

**NR 509 Week 2 Shadow Health Respiratory
Physical Assessment|Completed|ALL TABS
INCLUDED:Chamberlain College Of Nursing**

written by

proficient

Respiratory Results | Turned In

Advanced Health Assessment - Chamberlain, NR509-April-2018

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Transcript

Started: May 11, 2018 | Patient Exam Time: 168 min

All Lines (177)

Interview Questions (91)

Statements (21)

Exam Actions (65)



Hello my name sara an FNP student and I will be interviewing you today.

Greet
05/11/18 12:39 PM
CDT



Hey.



Can you please state your name for me?

Question
05/11/18 12:39 PM
CDT



Tina Jones.



Your date of birth?

Question
05/11/18 12:39 PM
CDT



February 17th.



Year of birth please? (Clarified to What year were you born.)

Question
05/11/18 12:40 PM
CDT



I was born in . . . [Ms. Jones reports correct birth year.] [AUDIO COMING SOON]



How old are you ms. Jones? (Clarified to how old are you.)

Question
05/11/18 12:40 PM
CDT



I'm 28.



What brings you in today?

Question
05/11/18 12:41 PM
CDT



I came in because I've been having breathing problems, and my inhaler just isn't working the way it normally does.



Why did you decide to seek treatment?

Question
05/11/18 12:42 PM
CDT



I came in because I've been having breathing problems, and my inhaler just isn't working the way it normally does.



I'm sorry to hear that you're having breathing problems.

Empathize
05/11/18 12:42 PM
CDT



Thanks for saying that.



What medical problems do you have?

Question
05/11/18 12:43 PM
CDT



Well. . . I've had asthma since I was really little, though for a while there it wasn't really much of a problem. And I have sugar diabetes, too.



What medication do you use for asthma?

Question
05/11/18 12:53 PM
CDT



It's just a regular Proventil inhaler.



How often do you use your Proventil inhaler?

Question
05/11/18 12:53 PM
CDT



I've been using it probably every. . . four hours or so, I'd say.



When did your symptoms start?

Question
05/11/18 12:53 PM
CDT



I don't know if I'd call it an asthma attack, but my asthma started acting up two days ago at my cousin's house. She has cats, and I'm allergic, so I'm used to it being a problem there, but usually the inhaler fixes it. . . it doesn't feel totally under control, though.



I'm sorry you're having difficulty with your breathing problems.

Empathize
05/11/18 12:56 PM
CDT



Thanks.



How long have you had breathing problems?

Question
05/11/18 12:56 PM
CDT



My breathing's been acting up off and on for the past two days.



How frequent are your shortness of breath episodes?

Question
05/11/18 12:57 PM
CDT



Maybe as much as every four hours? It's a lot.



And how long do your shortness of breath episodes last? (Clarified to how long does an episode last.)

Question
05/11/18 12:57 PM
CDT



I haven't had a full attack in years, but usually once I use my inhaler it only takes a minute or two for my breathing to go back to normal. . . that's not what's been happening recently, though.



How long did your last episode last?

Question
05/11/18 1:00 PM
CDT



I haven't had a full attack in years, but usually once I use my inhaler it only takes a minute or two for my breathing to go back to normal. . . that's not what's been happening recently, though.



How many times have you had breathing problems in the past 2 days?

Question
05/11/18 1:02 PM
CDT



Well. . . it's kind of hard to count because my breathing's been at least a little bad most of the past two days, but it's really acted up, like with wheezing and everything, probably every four hours or so-- like five times each day.



Is your asthma keeping you up at night?

Question
05/11/18 1:04 PM
CDT



My asthma doesn't usually wake me up, but it has the past couple nights.



How severe are your symptoms? (Clarified to How bad was your asthma attack.)

Question
05/11/18 1:05 PM
CDT



My asthma used to be really scary. I haven't had a full attack in years, and if you had asked me before this I would have said my asthma wasn't that bad anymore, but the last couple days I've had a lot of trouble breathing.



How severe is your asthma?

Question
05/11/18 1:06 PM
CDT



My asthma used to be really scary. I haven't had a full attack in years, and if you had asked me before this I would have said my asthma wasn't that bad anymore, but the last couple days I've had a lot of trouble breathing.



Is there anything you can't do because of your asthma?

Question
05/11/18 1:07 PM
CDT



There usually isn't anything I can't do because of my asthma. . . I guess I try to avoid things that make my breathing worse, but that's about it. The past couple days, though, it's been hard to do anything.



Do you wheeze during an asthma exacerbation?

Question
05/11/18 1:09 PM
CDT



During a full attack, I would wheeze a lot, like I couldn't breathe at all, but until the past couple days, I would usually just wheeze a little when I had breathing problems.



Are you having any chest tightness?

Question
05/11/18 1:10 PM
CDT



It's not so bad right this second, but it's been pretty tight lately, like I can't take in air.



Have you been coughing?

Question
05/11/18 1:10 PM
CDT



I've been coughing a lot, yeah.



How long have you had the cough?

Question
05/11/18 1:11 PM
CDT



Since my asthma acted up two days ago.



How would you describe the cough?

Question
05/11/18 1:11 PM
CDT



Um. . . I guess I'd describe it as a small, dry cough.



What makes your cough better?

Question
05/11/18 1:11 PM
CDT



Drinking some water helps a little, as long as the water isn't too cold.



Have you tried to treat your cough?

Question
05/11/18 1:12 PM
CDT



I haven't taken medicine for it or anything.



Is your asthma worse at night?

