

NURSING NRNP 6550 I-Human: Ken Fowler V5: Advanced Care of Adults in Acute Settings II

FILL OUT THIS TEMPLAT AS YOU GO THROUGH THE I-HUMAN PATIENT MODULE SOYOU
KNOW WHAT YOU ARE DOING AS YOU GO.

Name: Ken Fowler

Age: 70 years

Sex: M

Ht: 5'10" (178.0 cm)

Wgt: 190 lb (86.0 kg) (BMI 27.3)

NOTES FROM i-HUMAN ASSESSMENT:

- 1) Observations: warm and sweaty
- 2) Chief complaint: Nausea and fatigue

QUESTIONS: (ask the patient up to 100 questions)

- 1) **How can I help you today?** "I went to see my doctor this morning because I have been feeling bad for the past few days. I'm tired, with **nausea** & **vomiting**. Well, he examined me and ordered some labs, and then told me that "kidneys are failing," something about a big change in my creatinine and that I needed to come to the emergency department. He told me to bring the test results here with me. [Test resultstoday: creatinine 3.2 mg/dL; 1 month ago Test results 1.1 mg/dL; urine protein = 400 mg microalbuminuria] Do you understand what all that means? I sure don't!"
- 2) **Do you have any other symptoms or concerns we should discuss?** I also feel **exhausted**, probably from all the vomiting and not eating.
- 3) **When did your nausea start?** It started **three days ago**, I woke up feeling nauseous and started throwing up everything I ate.
- 4) **What are the events surrounding this start of your nausea and vomiting?** Nothing really happened that I can think of.
- 5) **Do you have difficulty breathing?** Uh... no.
- 6) **When do you fatigue start?** Just the last few days.
- 7) **Do you have a problem with fatigue/tiredness?** **Yup**
- 8) **Does your fatigue come and go?** No.
- 9) **Have you gained or lost weight or intentionally, despite normal appetite and exercise?** Uh... no.
- 10) **Have you gained weight?** No.

- 11) Has there been a change in your urination frequency? *Actually, I have been peeing less recently.*
- 12) What is the color of urine, has it changed recently? *It's usually fine, but I have been peeing less recently*
- 13) Does anything make your fatigue/tiredness better or worse? *No.*
- 14) Do you have pain anywhere? If so where? *I hurt my back last week, but that's fine now.*
- 15) Have you noticed swelling in any part of your body? *No*
- 16) *Can you tell me about any current or past medical problems she had? I have high blood pressure. I take medications for that. I was told last month my blood pressure has caused some kidney damage. Something about my protein in my urine. Oh, about a week ago I pulled my back lifting a heavy carton when I was cleaning out my garage. It was pretty painful so I took something for the pain. My back is really pretty good right now, but then this nausea vomiting began.*
- 17) Any previous medical, surgical, or dental procedures? *Yes. I had my tonsils out as a kid and then my appendix out about 35 years ago now.*
- 18) What treatments have you had for the pain in your back? *Just Naproxen.*
- 19) *Are you taking any prescription medications? I take lisinopril, metoprolol, and hydrochlorothiazide for BP. I have not taken anything for the last 24 hours because I feel so sick, can't keep the pills down.*
- 20) Do you have any pain in your back? *Not anymore*
- 21) *When you urinate, have you noticed any pain, burning, blood, difficulty starting or stopping, dribbling, incontinence, urgency during day or night, or any changes in frequency? Uh, no. In fact, I am barely peeing at all.*
- 22) When are the events surrounding the start of your difficulty urinating? *That's not a problem for me.*
- 23) When you pee, is a stream or flow of urine weak or do you dribble? *No*
- 24) *Do you have problems with nausea, vomiting, constipation, diarrhea, coffee grounds in your vomit, dark tarry stool, bright red blood in your bowel movements, early satiety or bloating? Yes, I have already told you about my nausea and vomiting. But none of the other stuff. My poop is normal*
- 25) *How severe is your nausea and/or vomiting? I have not eaten much of anything in the last three days, so I am not sure how to answer that question. Vomiting is a miserable business so for me it is bad.*
- 26) *Does anything make your nausea and/or vomiting better or worse? It does get worse when I eat, that's why I haven't eaten much.*
- 27) What treatments have you had for nausea and/or vomiting? *Nothing*
- 28) *Do you have any problems with fatigue, difficulty sleeping, or intentional weight loss or gain, fevers, or night sweats? Yeah I feel exhausted, but I think it is because of my nausea... just keeps me up at night. No fevers*
- 29) Does your fatigue/tiredness improve after a good night's rest? *No*
- 30) *What does your vomit look like? Clear or residual food particles, but I haven't eaten for over 24 hours*
- 31) When do you nausea and/or vomiting start? *It started 3 days ago, I woke up feeling nauseous and started throwing up everything I ate.*
- 32) Do you have diabetes? *Uh... no.*

