2021_MidTerm NRNP6665 / 2021 MidTerm Seraphin NRNP 6665 100 questions answered and graded.

written by

ACEMYWORK

Biofeedback, deep breathing, mindfulness, and progressive muscle relaxation are strategies that are typically used in which of the following therapies?

0	A Relaxation therapy
0	B Social skills training
0	C Motivational Interviewing
0	D Applied behavioral analysis
Qu	estion 2
	ording to the APA which of the following are required to support a child's \mathcal{L}

SM-The child's clinical presentation fulfills the specific symptom based

0	diagnostic criteria.
0	B The child's symptoms are not caused by other diagnoses or stressors.
0	. C The child's symptoms are impairing a child's functioning in at least two settings.
_	D A and B

Question 3

Which of the following is NOT consistent with good sleep hygiene?

0	A Allow child to keep a cell phone at bedside.
0	. B Establish bedtime routines and maintain consistently.
0	C Limit use of electronics in the evening i.e., television, computer, etc.
0	D Set and maintain a bedtime that will allow for adequate sleep.

Question 4

Which of the following antipsychotic medications have the greatest tendency to increase appetite and body weight?

0	A Aripiprazole (Abilify)		
0	B Ziprasidone (Geodon)		
0	C Haloperidol (Haldol)		
0	D Risperidone (Risperdal)		
Que	estion 5		
beer	n assessing a child with disruptive or aggressive behavior, the clinician asks "Have you thinking about or planning to hurt anyone?" to screen for which of the following nostic categories?		
0	A Safety		
0	B Bullying .		
0	C Conduct disorder		
0	D Oppositional defiant disorder		
Que	Question 6		
or a	clinician assessing substance abuse in an adolescent asks, "Did you develop more mood exiety problems after you started using?" to screen for which of the following diagnostic sibilities?		
or a	clinician assessing substance abuse in an adolescent asks, "Did you develop more mood nxiety problems after you started using?" to screen for which of the following diagnostic		
or ai	clinician assessing substance abuse in an adolescent asks, "Did you develop more mood nxiety problems after you started using?" to screen for which of the following diagnostic sibilities?		
or ai	clinician assessing substance abuse in an adolescent asks, "Did you develop more mood exiety problems after you started using?" to screen for which of the following diagnostic sibilities? A Substance use disorder		
or ai	clinician assessing substance abuse in an adolescent asks, "Did you develop more mood exiety problems after you started using?" to screen for which of the following diagnostic sibilities? A Substance use disorder B Substance withdrawal .		
or ai poss	clinician assessing substance abuse in an adolescent asks, "Did you develop more mood exiety problems after you started using?" to screen for which of the following diagnostic sibilities? A Substance use disorder B Substance withdrawal C Substance tolerance Substance induced mental		
or air poss	clinician assessing substance abuse in an adolescent asks, "Did you develop more mood exiety problems after you started using?" to screen for which of the following diagnostic sibilities? A Substance use disorder B Substance withdrawal C Substance tolerance D Substance induced mental disorder		
or air poss	clinician assessing substance abuse in an adolescent asks, "Did you develop more mood exiety problems after you started using?" to screen for which of the following diagnostic sibilities? A Substance use disorder B Substance withdrawal C Substance tolerance D Substance induced mental disorder estion 7 n the patient lacks capacity to make a decision the nurse has the ethical responsibility		

0	. C Make safe choices for the patient based on the nurse's beliefs and values.		
0	D Continue to support all the patient's choices until a surrogate can be found.		
0	estion 8		
Whe	Question 8 When assessing a child who has presented with concerns of being anxious and worried, the provider asks the child "Do you get sudden surges of fear that make your body feel shaky or your heart race?" to screen for which of the following common diagnostic possibilities?		
0	A Obsessive -compulsive disorder		
0	B Posttraumatic stress disorder		
0	C Panic disorder		
0	D Separation anxiety disorder		
Ou	estion 9		
Whi	Question 9 Which of the following antipsychotic medications has the greatest risk for weight gain and lipid changes?		
0	A Ziprasidone (Geodon)		
0	B Aripiprazole (Abilify)		
0	C Olanzapine (Zyprexa)		
0	D Quetiapine (Seroquel)		
0	action 10		
Question 10 A period of at least one week in which both a manic episode and a major depressive episode occur almost daily is consistent with which diagnosis?			
0	A Bipolar II Disorder		
0	B Cyclothymic Disorder		

0	C Bipolar I Disorder, mixed episode	
0	D Bipolar I Disorder, cyclothymic type	
_	estion 11	
VVIII	ch of the following is NOT true about symptomatology of anorexia nervosa?	
0	A Most aberrant behaviors directed toward losing weight occurs in secret.	
0	B All patients have an intense fear of gaining weight and becoming obese.	
0	C Most patients with anorexia nervosa will have no difficulty eating with their family in public places.	
0	$D_{\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ $	
Question 12 Sleep-related hallucinations occurring at sleep onset are known as which of the following?		
0	A Hypnagogic .	
0	B Hypnopompic	
0	C Complex hallucinations	
0	D Paranormal hallucinations	
Ou	estion 13	
The	theory that depression results from specific thought distortions is consistent with which ne following?	
0	A Cognitive theory	
0	B Psychosocial theory	
0	C Psychodynamic theory	
0	D Learned helplessness theory	

Question 14 Reasons for the underuse of specific mental health treatments during childhood include which of the following? A Stigma associated with mental health B Poor problem recognition C Limited availability of mental health specialists D All of the above

Question 15

Which of the following is true regarding the cultural formulation interview with a child and caregiver?

