

ATI RN MENTAL HEALTH ONLINE PRACTICE 2019 B WITH NGN

RETAKE- SAME QUESTIONS DIFFERENT ARRANGEMENTS

-All Correct Answers are Marked- Score 100



RN Mental Health Online Practice 2019 B with NGN

✕ CLOSE

Question: 1 of 60

Time Elapsed: 00:00:28
Pause Remaining: 08:20:00

PAUSE



FLAG

A nurse is admitting a client who has major depressive disorder and a new prescription for tranylcypromine. Which of the following over-the-counter medications that the client reports taking should alert the nurse to a potential adverse reaction?

-
- Lansoprazole
 - Naproxen
 - Magnesium hydroxide
 - Phenylephrine

CONTINUE



Question: 2 of 60

Time Elapsed: 00:01:05
Pause Remaining: 08:20:00



A nurse on a mental health unit observes a client who has acute mania hit another client. Which of the following actions should the nurse take first?



- Call the provider to obtain an immediate prescription for restraint.
- Prepare to administer benzodiazepine IM.
- Call for a team of staff members to help with the situation.
- Check the client who has was hit for injuries.





Question: 3 of 60

Time Elapsed: 00:01:27
Pause Remaining: 08:20:00

PAUSE

FLAG

A nurse is assessing a family's dynamics during a counseling session. The nurse should recognize which of the following findings as an indication of a boundary issue?



- An adolescent family member who questions parental authority
- A family with three generations in the same household
- Older children who are responsible for their younger siblings
- Two adults and their children from prior relationships in the same household

PREVIOUS

CONTINUE



Question: 4 of 60

Time Elapsed: 00:01:51
Pause Remaining: 08:20:00

PAUSE



FLAG

A nurse is assessing a client who has major depressive disorder and has been receiving amitriptyline for 1 week. Which of the following outcomes should the nurse expect?



- Rapid improvement in affect within 30 to 60 min after taking the medication
- Greater risk of attempting suicide as affect and energy improve
- Onset of frequent, loose stools
- Development of physiologic dependence on the medication

PREVIOUS

CONTINUE



Question: 5 of 60

Time Elapsed: 00:02:37
Pause Remaining: 08:20:00

PAUSE



FLAG

A nurse is teaching a newly licensed nurse about nursing care plans for clients who have depressive disorders. Which of the following statements by the newly licensed nurse indicates an understanding of the teaching?



- "I will use the same plan of care and interventions for each client who has depression."
- "Each nurse will develop a separate plan of care for each client who has depression."
- "I will update the plan of care as a client's manifestations of depression change."
- "An assistive personnel can use the plan of care for client teaching."

PREVIOUS

CONTINUE



Question: 6 of 60

Time Elapsed: 00:03:17
Pause Remaining: 08:20:00

PAUSE

FLAG

A nurse in the emergency department is caring for four clients. Which of the following clients is the nurse required to report as a potential victim of abuse?



- A school-age child who has bruises on the knees
- An older adult client who is bedbound and has a stage IV pressure ulcer
- An adolescent who has a vaginal candida infection
- A young adult who is pregnant and has a sprained ankle

PREVIOUS

CONTINUE



Question: 7 of 60

Time Elapsed: 00:03:39
Pause Remaining: 08:20:00

PAUSE

FLAG

A nurse is planning discharge teaching for a client who has severe schizoaffective disorder. The nurse should identify that which of the following treatment options can offer interdisciplinary services for the client at home?



- Community mental health center
- Mental health day program
- Partial hospitalization program
- Assertive community treatment

PREVIOUS

CONTINUE



Question: 8 of 60

Time Elapsed: 00:04:10
Pause Remaining: 08:20:00



Exhibit 1 Exhibit 2 Exhibit 3

Nurse's Notes

The client reports a history of anxiety; diagnosed with Alzheimer's disease 2 months ago. The client's partner died 6 months ago. Reports decreased appetite, low energy levels, and insomnia for several weeks; some memory loss.

A nurse at a provider's office is interviewing an older adult client. Which of the following actions should the nurse plan to take? (Click on the "Exhibit" button for additional information about the client. There are three tabs that contain separate categories of data.)



