.

ANS: D

	Feedback
A	Incorrect.
B	Incorrect.
C	Incorrect.
D	Correct; this type of organization does not exist.

PTS: 1

DIF: Remembering

REF: p. 25

23. Which of the following is not a classification of home care services?
- a. Nursing and professional services.
 - b. Funeral home services.
 - c. Personal care services.
 - d. Ancillary support.

ANS: B

	Feedback
A	Incorrect. This is a classification of home care services.
B	Correct. This is not a classification of home care services.
C	Incorrect. This is a classification of home care services.
D	Incorrect. This is a classification of home care services.

PTS: 1

DIF: Remembering

REF: pp. 29, 30

24. Examples of supplementary health benefits include all *except* which of the following?
- a. Prescription drugs and dental care.
 - b. Vision care and medical equipment.
 - c. Wheelchairs and prosthetics.

d. Complete coverage for all podiatrist care.

ANS: D

	Feedback
A	Incorrect. This is an example of a supplementary health benefit.
B	Incorrect. This is an example of a supplementary health benefit.
C	Incorrect. This is an example of a supplementary health benefit.
D	Correct. Not all podiatrist care is covered.

PTS: 1

DIF: Remembering

REF: p. 27

25. Which of the health care delivery systems is the most expensive to deliver?

- a. Tertiary.
- b. Secondary.
- c. Primary.
- d. Junior.

ANS: A

	Feedback
A	Correct. This is the most expensive care to deliver.
B	Incorrect. This type of care is not the most expensive.
C	Incorrect. This type of care, which is aimed at preventing illness, is not the most expensive.
D	Incorrect. This is not a term used for health care delivery systems.

PTS: 1

DIF: Remembering

REF: p. 26

26. Laura, a support worker, understands the concept of primary health care and disease prevention. All support workers are to receive the flu shot. Laura is concerned about receiving it, as she heard from a neighbour that it is not safe. What should Laura do?

- a. Not have the vaccine because it is not safe.
- b. Find out more information from her employer and or family doctor.
- c. Have the flu shot.
- d. Discuss this with her clients.

ANS: B

	Feedback
A	Incorrect. She should find out more information.
B	Correct. This is the best option as she needs to make an informed decision.
C	Incorrect. This is not the best answer.
D	Incorrect. This would not be appropriate to discuss with clients.

PTS: 1

DIF: Analyzing

REF: pp. 27, 28