

NRNP 6675 Final Exam (2 Versions, 200 Q & A, Latest-2023) / NRNP 6675N Final Exam / NRNP6675 Final Exam / NRNP-6675N Final Exam: Walden University | 100% Verified Q & A

1. Concerns when treating geriatric clients with psychotherapeutic drugs include all of the following

EXCEPT:

- A. Elderly persons may be more susceptible to adverse effects of psychotherapeutic drugs.
- B. Elderly persons may metabolize psychotherapeutic drugs more slowly.
- C. Elderly persons may metabolize psychotherapeutic drugs more rapidly.
- D. Elderly persons may excrete psychotherapeutic drugs

more slowly. Question 2

The treatment of others equitably and distribution of benefits/burdens fairly is known as which of the following?

- A. Fidelity
- B. Justice
- C. Beneficence D. Non-maleficence

Question 3

Persons who subordinate their own needs to those of others, get other to assume responsibility for major areas of the lives, lack self-confidence, and may experience intense discomfort when alone for more than a brief period of time are demonstrating characteristics consistent with which of the following personality disorders?

- Avoidant personality disorder
- Passive personality disorder

C.

Dependent
personality
disorder

D. Antisocial personality disorder

Question 4

According to Sullivan, which of the following are consistent with a mentor/mentee relationship?

- Mentors are assigned
- Mentor relationships are shorter term

C. Goals for the mentoring relationship are set mutually.

D. A and B only

Question 5

A form of child abuse in which a parent or caretaker repeatedly fabricates or actually inflicts injury or illness in a child for whom medical intervention is then sought, often in an emergency setting, is known as which of the following?

- Korsakoff's syndrome
- Snyder's syndrome
- Munchausen syndrome

D.

Munchausen
syndrome by proxy

Question 6

The need for nurse practitioners to practice to the full extent of their education and training is necessary for which of the following reasons? Select all that apply.

- The growth in number and proportion of older Americans

B. The projected primary care physician shortage by 2025

C. Increased number of individuals who have access to healthcare

D. The economic push for cost-effective healthcare

Question 7

The ARNP assessing lifestyle as a social determinant of health would ask about which of the following?

A. Diet

- Education
- Health literacy - Inherited diseases

Question 8

In educating the patient beginning to take Lithium, the ARNP explains which of the following related to diet and fluid intake?

- Caffeine and alcohol act as hydration agents and can raise your lithium concentrations.
 - Drink at least a gallon or more of water per day and limit your salt intake.
 - If you go on a diet, your doctor may need to increase frequency of blood tests. D.
- All of the above
- Question 9

The goal of psychotropic treatment is to eliminate all manifestations of a disorder to below the syndromal threshold, which is defined as which of the following?

A. Response

B. Remission

C. Resistance D. Sensitization

Question 10
The NP can impact health policy and healthcare by doing which of the following?

- Become an active member of local, state, and/or national NP organizations.
- Become familiar with the resources available on NP organization websites.
- Volunteer to serve on legislative committees within professional NP organizations.

D. All the above

Question 11

A term used to describe individuals and families who are found to live in overcrowded homes, relocate frequently, and struggle to pay rent and monthly expenses is which of the following?

- Homelessness-Housing instability
- Transiency

D. A and B

Question 12

Which of the following is consistent with current literature regarding the epidemiology of dependent personality disorder?

- Dependent personality is more common in men than in women.
- Dependent personality disorder is more common in young children than in older ones.

C. Persons with chronic physical illness in childhood may be most susceptible to this disorder.

- B and C only

Question 13

clients who injure themselves by self-mutilation (i.e., cutting their skin) but who usually do not wish to die are said to have which of the following?

- Suicide intent
- Suicidal ideations

C. Parasuicidal behavior D. Aborted suicide attempt

Question 14

The NP preceptor should have which of the following?

- Knowledge of the NP role
- The ability to be a role model for the preceptee
- Solid clinical skill set in the specialty for which the NP student is being precepted

D. All the above

Question 15
The treatment of choice for clients with histrionic personality disorder include which of the following?

- Psychoanalytic oriented individual psychotherapy
- Psychoanalytic oriented group psychotherapy
- Exposure therapy

D. A or B

Question 16

The antipsychotics which are most likely to cause neuroleptic-induced parkinsonism are which have which of the following effects?