0	A Asking about a child and caregiver's cultural understanding is an efficient way to build a therapeutic alliance.
0	B While cultural understanding is important, it is important not to personalize the diagnosis.
0	C While obtaining cultural information is important, it may increase bias and thus decrease accuracy of the assessment.
0	D Engaging in a discussion about culture, while interesting and engaging, is a distraction from the problem that brought the child and caregiver to the provider.

Question 16

According to the APA, "Psychologists seek to promote accuracy, honesty, and truthfulness in the practice of psychology," reflecting which of the following ethical principles?

0	A Integrity
0	B Justice
0	C Beneficence
0	D Nonmalefice
	·

Question 17

Which of the following antidepressant medications have the greatest tendency to increase appetite and body weight?

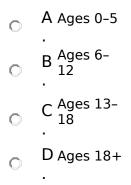
0	A Fluoxetine (Prozac)
•	B Trazodone (Desyrel)
0	C Amitriptyline (Elavil)
0	D Venlafaxine (Effexor)

Which of the following is the most common eating disorder?

0	A Bulimia nervosa
0	B Anorexia nervosa
0	C Binge eating disorder
0	D Night eating syndrome

Question 19

ADHD, impulse-control, conduct disorder, and intellectual disabilities and anxiety disorders are predominant during which of the following age ranges?



Question 20

The clinician asks the child who is being seen for labile mood "Have you felt really down depressed or uninterested in things you used to enjoy for more than 2 weeks? to screen for which of the following diagnostic categories?

•	A Suicidality
	·
0	B Bipolar disorder

0	C Major depressive disorder
0	Disruptive mood dysregulation disorder
Oue	estion 21
Whic	ch of the following disorders is characterized by episodic bouts of intake of excessive unts of food but without purging or similar compensatory behavior?
0	A Bulimia nervosa
0	B Anorexia nervosa
0	C Binge eating disorder .
0	D Night eating syndrome .
Durii patie	estion 22 In the evaluation of a patient with a history of Bipolar I Disorder, who is manic, the ent states that she is actually the Queen of England and quite wealthy. This is an inple of which of the following?
0	A Mood-congruent manic delusion
0	B Mood-incongruent manic delusion
0	C Mood-congruent manic hallucination
•	D Mood-incongruent manic hallucination
A for	estion 23 m of cognitive behavioral therapy (CBT) that requires attending skills groups in addition
to in	dividual therapy sessions are known as which of the following?
•	A Group CBT
0	B Trauma-Focused CBT
0	C Motivational Interviewing

	•
0	D Dialectical-behavioral therapy

Which of the following is consistent with recommendations for use of available evidence-based psychopharmacological interventions?

- A If a child/adolescent has mild symptoms, prescribe medications prior to psychosocial Interventions.
- B If a child/adolescent has mild symptoms, initiate psychotropic medication at the same time as appropriate psychosocial interventions are started.
- If a child/adolescent has moderate to severe range of symptoms initiate psychotropic C medication at the same time as the appropriate psychosocial interventions are started.
- D If a child/adolescent has a moderate to severe range of symptoms initiate psychotropic medication prior to initiating psychosocial interventions.

Question 25

The type of therapy typically indicated for individuals with chronic and significant suicidality and self-harm is known as which of the following?

- A Cognitive behavioral therapy (CBT)
- B Trauma-focused CBT
- C Motivational interviewing
- D Dialectical-behavioral therapy

Question 26

The average time from the start of child mental health symptoms until a young person enters mental health treatment is which of the following?

- A 4-6 weeks
- B 3-6 months
- C 1-2 years
- D 8-10

A general term for programs that teach and encourage skillful parent and caregiver responses to challenging child behaviors.

A Motivational interviewing

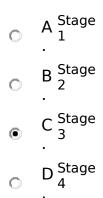
B Dialectical-behavioral therapy

C Cognitive behavioral therapy
(CBT)

D Behavioral management training

Question 28

Nightmares and night terrors are associated with disorganization and arousal during which stage of sleep?



Question 29

The right to assent of dissent from treatment for a child or adolescent is reflected in which of the following American Academy of Child and Adolescent Psychiatry ethical issues?

0	A Fidelity
•	B Autonomy
0	C Beneficence
0	D Nonmalefice

Question 30