

## VERSION 8

### MATERNAL NEWBORN ATI PRACTICE QUESTIONS

1. A nurse is assisting with an amniotomy for a client who is in active labor. Which of the following actions should the nurse take?
  - a. Assess the fetal heart rate before and after the procedure
  - b. Monitor the client's temperature every 4 hours after procedure
  - c. Medicate the client for pain 30 min prior to the procedure
  - d. Perform cervical assessments every 2 hr after the procedure

Rationale: A. The nurse should assess the fetal heart rate for the presence of variable decelerations or bradycardia, which can occur after rupturing of the membranes if the umbilical cord has prolapsed. (Amniotomy is artificial rupture of membranes).

2. An adolescent reports abdominal cramping due to dysmenorrhea. Which of the following analgesics should the nurse expect the provider to prescribe?
- Fentanyl
  - Acetaminophen and oxycodone
  - Acetaminophen and hydrocodone
  - Ibuprofen**

Rationale: D To treat dysmenorrhea, providers prescribe NSAIDs such as ibuprofen and naproxen. Providers also recommend exercise and dietary changes such as reducing salt and sugar intake and following a low-fat, vegetarian diet.

3. A nurse is caring for a client at 34 weeks' gestation who presents with vaginal bleeding. Which of the following assessments will indicate whether the bleeding is caused by placenta previa or abruptio placenta?
- Uterine tone**
  - Fetal heart rate
  - Blood pressure
  - Amount of bleeding

Rationale: A. The uterus will be relaxed, soft, and painless if the bleeding is caused by placenta previa. With abruptio placenta, the uterus will be firm and board-like, the client will complain of pain.

4. A nurse is providing teaching about newborn baths to a client who is 2 days postpartum. Which of the following pieces of information should the nurse include?
- Wash the newborn's face with plain warm water**
  - Wash the newborn's hair before the rest of the body
  - Bathe the newborn once each day
  - Bathe the newborn immediately after a feeding

Rationale: A. The parent should wash the newborn's face with plain warm water. Soap can irritate the eyes and skin.

5. A nurse is teaching about