- High potency drugs with low levels of anticholinergic activity.
 - Low potency drugs with low levels of anticholinergic activity.
- C. High potency drugs with high levels of anticholinergic activity.
- D. Low potency drugs with high levels of anticholinergic activity.

Question 17

Treatment aimed at reducing intimate partner violence and domestic violence includes which of the following?

- Enhancing self-efficacy of the victim.
- Reducing recidivism of the abuser.
- Hormonal therapy for the perpetrator of abuse

D. A and B only

Question 18

A patient presents with a formal, tense manner. He reluctantly reports a longstanding (since early adulthood) pervasive suspiciousness of others, preoccupied with trustworthiness of friends, unjustified concerns about others deceiving him, angry about perceived insults and slights, reluctant to confide in the

ARNP. The ARNP suspects the patient likely has which of the following personality disorders?

- A. Schizoid personality disorder
- B. Paranoid personality disorder
- C. Borderline personality disorder
- D. Antisocial

personality

disorder

Question 19

Which of the following is consistent with current perspectives on nurse practitioner competencies?

A

The National Organization of Nurse Practitioner Faculties has developed a list of core competencies that all students should have upon graduation from a master's program. B

Nursing specialty organizations DO NOT publish competencies for NPs who provide care in specialty areas.

C

Employers DO NOT establish their own set of competencies. D

There are national standards for judging/evaluating nurse practitioner competencies. Question 20

Which of the following core competencies are quality competencies?

- Uses best available evidence to continually improve quality of practice.
- Integrates ethical policies in decision making.
- Evaluates the relationships among access cost quality safety and their influence on health

care. D. A and C Question 21

Which of the following are criteria for a particular suicide to be considered inevitable?

- Strong genetic history of suicide in one or more family members.
- A strong genetic loading of mental illness in the family.
- The patient must have received the highest standard of treatment and that treatment failed.

D. All of the above.

Question 22

The misuse of the charge's funds for personal gain is known as which of the following?

- Neglect
- Physical abuse

C. Financial abuse/exploitation

- Emotional/psychological abuse

Question 23

Which of the following professionals would be able to precept a nurse practitioner student?

- An advanced registered nurse practitioner
 - A physician
 - A unlicensed social worker D. A and B

According to Freud, passive and dependent personality traits are associated with which stage of development?

A. Oral stage

- Anal stage
- Phallic stage-Latency stage

Question 25

Self-injurious behavior with a nonfatal outcome, accompanied by explicit or implicit evidence that the person intended to die, is most specifically known as which of the following?

A. Suicide

B. Suicide intent

C. Suicide attempt D. Aborted suicide attempt

Question 26

The incidence of suicide is highest for which of the following populations?

- Older Latino men
- Older Caucasian men
- Older Caucasian women

D. Older

African

American men

Question 27

"Assumes complex and advanced leadership roles to initiate and guide change" is a NP core competency for which NP competency area?

- Policy competencies
- Quality competencies

C. Leadership competencies D. Practice inquiry competencies

Question 28

At a minimum, a psychiatric evaluation in an emergency should include which of the following? Select all that apply.

- A. Is the patient psychotic?
- B. Is the patient suicidal or homicidal?
- C. Is the problem organic, functional, or a combination?

D. Is it safe for the patient to be in the emergency room?

Question 29

Which stage of the cycle of domestic violence is characterized by the abuser subconsciously implementing defense mechanisms and cognitive distortions to alleviate the ego dystonic implication of the abuse?

- Sweetheart phase
- Honeymoon phase-Tension building phase
- D. Defensive phase

Question 30

An ARNP takes a position in which the ARNP is guaranteed a set salary but can make additional salary if he or she generates practice income over some set amount. This is known as what type of pay structure?

- Fee for service
- Average percentage of net receipts
- C. Base salary plus percentage
- D. Hourly rate with bonus

Question 31
A patient with history of schizophrenia, currently prescribed Haldol, presents to the emergency department with hyperthermia, muscle rigidity, autonomic instability, and elevated phosphokinase. The ARNP recognizes these symptoms are consistent with which of the following psychiatric emergencies?

- Nutmeg intoxication
- Bromide intoxication
- C. Extrapyramidal symptoms
- D. Neuroleptic malignant syndrome

Question 32

clients with extreme sensitivity to rejection who are socially withdrawn because they consider themselves socially inept, although are not asocial, and show a great desire for

companionship are

demonstrating symptoms most consistent with which of the following personality disorders?