- Use a screening tool to evaluate the client for depression.
- Ask the provider to decrease the dosage of the client's blood pressure medication.
- Instruct the client to decrease intake of vitamin B₁₂.
- Suggest the client go for a brisk walk 20 min just before bedtime.



Question: 9 of 60

Time Elapsed: 00:04:31
Pause Remaining: 08:20:00



A nurse observes a client on a mental health unit pushing on the locked unit door. Which of the following statements should the nurse make?



- "It appears as though you would like to open the door."
- "You will feel more comfortable after you've been here for a while."
- "It is okay to not want to be here."
- "You really shouldn't be pushing on the door."





Question: 10 of 60

Time Elapsed: 00:05:01
Pause Remaining: 08:20:00



A nurse is caring for an older adult client who begins to cry and states, "I knew God would punish me and I deserve this horrible sickness!" Which of the following responses should the nurse make?



"Why do you think you deserve this punishment?"

"Don't worry about being punished by God."

"Let's talk about what is upsetting you."

"You shouldn't say things that will upset you so much."





A nurse is preparing to administer diazepam 7.5 mg IV bolus to a client for alcohol withdrawal. Available is diazepam injection 5 mg/mL. How many mL should the nurse administer? (Round the answer to the nearest tenth. Use a leading zero if it applies. Do not use a trailing zero.)



1.5 mL

CORRECT

My Answer

Follow these steps for the Ratio and Proportion method of calculation:

Step 1: What is the unit of measurement the nurse should calculate? mL

Step 2: What is the dose the nurse should administer? Dose to administer = Desired 7.5 mg

Step 3: What is the dose available? Dose available = Have 5 mg

Step 4: Should the nurse convert the units of measurement? No

Step 5: What is the quantity of the dose available? 1 mL

Step 6: Set up an equation and solve for X.

<i>Have</i>		<i>Desired</i>
	=	
<i>Quantity</i>		<i>X</i>

5 mg		7.5 mg
	=	
1 mL		X mL

$X \text{ mL} = 1.5$

Step 7: Round if necessary.

Step 8: Determine whether the amount to administer makes sense. If there are 5 mg/mL and the prescription reads 7.5 mg, it makes sense to administer 1.5 mL. The nurse should administer diazepam 1.5 mL IV bolus.

Follow these steps for the Desired Over Have method of calculation:

Step 1: What is the unit of measurement the nurse should calculate? mL

Step 2: What is the dose the nurse should administer? Dose to administer = Desired 7.5 mg

Step 3: What is the dose available? Dose available = Have 5 mg

Step 5: What is the quantity of the dose available? 1 mL

Step 6: Set up an equation and solve for X.

<i>Have</i>	=	<i>Desired</i>
Quantity		X

5 mg	=	7.5 mg
1 mL		X mL

X mL = 1.5

Step 7: Round if necessary.

Step 8: Determine whether the amount to administer makes sense. If there are 5 mg/mL and the prescription reads 7.5 mg, it makes sense to administer 1.5 mL. The nurse should administer diazepam 1.5 mL IV bolus.

Follow these steps for the Desired Over Have method of calculation:

Step 1: What is the unit of measurement the nurse should calculate? mL

Step 2: What is the dose the nurse should administer? Dose to administer = Desired 7.5 mg

Step 3: What is the dose available? Dose available = Have 5 mg

Step 4: Should the nurse convert the units of measurement? No

Step 5: What is the quantity of the dose available? 1 mL

Step 6: Set up an equation and solve for X.

X =	$\frac{\text{Desired} \times \text{Quantity}}{\text{Have}}$
-----	---

X mL =	$\frac{7.5 \text{ mg} \times 1 \text{ mL}}{5 \text{ mg}}$
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X mL = 1.5

Step 7: Round if necessary.

Step 8: Determine whether the amount to administer makes sense. If there are 5 mg/mL and the prescription reads 7.5 mg, it makes sense to administer 1.5 mL. The nurse should administer diazepam 1.5 mL IV bolus.

Follow these steps for the Dimensional Analysis method of calculation:

Step 1: What is the unit of measurement the nurse should calculate? (Place the unit of measure being calculated on the left side of the equation.)

