

# NRNP 6675 WEEK 11 FINAL EXAM A+ GRADED

## Question 1

All of the following are risk factors for sexual assault EXCEPT

- A Religion
- B Serious mental illness
- C Substance use disorder
- D Family history of sexual abuse

## Question 2

Which of the following is consistent with what is known about postpartum depression?

- A Feelings of guilt and inadequacy are often present and excessive.
- B Thoughts of harming the baby are often present.
- C Typical onset is within 3-6 months after delivery.
- D All of the above

## Question 3

Affirmatively acting to benefit another or others, going beyond what is required by law is known as which of the following?

- A Fidelity
- B Justice
- C Beneficence
- D Non-maleficence

## Question 4

Which of the following is used for treating alcohol-dependent individuals seeking to continue to remain alcohol free after they have stopped drinking?

- A Tacrine

- B Amantadin  
e
- C Galantami  
ne
- D Acamprosa  
te

### Question 5

The NP can impact health policy and healthcare by doing which of the following?

- A Become an active member of local, state, and/or national NP organizations.
- B Become familiar with the resources available on NP organization websites.
- C Volunteer to serve on legislative committees within professional NP organizations.
- D All the above

### Question 6

The treatment of others equitably and distribution of benefits/burdens fairly is known as which of the following?

- A Fidelity
- B Justice
- C Beneficence
- D Non-maleficence

### Question 7

Which of the following is inconsistent with current literature about victims of sexual abuse?

- A All victims of sexual abuse are aware that they are in an abusive relationship.
- B Victims of sexual abuse may willingly participate in sexual acts with an idolized authority figure.
- C The pre-existing relationship and familiarity with the abuser may impede the victim's ability to make rational decisions.

- D The victim may make excuses for the abuser's behavior.
- .

### Question 8

Which of the following would constitute negligence? **Select all that apply.**

- A Failure to give necessary care.
- .
- B Failure to refer when necessary.
- .
- C Failure to follow-up with a patient.
- .
- D Failure to disclose necessary information to a patient.
- .

### Question 9

Which of the following developed a Biblically-based cultural competence model for healthcare professionals?

- A Spector
- .
- B Campinha-Bacote
- .
- C Kim-Godwin, et al
- .
- D Papadopoulos, et al
- .

### Question 10

The ARNP recognizes which of the following as long-term effects of sex trafficking on victims?

- A Severe depression
- .
- B Spiritual questions
- .
- C Trauma bonding
- .
- D All of the above
- .

### Question 11

A patient appears odd, with a pervasive history of magical thinking, ideas of reference, illusions and derealization. This is consistent with which of the following personality disorders?

- A Schizoid personality disorder
- B Paranoid personality disorder
- C Schizotypal personality disorder
- D Avoidant personality disorder

### Question 12

Which of the following are criteria for a particular suicide to be considered inevitable?

- A Strong genetic history of suicide in one or more family members.
- B A strong genetic loading of mental illness in the family.
- C The patient must have received the highest standard of treatment and that treatment failed.
- D All of the above.

### Question 13

A patient with a history of alcohol use presents to the emergency department with oculomotor disturbances, cerebellar ataxia, and confusion. The ARNP recognizes these symptoms as consistent with which of the following psychiatric emergencies?

- A Akathisia
- B Korsakoff's syndrome
- C Wernicke's encephalopathy
- D Idiosyncratic alcohol intoxication

### Question 14

The emotional burnout and lack of empathy towards clients that healthcare providers experience after treating victims of trauma is known as which of the following?

- A Compassion fatigue
- B Primary traumatization
- C Transference
- D Countertransference

### Question 15

The Adverse Childhood Experience Study (Felitti et al., 1998) found which of the following relationships between child traumatic events and high-risk behaviors exhibited by adults?

- A The study revealed a causal relationship between child traumatic events and high-risk adult behaviors.
- B The study revealed a causal relationship between child traumatic events and high-risk adult behaviors.
- C The study revealed no relationship between child traumatic events and high-risk adult behaviors.
- D The study revealed an indirect relationship between child traumatic events and high-risk adult behaviors.

### Question 16

“Walking on eggshells” and appeasement and avoidance behaviors by the victim is characteristic of which phase of the cycle of domestic violence?

- A Honeymoon phase
- B Abusive incident phase
- C Tension-building phase
- D Refractory phase

### Question 17

The only approved therapy in the United States for moderate to severe Alzheimer’s disease is which of the following?

- A Donepezil

- B Memantin  
e
- C Rivastigmi  
ne
- D Galantami  
ne

### Question 18

A term that defines a person who has distress with clinical symptomatology because their gender identity is not consistent with gender assigned at birth is which of the following?