A.

Narcissistic
personality
disorder

B. Avoidant personality disorder

C. Borderline personality disorder

D. Schizoid

personality

disorder

33

Non-pharmacological treatment for abuse includes all of the following EXCEPT:

- Cognitive behavioral therapy
- Build a community of support
- Assist patient to devise safe escape plan

D. Involve the abuser in the

treatment planning

Obsessive-compulsive, dependent, and avoidant personality traits are associated with which of the following personality clusters

- Cluster A
- Cluster B

C. Cluster C

Cluster D

Question 35

Which of the following is the therapeutic blood level range for lithium?

A. 0.2-1.0 mEq/L

B. 0.3-0.8 mEq/L

C. 0.3-1.2 mEq/L

D. 0.5-1.5 mEq/L

Question 36

The obligation to not inflict harm or balancing unavoidable harm with benefits of good achieved is known

as which of the following?

- Fidelity
- Beneficence

C. Non-maleficence D. Respect for autonomy

Question 37

Which of the following is not consistent with guidelines for a mentor? A

Reassure the mentee that the mentor is available at any time of need. B

Review basic concepts to ensure the mentee has the fundamentals prior to starting the mentoring process.

C

Be prepared to fill the meeting time with specific issues and objectives.

D

Be specific and kind when giving constructive feedback that may not be what the mentee might want to hear.

Question 38

An ARNP takes a position in which a specific amount is paid according to a set job description. This type of pay structure is known as which of the following?

- Straight salary
- Average percentage of net receipts
- Base salary plus percentage D. Hourly rate

Acknowledging a person's right to make choices, to hold views, and to take actions based on personal value is known as which of the following?

- Justice
- Fidelity
- Beneficence D. Respect for autonomy

Question 40

Narcissistic, borderline, antisocial, and histrionic subtypes are associated with which of the following Personality disorders?

A. Cluster A

B. Cluster B

C. Cluster C

D. Cluster D

Question 41

Using the LIAASE: A General Cultural Competence Tool, the ARNP would do which of the following?

- Agree to disagree on differences in values.
- Solicit other options or points of view.
- Acknowledge and validate powerful emotions when expressed.

D. All of the above.

Question 42

Being knowledgeable about one's own thoughts, feelings, and sensations as well as the ability to reflect on how these can affect one's interactions with others is known as which of the following?

A. Cultural Awareness - Cultural Competence

- Cultural Humility
- Cultural Sensitivity

Question 43

The ARNP recognizes which of the following as long-term effects of sex trafficking on victims? - Severe depression

- Spiritual questions
- Trauma bonding

D. All of the above

Question 44

Which of the following is used for treating alcohol-dependent individuals seeking to continue to remain alcohol free after they have stopped drinking?

- Tacrine
- Amantadine
- Galantamine

D. Acamprosate

Question 45

All of the following are risk factors for sexual assault EXCEPT

A. Religion

- Serious mental illness
- Substance use disorder-Family history of sexualabuse

Question 46

A personality disorder characterized by emotional constriction, orderliness, perseverance, stubbornness, indecisiveness, and a pervasive pattern of perfectionism and inflexibility is known as which of the following?

- Depressive personality disorder
- Borderline personality disorder
- Dependent personality disorder

D. Obsessive-compulsive personality disorder

Question 47

A patient with a history of alcohol use presents to the emergency department with oculomotor disturbances, cerebellar ataxia, and confusion. The ARNP recognizes these symptoms as consistent with which of the following psychiatric emergencies?

- Akathisia
- Korsakoff's syndrome
- Wernicke's encephalopathy D. Idiosyncratic alcohol intoxication

Question 48

A patient on lithium with a history of alcohol use disorder presents with dry mouth, ataxia, dizziness, abdominal pain, and slurred speech. The ARNP should do which of the following?

The ARNP recognizes this is likely a relapse on alcohol so sends the patient home to sleep it off.

B

The ARNP recognizes these are symptoms of mild to moderate lithium toxicity, decreases the

lithium by half, and encourages the patient to drink more fluids. C

.
The ARNP recognizes these are symptoms of mild to moderate lithium toxicity, discontinues the lithium immediately, orders lithium level, serum electrolytes, and renal function tests. D

.
The ARNP recognizes these are symptoms of moderate to severe lithium toxicity, discontinues the lithium and tells the patient hemodialysis will most probably be needed.