- 33) What are the events surrounding the start of your back pain? *I picked up a box the wrong way.*
- 34) When was the last physical? *Don't remember*
- 35) Do you have kidney problems? *Not up to now. My doctor sent me here because he was worried about that.*

HINT: 1 of 5

You have asked 10 key questions. 23 key questions remain. You need:

- 4 more in Patient Orientation
- 4 more in Chief Complaint Sx/Sx Characteristics
- 3 more in Associated Symptoms
- 2 more in PMH
- 1 more in SH
- 9 more in ROS

Your current Hx efficiency is 9%.

- 36) What is your name? *Ken Fowler*
- 37) Where are you? *In the Emergency Room*
- 38) What time is it? *Around 4:50 pm*
- 39) How old are you? *Didn't you read my chart?*
- 40) Do you leak urine (urine incontinence)? *No.*
- 41) When and what were the results of your last prostate exam? *Not that long ago. It was normal.*
- 42) Does anything make your fatigue/tiredness better or worse? *No.*
- 43) How often are you nauseous or vomiting? *It's just been the last few days.*
- 44) What are the events surrounding your fatigue/tiredness? *It started about the same time as all the vomiting.*
- 45) Do you have any other symptoms associated with your fatigue/tiredness? *Just nasty I'm vomiting. I feel so weak with it*
- 46) Do you become more weak or tired with exertion? *I am so tired without even doing anything.*
- 47) Do you have any muscle pain or cramping? *My back hurt last week, but it's better now.*
- 48) How much water/fluid do you drink a day? *It is hard to keep anything down, I haven't been able to drink even water.*
- 49) Do you drink alcohol? If so, what do you drink and how many drinks per day? *I drink a glass of wine with dinner frequently once or twice per week, but I have not done that for over a week now.*
- 50) Do you now or have you ever smoked or chewed tobacco? *I've never smoked*
- 51) Do you use any recreational drugs? If so what? *Uh... no*
- 52) Do you drink caffeine beverages or eat chocolate? *Usually two cups of coffee in the morning.*
- 53) Do you have any allergies? *No*

