

VERSION 2

ATI RN MATERNAL NEWBORN OB EXAM

1 When caring for a client diagnosed with placenta previa, the nurse should expect to observe which of the following?

- Firm, rigid abdomen
- Uterine hypertonicity
- Painless, vaginal bleeding
- Nonreassuring fetal heart tone

2 A nurse working in a prenatal clinic should recognize that which of the following clients has a contraindication to a contraction stress test?

- A client with a previous stillbirth
- A client with maternal diabetes mellitus
- A client who had a nonreactive nonstress test
- A client with a previous classical incision

3 A nurse is performing Leopold's maneuvers as part of the assessment of a client who is at 39 weeks of gestation and is in the active phase of the first stage of labor. Identify the sequence of steps the nurse should take. (Move the maneuvers into the box on the right, placing them in the selected order of performance. All steps must be used.)

Outline the fetal head.

Palpate the fetal back.

Identify the fetal parts occupying the fundus

Determine the fetal part over the pelvic inlet.

4 When assessing a client in true labor, the nurse should expect which of the following characteristics?

- The contractions felt by the client occur irregularly.
- The cervix is soft without effacement.
- The contractions become stronger with walking.
- The cervix is found in the posterior position.

5 A nurse is assessing a client who is pregnant and has a history of irregular periods. The nurse should recognize that which of the following assessment findings will reveal the most accurate date of birth for this client?

- Nägele's rule
- Ultrasound
- Fetal heart tones
- Quickening

6 A client requests rubbing alcohol for cord care for her newborn. The nurse should explain that rubbing alcohol should not be used for cord care because it

- is painful for the newborn.
- will mask signs of infection.
- delays cord separation.
- causes skin discoloration.

7 A female adolescent presents to a family care clinic reporting unprotected sexual intercourse the previous evening. Which of the following is the priority nursing assessment?

- Last menstrual cycle date
 - Family support
 - Emotional response
 - Information about sexual partner
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8 A client who is pregnant is unsure of the first day of her last menstrual period. The nurse determines the client's fundal height to be 26 cm. The client is most likely to deliver in how many weeks?

- 8
 - 11
 - 14
 - 26
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9 When providing culturally sensitive care in the perinatal environment, which of the following actions by the nurse is most appropriate?

- Encourage fathers to be present during labor and delivery.
 - Abide by the client's health care beliefs and practices.
 - Refrain from stereotypical assumptions.
 - Make eye contact with the client when communicating.
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10 A nurse is planning teaching sessions for clients in a childbirth class. Which of the following possible warning signs should the nurse instruct the client to report immediately?

- Increased vaginal leukorrhea

- Swollen face and hands
- Shortness of breath
- Lower back pain

11 A nurse is providing discharge instructions to a client regarding newborn care. For which of the following should the nurse instruct the client to contact the primary care provider?

- The infant has less than six wet diapers in 24 hr.
- The infant sleeps 16 hr a day.
- The infant's cord is still attached after 1 week.
- The infant has loose stools.

12 A nurse is providing instruction to a client who is receiving homecare for preeclampsia. The nurse knows the client understands the teaching when the client states which of the following? (Select all that apply.)

- "I can continue to drink my ice tea throughout the day."
- "I need to lie on my back as much as possible."
- "I will only get up to use the restroom."
- "I will eat a high-protein, high-fat diet."
- "I will do gentle exercises of hands and feet."
- "I will restrict my calcium intake."

13 A nurse is performing a discharge assessment on a newborn. Identify the area the nurse should stroke to elicit the Babinski's reflex. (Move your cursor over the artwork until it changes – usually into a hand – indicating a "Hot Spot," or selectable area. Click on the Hot Spot that corresponds to the correct answer.)



foot

14 A nurse should recognize that a client whose mother is not pleased about her pregnancy will likely

- doubt her own ability to be a good mother.
- demonstrate poor parenting skills.
- draw closer to her mother for support.
- have decreased access to prenatal care.

15 Which of the following responses in the postpartum period should cause a nurse the most concern?

- Hispanic woman who insists her sister care for her
- Haitian woman who has refrigerated her placenta to take home

- Muslim woman who refuses to wear a hospital gown
- Korean woman who does not participate in self-care

16 A nurse is planning to teach a group of women who are pregnant about breastfeeding their newborns after returning to work. Which of the following should the nurse include in the instructions?

- Breast milk can be stored at room temperature for up to 12 hr.
- Thawed breast milk can be refrigerated for up to 72 hr.
- Breast milk can be stored in a deep freeze for 12 months.
- Thawed breast milk that is unused can be refrozen.

17 A woman at term gestation presents to the obstetric department with contractions occurring every 3 min and lasting 60 seconds. The client states, "My water broke 1 hr ago." Which of the following nursing interventions is the highest priority?

- Calculate estimated date of delivery.
- Determine duration and frequency of contractions.
- Perform Leopold's maneuvers.
- Assess fetal heart rate.

18 A client who delivered 6 hr ago is telling the nurse and her partner about her vaginal delivery without an epidural. After the nurse brings the newborn into the room, the client smiles and asks her partner to take the newborn while she eats. The nurse determines that the client's behavior demonstrates

- taking-hold phase and is normal behavior.
- taking-in phase and is normal behavior.
- taking-hold phase and is behavior for concern.
- taking-in phase and is behavior for concern.