X mL =

Step 2: Determine the ratio that contains the same unit as the unit being calculated. (Place the ratio on the right side of the equation, ensuring that the unit in the numerator matches the unit being calculated.)

	1 mL
--	------

Step 3: Place any remaining ratios that are relevant to the item on the right side of the equation, along with any needed conversion factors, to cancel out unwanted units of measurement.

	1 mL	7.5 mg	
X mL =		×	
	5 mg	1	

Step 4: Solve for X.

$$X \text{ mL} = 1.5$$

Step 5: Round if necessary.

Step 6: Determine whether the amount to administer makes sense. If there are 5 mg/mL and the prescription reads 7.5 mg, it makes sense to administer 1.5 mL. The nurse should administer diazepam 1.5 mL IV bolus.

PREVIOUS

CONTINUE

Question: 13 of 60

Time Elapsed: 00:07:28
Pause Remaining: 08:20:00

PAUSE



FLAG

A nurse is performing a cognitive assessment to distinguish delirium from dementia in a client whose family reports episodes of confusion. Which of the following assessment findings supports the nurse's suspicion of delirium?



- Slow onset
- Aphasia
- Confabulation
- Easily distracted

Question: 15 of 60

PARTIALLY CORRECT

Time Elapsed: 00:09:09
Pause Remaining: 08:20:00

PAUSE



FLAG

A nurse at an inpatient mental health facility is caring for a client who recently experienced a traumatic event.

Exhibit 1

Exhibit 2

Vital Signs

0730:

Temperature 36.6° C (97.8° F)

Heart rate 74/min

Respiratory rate 16/min

Blood pressure 118/74 mm Hg

1400:

Temperature 36.9° C (98.4° F)

Heart rate 86/min

Respiratory rate 18/min

Blood pressure 114/78 mm Hg

The nurse is providing teaching to the client. Which of the following statements should the nurse include in the teaching? (Select all that apply.)

- "A support group might be helpful to you during this time."
- "You will have minimal problems performing your daily self-care tasks."
- "It is common for people who survived a traumatic event to experience feelings of anxiety."
- "It is uncommon for people who survived a traumatic event to experience spiritual distress."
- "You should seek help if you have thoughts of self-harm."

PARTIALLY CORRECT

My Answer

"It is uncommon for people who survived a traumatic event to experience spiritual distress" is incorrect. Clients who have experienced a traumatic event can experience spiritual distress.

"It is common for people who survived a traumatic event to experience feelings of anxiety" is correct. Clients who have experienced a traumatic event can demonstrate manifestations of severe anxiety and panic attacks, including impulsivity and regression.

"A support group might be helpful to you during this time" is correct. The nurse should encourage the client to participate in a support group, which can provide emotional support for a client who has experienced a traumatic event.

"You will have minimal problems performing your daily self-care tasks" is incorrect. Clients who have experienced a crisis can have difficulty meeting their basic needs and performing self-care tasks. The nurse might need to assist the client to perform ADLs.

"You should seek help if you have thoughts of self-harm" is correct. The nurse should inform the client that they should seek help immediately if they experience thoughts of self-harm or suicidal ideation.

Question: 16 of 60

Time Elapsed: 00:09:46
Pause Remaining: 08:20:00

PAUSE



FLAG

A nurse is creating a plan of care for a client who has been placed in seclusion after threatening to harm others on the unit. Which of the following interventions should the nurse include in the plan?

-
- Document the client's behavior every 8 hr.
 - Limit the client's fluid intake to 50 mL/hr.
 - Renew the prescription for the client every 4 hr.
 - Toilet the client every 4 hr.

Question: 18 of 60

Time Elapsed: 00:10:40
Pause Remaining: 08:20:00

PAUSE



FLAG

A nurse is planning care for a client who has made repeated physical threats toward others on the unit. Although the client does not want to leave the unit, the nurse requests the provider to transfer the client to a unit that is equipped to manage violent behavior. Which of the following ethical principles should the nurse apply in this situation?

Nonmaleficence

Veracity

Justice

Autonomy