- A Cisgender
- B Gender fluid
- C Pangender
- D Gender dysphoria

### Question 19

Narcissistic, borderline, antisocial, and histrionic subtypes are associated with which of the following Personality disorders?

- A Cluster  
A
- B Cluster  
B
- C Cluster  
C
- D Cluster  
D

### Question 20

Which of the following is not consistent with recommendations for psychiatric history taking and the mental status evaluation of older adults?

- A When a patient is cognitively impaired, an independent history should be obtained from a family member or caretaker.
- B The patient should still be seen alone even in cases of clear evidence of impairment to preserve the privacy of the doctor/patient relationship.

- C If the patient is cognitively impaired, the patient should never be seen alone.  
.
- D Even in patients with cognitive impairment, it is important to elicit any suicidal thoughts or paranoid ideations privately.  
.

### Question 21

Low health literacy has been linked with which of the following?

- A Poor health outcomes  
.
- B lower rates of hospitalization  
.
- C Less frequent use of preventive services  
.
- D All of the above  
.

### Question 22

A claim of malpractice requires that a patient/plaintiff prove which of the following? **Select all that apply.**

- A The existence of a client-professional relationship - duty to care.  
.
- B Behavior below the appropriate standard of care for professionals dealing in like circumstances.  
.
- C A causal link between the practitioner's failure to conform to treatment standards and harm to the patient.  
.
- D Actual injury to the patient.  
.

### Question 23

According to USDHHS and the Federal Bureau of Primary Health Care, which of the following individuals would be considered homeless?

- A An individual whose primary residence during the night is a supervised public or private facility that provides temporary living accommodations.  
.
- B An individual who is a resident in transitional housing  
.
- C A person who is living with a friend  
.
- D All of the above  
.

### Question 24

A particular form of psychotherapy used for patients with borderline personality disorder, especially those with parasuicidal behavior such as frequent cutting is known as which of the following?

- A Dialectical Behavior Therapy
- B Mentalization-based Treatment
- C Transference-focused Psychotherapy
- D Exposure Therapy

### Question 25

As a PMHNP, one of the most common areas you will counsel your patients about is the importance of sleep hygiene. Which of the following is NOT consistent with common recommendations for good sleep hygiene?

- A Avoid alcohol and caffeine.
- B Set a cool room temperature.
- C Set TV to turn off within 1 hour of falling asleep.
- D Go to bed at the same time each night.

### Question 26

The need for nurse practitioners to practice to the full extent of their education and training is necessary for which of the following reasons? **Select all that apply.**

- A The growth in number and proportion of older Americans
- B The projected primary care physician shortage by 2025
- C Increased number of individuals who have access to healthcare
- D The economic push for cost-effective healthcare

### Question 27

According to Freud, stubborn, parsimonious, and highly conscientious traits are associated with which stage of development?

- A Oral stage



- .  
 B Anal stage
- .  
 C Phallic stage
- .  
 D Latency stage
- .

### Question 28

Features that point to a medical cause of a mental disorder include which of the following?

- A Acute onset
- .  
 B Auditory hallucinations
- .  
 C Visual hallucinations
- .  
 D A and C
- .

### Question 29

A patient currently on risperidone presents to the emergency department with increased agitation, restlessness, muscle discomfort, and dysphoria. The APRN recognizes these symptoms of akathisia and recommends which of the following? **Select all that may apply.**

- A Reduce antipsychotic dosage
- .  
 B Benztropine IM
- .  
 C Benadryl po or IM
- .  
 D B and C only
- .

### Question 30

Self-care strategies for the ARNP in preparing for the certification exam include all of the following EXCEPT:

- A Study in a distraction free environment.
- .  
 B Six to eight hours of sleep is recommended.
- .

- C Drink lot of caffeine and eat high-concentrated sugars.
- D Plan to study for short periods of time over a longer time period.

### Question 31

Which of the following professionals would be able to precept a nurse practitioner student?

- A An advanced registered nurse practitioner
- B A physician
- C A unlicensed social worker
- D A and B

### Question 32

The ARNP is treating a 27-year-old female with bipolar disorder who is obese and has renal dysfunction. Which of the following is true?

- A Lithium is the gold standard and should be used.
- B Lithium should be avoided in patients with renal disease.
- C An atypical antipsychotic such as olanzapine or risperidone should be used.
- D Depakote is the best option for this patient.

### Question 33

Patients with this personality disorder are described as excitable and emotional, and behave in a colorful, dramatic, extroverted, attention-seeking fashion, often with an inability to maintain deep long-lasting attachments.

- A Borderline personality disorder
- B Histrionic personality disorder
- C Schizotypal personality disorder
- D Narcissistic personality disorder