Question
05/11/18 1:13 PM
CDT



It has been the past couple nights, yeah.



Does lying on your back make your asthma worse?

Question
05/11/18 1:14 PM
CDT



Just recently lying on my back has definitely made my breathing worse.



To try to help your breathing you may want to elevate your head with two pillows.

Educate
05/11/18 1:14 PM
CDT



OK, I understand.



Inspected anterior chest wall

Exam Action
05/11/18 1:36 PM
CDT



Inspected anterior chest wall

Exam Action
05/11/18 1:43 PM
CDT



Inspected left side chest wall

Exam Action
05/11/18 1:43 PM
CDT



Inspected anterior chest wall

Exam Action
05/11/18 1:44 PM
CDT



Inspected right side chest wall

Exam Action
05/11/18 1:44 PM
CDT



Inspected anterior chest wall

Exam Action
05/11/18 1:44 PM
CDT



Palpated chest expansion: Both sides rise symmetrically

Exam Action
05/11/18 1:46 PM
CDT



Palpated fremitus in anterior upper chest wall: Equal bilaterally, expected vibration

Exam Action
05/11/18 1:48 PM
CDT



Ninety-nine.



Palpated fremitus in anterior lower chest wall: Equal bilaterally, expected vibration

Exam Action
05/11/18 1:48 PM
CDT



Ninety-nine.



Palpated fremitus in posterior upper chest wall: Equal bilaterally, expected vibration

Exam Action
05/11/18 1:50 PM
CDT



Ninety-nine.



Palpated fremitus in posterior middle chest wall: Equal bilaterally, expected vibration

Exam Action
05/11/18 1:50 PM
CDT



Ninety-nine.



Palpated fremitus in posterior lower chest wall: Equal bilaterally, expected vibration

Exam Action
05/11/18 1:50 PM
CDT



Ninety-nine.



Percussed anterior left upper lobe

Exam Action
05/11/18 1:52 PM
CDT



Percussed anterior right upper lobe

Exam Action
05/11/18 1:52 PM
CDT



Percussed anterior left mid-chest (upper lobe)

Exam Action
05/11/18 1:52 PM
CDT



Percussed anterior right middle lobe

Exam Action
05/11/18 1:52 PM
CDT



Percussed anterior left lower lobe

Exam Action
05/11/18 1:52 PM
CDT



Percussed anterior right lower lobe

Exam Action
05/11/18 1:52 PM
CDT



Percussed posterior right upper lobe

Exam Action
05/11/18 1:53 PM
CDT



Percussed posterior left upper lobe

Exam Action
05/11/18 1:53 PM
CDT



Percussed posterior right mid-back (lower lobe)

Exam Action
05/11/18 1:53 PM
CDT



Percussed posterior left mid-back (lower lobe)

Exam Action
05/11/18 1:53 PM
CDT



Percussed posterior right lower lobe

Exam Action
05/11/18 1:53 PM
CDT



Percussed posterior left lower lobe

Exam Action
05/11/18 1:53 PM
CDT



Percussed posterior left lower lobe on side

Exam Action
05/11/18 1:53 PM
CDT



Percussed posterior left lower lobe near spine

Exam Action
05/11/18 1:53 PM
CDT



Percussed posterior right lower lobe near spine

Exam Action
05/11/18 1:53 PM
CDT



Percussed posterior right lower lobe on side

Exam Action
05/11/18 1:53 PM
CDT



Auscultated breath sounds in anterior left upper lobe

Exam Action
05/11/18 1:54 PM
CDT



Auscultated breath sounds in anterior right upper lobe

Exam Action
05/11/18 1:55 PM
CDT



Auscultated breath sounds in anterior right middle lobe

Exam Action
05/11/18 1:55 PM
CDT



Auscultated breath sounds in anterior left mid-chest (upper lobe)

Exam Action
05/11/18 1:55 PM
CDT



Auscultated breath sounds in anterior left lower lobe

Exam Action
05/11/18 1:56 PM
CDT



Auscultated breath sounds in anterior right lower lobe

Exam Action
05/11/18 1:56 PM
CDT



Auscultated breath sounds in posterior right upper lobe

Exam Action
05/11/18 1:56 PM
CDT



Auscultated breath sounds in posterior left upper lobe

Exam Action
05/11/18 1:56 PM
CDT



Auscultated breath sounds in posterior left mid-back (lower lobe)

Exam Action
05/11/18 1:56 PM
CDT



Auscultated breath sounds in posterior right mid-back (lower lobe)

Exam Action
05/11/18 1:56 PM
CDT



Auscultated breath sounds in posterior right lower lobe

Exam Action
05/11/18 1:57 PM
CDT



Auscultated breath sounds in posterior left lower lobe

Exam Action
05/11/18 1:57 PM
CDT



Auscultated breath sounds in posterior left lower lobe on side

Exam Action
05/11/18 1:57 PM
CDT



Auscultated breath sounds in posterior left lower lobe near spine

Exam Action
05/11/18 1:57 PM
CDT



Auscultated breath sounds in posterior right lower lobe near spine

Exam Action
05/11/18 1:57 PM
CDT



Auscultated breath sounds in posterior right lower lobe on side

Exam Action
05/11/18 1:57 PM
CDT



Auscultated voice sounds in anterior left upper lobe

Exam Action
05/11/18 2:01 PM
CDT



Ninety-nine.



Ninety-nine.



Auscultated voice sounds in anterior right upper lobe

Exam Action
05/11/18 2:01 PM
CDT



Ninety-nine.