Question 49

"Walking on eggshells" and appeasement and avoidance behaviors by the victim is characteristic of which phase of the cycle of domestic violence?

- Honeymoon phase-Abusive incident phase-Tension-building phase

D. Refractory phase

Question 50

Which of the following is inconsistent with current literature about victims of sexual abuse?

A

All victims of sexual abuse are aware that they are in an abusive relationship.

B

.
Victims of sexual abuse may willingly participate in sexual acts with an idolized authority figure.

C

.
The pre-existing relationship and familiarity with the abuser may impede the victim's ability to make rational decisions. D

.
The victim may make excuses for the

abuser's behavior. Question 51

Self-care strategies for the ARNP in preparing for the certification exam include all of the following

EXCEPT:

- Study in a distraction free environment.
- Six to eight hours of sleep is recommended.
- Drink lot of caffeine and eat high-concentrated sugars.

D. Plan to study for short periods of time over a longer

timeperiod. Question 52

Which stage of the cycle of domestic violence is characterized by overt aggressive behavior towards the victim? A. Tension building phase

B. Abusive incident

C. Honeymoon phase

D. Planning phase

Question 53

A term that defines a person who has distress with clinical symptomatology because their gender identity is not consistent with gender assigned at birth is which of the following?

- Cisgender
- Gender fluid
- Pangender

D. Gender dysphoria

Question 54

A patient with an inability to conform to the social norms that ordinarily govern many aspects of a person's behavior is consistent with which of the following personality disorders?

A. Avoidant personality disorder

B. Antisocial personality disorder

C. Borderline personality disorder D. Narcissistic personality disorder

Question 55

The treatment of choice for clients with paranoid personality disorder includes which of the following?

- Group therapy
- Behavioral

therapy

- Psychotherapy

D. B and C

Question 56

In about half of the cases in which suicides occur while clients are on a psychiatric unit, lawsuits results. Which of the following is not consistent with what courts expect related to inpatient psychiatric unit suicide events?

A. Courts expect suicides to occur in inpatient settings.

B. Courts require zero suicide rates in inpatient setting.

C. Periodic patient evaluation for suicide risk

D. Evidence of formulation of a treatment plan with a high level of security

Question 57

Type of employment in which either party may terminate for any reason at any time is known as which of the following?

• Locum tenens

B. At will employment

C. Employment by contract D. Profit sharing employment

Question 58

Which of the following medical conditions can present with prominent mental status changes that mimic common psychiatric illnesses? Select all that apply. A. Diabetes Mellitus

B. Thyroid disease

C. AIDS

D. Head trauma

Question 59

According to the AANP Process of Care Standards, performing or ordering preventative and diagnostic procedures based on the patient's age and history is part of which of the following components?

A. Assessment of health status

- Development of a treatment plan
- Implementation of the treatment plan
- Care priorities

Question 60

A patient on Lithium and Quetiapine presents to the emergency room with anorexia, persistent nausea and vomiting, blurred vision, choreoathetoid movements, muscle fasciculations, and hyperactive deep tendon reflexes. The ARNP should do all of the following EXCEPT:

A. Discontinue the Lithium.

- Obtain vital signs, and obtain a neurological evaluation with complete formal mental examination.
 - Obtain lithium level, serum electrolytes, renal function tests and ECG.
 - Give activated charcoal to remove unabsorbed Lithium.

Question 61

A patient currently on risperidone presents to the emergency department with increased agitation, restlessness, muscle discomfort, and dysphoria. The APRN recognizes these symptoms of akathisia and recommends which of the following? Select all that may apply. -Reduce antipsychotic dosage

- Benztropine IM
- Benadryl po or IM

D. B and C only

Question 62

In order to qualify for ANCC board certification testing you must have a minimum of how many supervised clinical hours in the respective specialty for which you are seeking certification? A. 300 supervised clinical hours

B. 500 supervised clinical hours C. 600 supervised clinical hours D. 800 supervised clinical hours

Question 63

In the judicial system one organization may publish one standard of care and an expert may testify to an alternate version of the standard of care. In this scenario who is the final arbiter of the standard of care?

A. The organization where the practitioner worked at the time

- The judicial system
- The expert testifying

- The professional organization for the practitioner

Question 64

Low health literacy has been linked with which of the following?

