

VERSION 4

HESI COMMUNITY HEALTH EXAM (100 Q&A)

1. A nurse is planning a primary prevention strategy for reducing obesity in a community. Which of the following strategies should the nurse use?
educate children about nutrition and exercise at a daycare center
2. A community health nurse is developing health promotion activities for a community.

Which of the following is the highest priority action?

participate in community assessment to identify community health problems

3. A home health nurse is scheduling client visits for the day. Which of the following clients should the nurse plan to visit first?

a 79-year-old client with an exacerbation of COPD

4. A state public health nurse is asked to determine which country has the most people living in it with a diagnosis of Alzheimer's disease. Which of the following measures will determine this information?

analytic epidemiology

5. A community health nurse is reviewing laboratory results for his case load of clients. Which of the following is the highest priority finding? **a**

sputum specimen that is positive for tuberculosis

6. A nurse is triaging victims of a commuter train crash. Which of the following clients should be transported to the Emergency Department first?

an ambulatory client whose nose is bleeding and who reports feeling dizzy

7. A community health nurse is caring for clients in a culturally diverse community. Which of the following actions demonstrates accurate cultural knowledge about a specific cultural group?

include both hot and cold food items on a Hispanic client's menu

8. A nurse is caring for a client who has questions about his treatment plan. Which of the following should the nurse perform as a client advocate (select all that apply)?

provide educHESIOn to the client about the diagnosis inform the client about the provider's responsibility to provide informHESIOn assist the client in preparing questions for the provider affirm the client's decision about the treatment plan

9. A nurse is working with a client who is homeless. Which of the following is the first step that the nurse should take to advocate for this client?
- refer the client to a public homeless shelter**

10. A nurse is providing educHESIOn to a group of adolescents who are pregnant and attending high school. Which of the following informHESIOn should the nurse include in this teaching?

caffeinated beverages should be replaced with caffeine-free

11. A community health nurse is writing an emergency response plan for a day care. Which of the following should be included in the plan?
- immunizHESIOn protocol for various biological agents**

12. A community health nurse is preparing to teach accident and injury prevention. Which of the following would be the priority topic for a family with a 10-year-old child?

use if seat belts in automobiles

13. A child is brought to the school nurse by her teacher who thinks the child may have contracted rubeola. Which of the following findings supports this diagnosis? **koplik spots in the oral mucosa**

14. A home health nurse is performing an eye assessment and vision screening on an older adult client recently assigned to her care. Which of the following findings indicates a need for an intervention? **slightly yellow sclera**

15. Which of the following is an example of the responsibilities of public health nursing **informing state health officials of a potential meningitis outbreak**

16. A nurse is providing a staff development program on HIPPA regulations to the staff at a community health clinic. Which of the following comments by one of the attendees would indicate a need for further teaching?

“Demographic data that identify a client can be released without consent”

17. A nurse administers a tuberculin skin test to a client who is HIV positive. Which of the following indicates a positive reaction to the test?

Induration at infection site of 8 mm

18. After presenting several teaching sessions to a group of high school students about the harmful effects of tobacco use, a nurse evaluates the teaching to be effective when a student states which of the following

“As long as I stop smoking while I am young, none of those diseases will affect me”

19. A home health nurse is educating a client diagnosed with COPD about home oxygen use. Which of the following statements by the client indicates a need for additional teaching

“I should use wool blankets on my bed when oxygen is used”

20. A nurse is providing teaching to the wife of a client who has had a stroke regarding health-related services that will be provided in the home. Which of the following statements by the wife indicates that the teaching has been effective?

“The physical therapist will teach my husband exercises to increase hand dexterity”

21. A nurse is assisting with the development of a disaster management plan for a local community. During which of the following times should an evacuation plan be disclosed to the public

During disaster preparedness activities

22. A community health nurse is teaching a client who has tuberculosis about modes of disease transmission. The nurse recognizes that the client understands the concept when the client makes which of the following statements

“I will wear a mask when I’m in an enclosed area with other people”

23. A nurse is caring for a client who asks “can I decide not to continue with chemotherapy?” The nurse responds, “This is your choice and I’ll support whatever decision you make.” The nurse’s response is an example of which of the following ethical principles

Autonomy

24. A community health nurse is working with a family in which only the children speak English. The nurse should select a translator who is

Skilled in health-related interpretation

25. A community health nurse working with a migrant population recognizes that which of the following is necessary to provide care to this population

Offering health screenings at a community center

26. Which of the following activities is the responsibility of a case manager?

Evaluate cost effectiveness of client treatments

27. A nurse uses a secondary prevention intervention when doing which of the following **Performing hypertension screening in a community center**

28. An occupational health nurse is planning a program on early detection of breast cancer for female employees at a local business. Which of the following is the first action the nurse should take

Determine employee knowledge level of breast self-examination

29. While addressing community leaders at a forum for establishing community improvement initiatives, a public health nurse identifies which of the following groups as the fastest growing segment of the homeless population

Families with children

30. A nurse is working in an occupational health setting. Which of the following is a primary prevention activity for the nurse

Conducting smoking cessation classes

31. A parish nurse is visiting an older adult client who was recently widowed. The client tells the nurse that he no longer has a way to get to the grocery store or the doctor. Which of the following responses by the nurse is appropriate

“How would you feel about me contacting a local service that helps older adults with transportHESIOn?”

