

Exam 2 NR 222

Question 1

The nurse incorporates cultural considerations into the health teaching plan by:

- *Assessing a person's beliefs.*
- *Using medical terminology*
- *Presenting evidence-based information.*
- *Explaining that universal health practices are the best.*

Question 2

The communication of health information in a manner which is clear and understandable to the client is known as:

- *Empowerment*
- *Health literacy*
- *Health disparities*
- *Health education*

Question 3

Nurses have a responsibility to ensure health literacy when providing health education. What are some strategies that nurses can use to promote health literacy? (select all that apply)

- *Speak clearly and distinctly.*
- *Speak louder than usual.*
- *Use medical terminology.*
- *Face the person when speaking.*
- *Conclude with a summary of key points*

Question 4

The nurse utilizes strategies associated with client-centered communication by doing which of the following? (select all that apply)

- *Not being "too busy" to talk*
- *Focusing on the nurse's views*
- *Developing mutual understanding*
- *Emphasizing the technical aspects of care*
- *Using a conversational interviewing style*
- *Tuning in to the client's preferences and style*

Question 5

What are some ethical standards that nurses can utilize for interpersonal communications? (select all that apply)

- *Communicate information accurately.*
- *Take a laissez-faire approach to minimize conflict*
- *Change the subject when unsure of the correct answer.*
- *Be sensitive to gender and cultural context.*

- *Communicate verbal and nonverbal messages in a congruent manner*

Question 6

Which of the following scenarios best describes a nurse using metacommunication?

- *Using both touch and silence when counseling an individual*
- *Practicing reflection when interaction with an individual*
- *Discussing with an individual how to solve a problem*
- *Understanding that an individual needs a break before proceeding*

Question 7

The nurse is teaching a class to students of pediatric nursing on comparing the concepts of growth and development. Which statement most accurately represents these concepts?

- *Growth patterns are qualitative changes.*
- *Growth is from the head to toe or cephalocaudal.*
- *Development reflects an increase in the number and size of cells.*
- *Development is a gradual change that includes advances in skills.*

Question 8

A nurse is attending a continuing education program about growth and development. Why is it necessary that nurses are well educated about this content? (Select all that apply)

- *Can deliver anticipatory guidance to families*
- *Have a better understanding of genetics and genomics*
- *Can meet the requirements of Healthy People 2020*
- *Can provide more effective health education*

Question 9

The school nurse is working on a campaign in the school to prevent adolescent pregnancies. Which of the following interventions should the nurse implement?

- *Talk to teenagers about sex, including abstinence, contraception, and sexually transmitted diseases.*
- *Tell the teenagers they should abstain from sex until they are old enough to cope with the potential consequences such as an unwanted pregnancy.*
- *Encourage parents of all teenage girls to make sure their daughters start oral contraceptives early.*
- *Offer all teenagers free condoms when they come in for physical exams.*

Question 10

Which of the following is the third leading cause of death in adolescents between 10 and 24 years of age?

- *Accidents*
- *Suicide*
- *Cancer*
- *Sport injuries*

Question 11

The nurse is preparing an educational activity for adolescents. The primary reason that emphasis is placed on teaching testicular self-examination is because:

- *adolescents are naturally interested in their developing bodies.*
- *baseline assessment data is necessary for comparison in the future.*
- *rapid anatomical changes are occurring in the testes*
- *testicular cancer is the number one cancer in the adolescent male.*

Question 12

A nurse is planning a community health education program for young adults. Which of the following considerations should be made by the nurse?

- *The age span encompassing young adulthood is between 20 to 30 years of age*
- *The number one cause of death for young adults is injury.*
- *The number of young adults in the United States is increasing.*
- *The maternal mortality rate is at its lowest point since 1980.*

Question 13

According to *Healthy People 2020*, the leading causes of death among children and young adults are due to injuries from which of the following?

- *Homicide*
- *Suicide*
- *Burns*
- *Motor Vehicle Crashes*

Question 14

Taking into account all of the agents that affect middle-age adults, the nurse plans a health education workshop focused on developing an individualized lifestyle change program for each participant. Which of the following actions should the nurse stress that individuals take first?

- *Limiting unprotected exposure to sun*
- *Starting a smoking cessation program*
- *Exercising at least three times a week*
- *Scheduling a complete physical and dental exam*

Question 15

A nurse is conducting a community education program about cognition in older adults. Which of the following information should be included?

- *Some form of mild dementia is a normal part of aging.*
- *All forms of dementia have the same symptoms, but progress at different rates.*
- *Assessment for dementia should be part of routine physical exams.*
- *Elders who score below 27 points on the Mini-Mental State Exam (MMSE) are not likely to have a cognition problem.*