- 54) Are you taking any over the counter or herbal medication? I am not taking anything now, but when I strained my back I started taking naproxen. I guess that was about 7 to 10 days ago. It took a couple of pills twice a day. It really helped my pain. Do you think they screwed my stomach and that is why I have so much nausea?
- 55) When that you last take your medication? This morning.
- 56) Do you have any problems with itchy scalp, skin changes, moles, thinning of the hair, or brittle nails? Uh... no
- 57) Do you have any problems with headaches that don't go away with aspirin or Tylenol, double blurred vision, difficulty with night vision, problems hearing, ear pain, sinus problems, chronic sore throat, or difficulty swallowing? Nope
- 58) Do you experience chest pain discomfort or pressure, pain/pressure/dizziness with exertion or getting angry, palpitations, decrease exercise tolerance, or blue/cold fingers and toes? Not at all. But I am not worried about my heart or anything should I be?
- 59) Do you experience shortness of breath, wheezing, difficulty catching your breath, chronic cough, or speeding production? No
- 60) Do you have problems with muscle or joint pain, redness, swelling, muscle cramps, joint stiffness, joint swelling or redness, back pain, neck or shoulder pain, or hip pain? Nope
- 61) Have you noticed any bruising, bleeding gums, nosebleeds, or other sites of increase bleeding? No.
- 62) Do you have problems with heat or cold intolerance, increased thirst, increase sweating, frequent urination, or change in appetite? I feel a bit thirsty, but the nausea keeps me from drinking because I am afraid all I will do is vomit it up back up. I just hate vomiting.
- 63) Do you have any problems with, fainting, spinning room, seizures, weakness, numbness, tingling, or tremor? No this is, but I am a bit lightheaded when I stand up and when I feel weak and exhausted. Not tingling or numbness or actually passing out.
- 64) Do you have problems with nervousness, depression, lack of interest, sadness, memory loss, or mood changes, or ever hear voices or seen things that you know are not there? Before getting sick, no.
- 65) Have you been feeling sad, depressed or hopeless, if so how often do you feel this way? Uh, no.
- 66) Have you been more irritable or angry lately? No.
- 67) How would you describe your moods? Pretty good. I don't think that's my problem.

HINT: 2 of 5

You have asked 25 key questions. 8 key questions remain. You need:

- 1 more in Patient Orientation
- 4 more in Chief Complaint Sx/Sx Characteristics
- 3 more in Associated Symptoms

Your current Hx efficiency is 28%.

- 68) Can you describe how you felt? *Uh... why are you asking me this?*
- 69) Can you describe what you were doing when you felt like headed? *Nothing. I just stood up is all.*
- 70) Do you have any other symptoms or concerns we should discuss? *I also feel exhausted, proud from older vomiting and not eating.*
- 71) Do you have any pain in your flanks? *Uh... no*
- 72) Do you ever feel/have a problem with Lightheadedness?
- 73) When did your lightheadedness is start? *Just the last day or so.*
- 74) Have you had problems with low blood pressure before? *I don't have that problem*
- 75) How severe is your blood pressure? *Not bad period when I check it my blood pressure is usually 124 to 134*
- 76) Do you have any history of high lipids or triglycerides? *Uh... no*
- 77) When do you have blood pressure start? *About 10 years ago*
- 78) What do you think might be causing your symptoms? *It's all jumbled to me. The lab results and all that. I hope you can figure out and make me feel better.*
- 79) What did the pain in your back feel like? *My back does not hurt anymore*
- 80) Have you recently lifted something heavy or used your back initial waist or posture? *Yes the box in my basement and that's what caused the pain in my back. But that's gotten better now.*
- 81) How do you injure yourself? *I didn't hurt myself*

HINT: 2 of 5

You have asked 25 key questions. 8 key questions remain. You need:

- 1 more in Patient Orientation
- 4 more in Chief Complaint Sx/Sx Characteristics
- 3 more in Associated Symptoms

current Hx efficiency is 23%.

- 82) Do you feel unwell, not normal or just "not yourself" (malaise) lately? *Not generally, but I sure don't feel well right now.*
- 83) How is your overall health? *Pretty good, up till now.*
- 84) Are there any diseases that run in your family? *My father had died when he was 65. He had high cholesterol and bad heart. My mother had rheumatoid arthritis but died from his stroke. My sister is in treatment for breast cancer.*
- 85) When did you last urinate? *Do you really need to know that?*
- 86) Do you urinate frequently during the night? *No more than most guys my age I suppose.*
- 87) Have you passed any stones in your urine? *No*
- 88) Is your urine pink or red in color (blood in the urine)? *No.*
- 89) When you urinate, do you feel that you could not completely empty your bladder? *Nope*
- 90) Does anything make your lightheadedness better or worse? *Standing up is what causes it. I haven't kept anything down for the last three days. Maybe if I felt better I will get better.*