32.A case manager nurse is caring for a client being discharged post total hip arthroplasty. Which of the following activities is an example of the nurse functioning in the negotiator role

Discussing payment options with various pharmacies

33.What pHESIent would the Home Health Nurse send to the doctor first

Abdominal pain

34.A community health nurse is evaluHESIing an outbreak of hepHESIitis among adult clients in his community. Which of the following should the nurse do to identify the cause of the disease

Identify restaurants where the clients have recently eaten

35.A nurse working for a home hospice organizHESIOn recognizes that clients must meet which of the following criteria to qualify for hospice care

Documented need for palliHESIive care

36.A nurse is working with a case manager for a client who participates in a health maintenance organizHESIOn. Which of the following is characteristic of the payment structure provided under this system

The client pays the insurer a percentage of the total costs for each service rendered by the provider

37.A nurse is providing educHESIOn to a troop of local Boy Scouts regarding first aid for venomous snake bites in the event that transport to the hospital is delayed. Which of the following would be appropriate informHESIOn to include in teaching about bites to an extremity

Apply a constricting band above the bite while maintaining circulation below the bite

38. In reviewing goals of “healthy people” nurse determines the community has a significant problem preventing dental caries in children. To bring about change

WIC program intake offices

39. A nurse is providing teaching to a community group regarding smallpox. Which of the following is an appropriate response in relation to why people who received a single vaccination prior to 1980 are no longer considered protected

The vaccine does not confer life-long immunity

40. A community health nurse is conducting a community assessment. Which of the following data should be included as a component of the assessment

Resources available to address health care issues

41. A school nurse is creating a plan to address an increase in violence among high school students. Which of the following is a secondary prevention strategy that the school nurse can implement

Surveying students to identify risk factors for bullying

42. A school nurse is assessing the spinal alignment of students at a grade school. Which of the following findings indicates a child should be assessed further for scoliosis

Unilateral scapular hump when the child bends at the waist

43. A nurse is preparing to provide postmortem care for a client who is Chinese American. Which of the following should the nurse consider when providing care

The family will remain with the body until burial

44. A community health nurse is teaching a client who has active tuberculosis about disease management. Which of the following information should be included in the teaching

Provide sputum cultures until three come back negative

45. A public health nurse has received a report of several infants who attend the same daycare being diagnosed with respiratory syncytial virus (RSV). Which of the following actions should the nurse take first

Provide the staff with information regarding measures to minimize disease transmission

46. A nurse planning an education program for new inmates in a correctional facility. Which of the following topic is most important for the nurse to include in the teaching?

Communicable disease prevention

47. A school nurse is planning an educational program for parents about head lice.

The nurse should include which of the following in the program?

Combs should be placed in boiling water for 10 min.

48. A home health nurse is assessing a client who was diagnosed with congestive heart failure. Which of the following assessment finding should be reported to the provider?

Sodium level of 119

49. A nurse is educating a community about disaster planning for an upcoming hurricane season. Which of the following is an example of personal preparedness?

Recommending that each family has batteries, a radio and a flashlight

50. A community health nurse is providing instruction about infection control to the family of 5-years-old child who has impetigo contagiosus. The child has siblings living in the home. Which of the following recommendations is appropriate?

Provide the child with separate towels and lines

51. A client tells a nurse that she is planning a hiking trip. Which of the following measures should the nurse recommend minimizing the client's risk for contracting Rocky Mountain spotted fever?

Wear protective clothing

52. Several nurses affiliated with a church are developing a parish nurse group to help address the primary and secondary health care needs of the congregation. Which of the following is appropriate to include in regard to care they could provide?

Organize a flu immunization clinic with the American Red Cross.

53. A public health nurse is tracking reports of flu-like illness in the local school system. This is an example of which of the following approaches?

Prevalence rate

54. Which of the following activities would the school nurse perform in the role of a consultant?

Recommend policy changes to minimize the spread of influenza

55. A client presents to the emergency department after being exposed to anthrax. The nurse should recognize that the

Chances of recovery are good if improvement is seen in 3 to 5 days.

56. A first-response team is working at the location of a bombing incident. A nurse triaging a group of clients should give treatment priority to which of the following conditions?

Rigid abdomen with symptoms of shock

57. A home health nurse is making a home safety evaluation visit with an older adult client recently discharged from the hospital after being diagnosed with diabetes mellitus. Which of the following findings indicates a need for a corrective intervention? Select all that apply)

The hot water heater is set at 130 F.

An extension cord extends across the floor from the electrical outlet to floor lamp.

58. Primary Goal of Community Health Nursing

Enhance the individuals, families and communities

59. Nurse is working with interdisciplinary group to write procedures for assessment of clients from multiracial inner city population.

“Remember that all Hispanic clients may not wish to give personal medication information to a stranger”

Recommend changing the language that stereotypes one ethnic group

Client having trouble with peripheral vision-what best for nurse to do

orient client to surroundings (something about the

environment Risk for constipation - immobility, older adults,

dehydration, narcotics or BP medications