

HESI MENTAL HEALTH V3 2017 55 QUESTIONS

24. Disturbed thought process.
25. A nurse is explaining a fire drill routine to a group of clients. A client becomes disruptive and continually interrupts the group. What is the nurse's best response?
26. When you interrupt, I cannot explain what to do to the group.
27. When performing a MSE on a client which assessment intervention would best assist the nurse?
28. Ask the client to interpret the proverb a stitch in time saves nine.

29. A client comes in after being in a car accident and is experiencing alcohol withdrawal, magnesium level of 1.1, cardiac dysrhythmias. What would you give first?
30. **Magnesium.**
31. A woman is just told of her husband's dx of terminal cancer. What would the nurse offer for the spouse (wife)?
32. **How would you like to be involved with your husband's care?**
33. A nurse is to remove staples from an abdominal incision, the client is very anxious. What is the most important intervention?
34. **Attempt to distract the client with general conversation.**
35. A man who was stranded on the roof of his house for two days after a natural disaster, months later ...
36. **Implement anxiety control strategies**
37. A man dx with bipolar disorder states, "I don't understand, I believe in God and have not done anything to deserve this". What is the nurse's best response?
38. **You didn't do anything wrong. You have a chemical imbalance in your brain.**
39. A client becomes upset when the nurse he requests is not assigned to him, what is the nurse's best response?
40. **Advise the client that nursing assignments are not based on client requests.**
41. A client needs to wash her hands for two hours before able to go on with her morning. She doesn't want to sit on the chairs in the dayroom for fear of getting dirty. What is this mechanism?
42. **Compulsion.**
43. A client in group is talking about her prostitution, the nurse asks her if she was abused by her parents. She states "my mother ran my father out when I was young". What defense mechanism was used?
44. **Repression.**
45. A woman calls the crisis hotline and says she has a loaded gun and is going to kill herself. To maintain patient confidentiality what would the nurse do?
46. **Contact the person the client chooses to go to the home and remove the weapon.**
47. A client with anger management issues uses belt making and bangs the leather heavily. What defense mechanisms is being used?
48. **Sublimation.**
49. A bipolar client comes into the clinic and tells the nurse that the next time she sees her sister I'm going to kill her. What should the nurse do?
50. **Inform the sister.**
51. What would be the nurse's highest priority for a newly admitted depressed client upon admission?
52. **The nurse should go through the client's belongings.**
53. Who is most prone to being abused (elder abuse)?
54. **Females over 75 living with their families.**
55. A client in the dayroom had tipped over a table and is escalating and has picked up a chair which he is threatening to throw at another client. What should the nurse do first?
56. **Go and get more staff assistance.**

57. A woman who is psychotic is carrying all of her belongings around with her because she is afraid that someone will steal it. What is the best way to establish trust?
58. **Make brief contact with the client throughout the day.**
59. In adolescent group discussing a handout on anger management, a client is becoming increasingly interruptive and talking about his home and pets. What is the nurse's most appropriate response?
60. **Redirect the client to read the handout.**
61. What is the most important intervention for a client with bulimia?
62. **Plan scheduled meals.**
63. A client comes into the ED with DTs. What should the nurse do first?
64. **Administer Ativan.**
65. What are the side effects of Resperdal?
66. **Fever, tachycardia, and sweating.**
67. A client who is refusing to take his medication is wandering on the unit and going in and out of resident's rooms. What is the priority?
68. **Wandering in and out of other client's rooms.**
69. A nurse observes a client in the dayroom talking to himself. What should the nurse do first?
70. **Ask the client if he's currently hearing voices?**
71. A client comes to the nurses' station and told the nurse that her roommate had cut her wrists in the bathroom. After assessing and dressing the wounds, what should the nurse do next?
72. **Move the client to a private room by the nurse's station.**
73. A man comes into the ER after being in a car accident with an alcohol level greater than 2, what should the nurse prepare to administer?
74. **Give Ativan (I DONT THINK THIS ONE IS CORRECT)**
75. What would be proper teaching for a client who is to start taking Antabuse?
76. **Has not had anything alcoholic to drink for the last 48 hours.**
77. Alzheimer's patient-nurse goes to do dressing change and the client refuses. What should the nurse do?
78. **Leave and come back 30 minutes later.**
79. A client is confused in an acute care hospital setting. What would support the dx of delirium instead of dementia?
80. **Delirium: Started in hospital.**
81. An elderly woman is brought to the ER with multiple stages of healing bruises. What should the nurse do?
82. **Take the woman aside and ask her about abuse.**
83. A business man is stressed about his finances, has anxiety and sleeplessness.
84. **Limit intake of sugar and caffeine.**
85. A mother comes into the clinic with her son who is being accused of a crime. She is worried her son will go to jail. What should the nurse say to the mother?
86. **Consequences of enabling behaviors.**
87. What is a common side effect of cocaine use.
88. **Heart attack.**
89. A client on LSD comes into the ER. How do you approach the client?