

Exam 2

1. A nurse is administering continuous enteral feedings for a client through a percutaneous esophageal gastrostomy (PEG) tube. Which of the following actions should the nurse take?

- a. Check gastric residual every 8 hr
  - b. Flush the tube with 15 ml of water every 8 hr
  - c. Return gastric contents if residual is less than 250 ml
  - d. Measure the pH of gastric residual every 24 hr
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2. A client in the oliguric phase of acute renal failure had a urinary output of 420 ml during the preceding 24 hr period. How much fluid should the nurse plan to provide the client over the next 24 hr?

- a. A. 2040ml
- b. 1530 ml
- c. 920 ml
- d. 2550 m

C. When you are on dialysis, you will need to limit how much fluid you consume each day. Your nephrologist and renal dietitian will tell you the amount of fluid you should consume, but the general recommended amount of fluid is 32 ounces per day.

3. A nurse is providing teaching to a group of clients about retaining nutrients when preparing fruits and vegetables. Which of the following client statements indicates an understanding of the teaching?

- a. I cook vegetables for the weeks and reheat them at each meal.
- b. I soak fruits in water before peeling them.
- c. I boil vegetables on the stove until they are soft.
- d. I keep my ripe fruits refrigerated until I eat them.

4. A nurse is teaching a client who is receiving bolus feedings through a nasogastric tube about dumping syndrome. The nurse should instruct the client to report. Which of the following manifestation?

- a. Bradycardia
- b. Constipation
- c. Dizziness
- d. Drowsiness

5. A nurse is teaching a group of clients about risk factors for developing diabetes mellitus. The nurse should include which of the following as a risk factor for diabetes?

- a. Elevated HDL level
- b. History of hyperthyroidism
- c. Abdominal obesity
- d. History of hypotension

6. A nurse is teaching a client who is 24 hrs postpartum about breastfeeding, which of the following client statements indicates an understanding of the teaching?

- a. I will alternate the first breast that I offer my baby with each feeding.
- b. I will nurse my baby once every 4 hours.
- c. I will store my breastmilk in the refrigerator up to 48 hours

d. I will offer my baby water between feedings.

7. A nurse is planning care for client who is pregnant and plans to breastfeed her newborn. Which of the following information should the nurse include in the plan of care?

- a. The newborn should breastfeed immediately following birth.
- b. The newborn should breastfeed every 4 hrs during the day
- c. The newborn should receive 1 oz of glucose water after the first breastfeeding session.
- d. The newborn should have bursts of six sucks and swallows during feeding.

8. A nurse is teaching an in service about manifestation of hypoglycemia to a group of newly licensed nurses. Which of the following should the nurse include in the teaching?

- a. Vomiting
- b. Blurred vision
- c. Bradycardia
- d. Kussmaul respirations

9. A nurse is providing dietary teaching to a client about sources of protein. The nurse should identify which of the following items as a complete protein?

- a. Legumes
- b. Gelatin
- c. Salmon
- d. Almonds

10. A client is receiving a thiazide diuretic for treatment of hypertension. Which of the following foods selected by the client reflects understanding of the nurse's teaching regarding this medication?

- a. Baked potato
- b. Navy beans and hams
- c. Cheddar cheese
- d. Beef broth

11. A nurse is providing dietary teaching to a client who has a body mass index of 28. Which of the following actions should the nurse take?

- a. Recommend a total fiber intake of 12 g each day
- b. Encourage the client to continue current daily calorie intake.
- c. Refer the client to a weight loss support group
- d. Advise the client to add 500 calories per day of the diet

12. A nurse is planning nutritional care for a group of clients. The nurse should recommend a high-protein, commercially prepared liquid nutritional supplement for which of the following clients?