- Poor health outcomes
- lower rates of hospitalization
- Less frequent use of preventive services

D. All of the above

Question 65

A patient appears odd, with a pervasive history of magical thinking, ideas of reference, illusions and derealization. This is consistent with which of the following personality disorders?

- Schizoid personality disorder
- Paranoid personality disorder C. Schizotypal personality disorder - Avoidant personality disorder

Which of the following medications is associated with Ebstein's anomaly when given during pregnancy?

A. Haldol

B. Lithium

C. Valproic acid D. Chlorpromazine

Which of the following symptoms of borderline personality disorder assist in differentiating borderline personality disorder from schizophrenia?

- Chronic feelings of emptiness
- Prolonged psychotic episodes - Demand extraordinary relationships

D. A and C only

Question 68

A patient presents and is unapproachable, with poor eye contact, reporting a lifelong pattern of isolation, uncomfortable with human interaction, and constricted affect. This presentation is consistent with which of the following personality disorders?

A. Schizoid personality disorder

- Borderline personality disorder
- Avoidant personality disorder-Schizotypal personality disorder

Question 69

Nurse practitioner preceptors should have at least how much experience as a nurse practitioner in the relevant specialty prior to precepting?

- A minimum of 6 months of experience as a licensed NP in the specialty
- A minimum of 9 months of experience as a licensed NP in the specialty
 - A minimum of 1 year of experience as a licensed NP in the specialty
- ✓ D. A minimum of 2 years of experience as a licensed NP in the

specialty Question 70

The ARNP is working with a patient who has a heightened sense of self-importance and grandiose feelings of uniqueness. The patient also lacks empathy for others, although is very sensitive

to minor criticism. The ARNP recognizes these symptoms as consistent with which of the following personality disorders?-Schizotypal personality disorder

- Borderline personality disorder

✓ C. Narcissistic personality disorder

D. Histrionic personality disorder

Question 71

The emotional burnout and lack of empathy towards clients that healthcare providers experience after treating victims of trauma is known as which of the following?

✓ A. Compassion fatigue-Primary traumatization

- Transference-Countertransference Question 72

The ARNP recognizes which of the following as short-term effects of sex trafficking on victims?

- Depersonalization
- Post-traumatic stress disorder

- Higher risk behaviors (i.e., drug and alcohol abuse)

D. A and C only

Question 73

According to Freud, stubborn, parsimonious, and highly conscientious traits are associated with which stage of development?

- Oral stage
- Anal stage

C. Phallic stage-Latency stage

Question 74

Risk factors for school violence include which of the following? Select all that apply.

A. Bullying

B. Being bullied

C. Isolation D. Involvement in school organizations

Question 75

As a PMHNP, one of the most common areas you will counsel your clients about is the importance of sleep hygiene. Which of the following is NOT consistent with common recommendations for good sleep hygiene?

A. Avoid alcohol and caffeine.

B. Set a cool room temperature.

C. Set TV to turn off within 1 hour of falling asleep.

D. Go to bed at the same time each night.

Question 76

Affirmatively acting to benefit another or others, going beyond what is required by law is known as which of the following?

- Fidelity
- Justice

C. Beneficence D. Non-maleficence

Question 77

The term "suicide survivor" refers to which of the following?

- Those who have lost a loved one to suicide.
- Someone who has attempted suicide but failed.

C. Only those who have had a serious suicide attempt with a near death experience.

D. This is an ambiguous term that should not be used.

Question 78

Curriculum content that supports the NP scientific foundation competency area includes

which of the following? Select all that apply.

A. Comparison of patient data sets with evidence-based standards to improve care

B. Science from other disciplines relevant to health care

C. High reliability organization principles.

D. Compliance issues related to patient privacy with use of technology.

Question 79

In *Canterbury v. Spence* the U.S. Court of Appeals for the District of Columbia Circuit listed physician responsibilities for disclosure. Which of the following is not listed as a responsibility?

- Adopt a standard of full disclosure with clients.
- Alert the patient to symptoms of bodily abnormality.
- Inform the patient when the ailment does not respond to the physician's ministrations.

D. Inform the patient about precautionary therapy that he or she should

seek in the future.

Question 80

Which of the following is the treatment of choice for clients with depressive personality?

- Exposure therapy
- Light-exposure therapy

C. Insight oriented psychotherapy

• Transmagnetic Stimulation (TMS)