

ATI Practice Assessment-Maternal Newborn Online Practice 2016 B

VERSION 13

- 1) A nurse is performing a newborn assessment. Which of the following images should the nurse identify as an indication of spina bifida occulta?

tuff of hair

- 2) A nurse is assessing a client who is 12 hr postpartum. The client's fundus is two fingerbreadths above the umbilicus, deviated to the right of the midline, and less firm than previously noted. Which of the following actions should the nurse take?

assist the client to the bathroom to void

- 3) A nurse is teaching a client who is at 36 weeks of gestation and has a prescription for a nonstress test. Which of the following statements should the nurse include in the teaching?

You will be offered orange juice to drink during the test

- 4) A nurse is admitting a client to the labor and delivery unit when the client states, "My water just broke." Which of the following interventions is the nurse's priority?

Begin FHR(Fetal Heart Rate) monitoring

- 5) A nurse is developing an educational program for adolescents about nutrition during the third trimester of pregnancy. Which of the following statements should the nurse include in the program?

Consume three to four servings of dairy each day

- 6) A nurse is assessing a client who is at 38 weeks of gestation during a weekly prenatal visit. Which of the following findings should the nurse report to the provider?

Weight gain of 2.2 kg (4.8 lb)

- 7) A nurse is providing discharge teaching to the parents of a newborn about using a car seat properly. Which of the following instructions should the nurse include?

Position the car seat rear-facing in the back seat of the vehicle

- 8) A nurse is preparing to collect a blood specimen from a newborn via a heel stick. Which of the following techniques should the nurse use to help minimize the pain of the procedure for the newborn?

Place the newborn skin to skin on the mother's chest

- 9) A nurse is developing a plan for a client who has preeclampsia and is receiving magnesium sulfate via a continuous IV infusion. Which of the following interventions should the nurse include in the plan?

Monitor the FHR continuously

- 10) A nurse is caring for a client who is in labor and reports increasing rectal pressure. She is experiencing contractions 2 to 3 mins apart, each lasting 80 to 90 seconds, and a vaginal examination reveals that her cervix is dilated to 9 cm. The nurse should identify that the client is in which of the following phases of labor?

Transition

- 11) A nurse is performing a vaginal exam on client who is in labor and reports severe pressure and pain in the lower back. The nurse notes that the fetal head is in a posterior position. The nurse should identify that which of the following is the best nonpharmacological intervention to perform to relieve the client's discomfort?

Counter-pressure

- 12) A nurse is planning care for a client who is at 24 weeks of gestation and reports daily mild headaches. Which of the following instructions should the nurse include in the plan of care?

Recommend that the client perform conscious relaxation techniques daily

- 13) A nurse is teaching a new mother how to use a bulb syringe to suction her newborn's secretions. Which of the following instructions should the nurse include?

Stop suctioning when the newborn's cry sounds clear

- 14) A nurse is assessing a newborn who is 12 hr old. Which of the following clinical manifestations requires intervention by the nurse?

Substernal chest retractions while sleeping

- 15) A nurse is teaching about effective breastfeeding to a client who is 3 days postpartum. Which of the following information should the nurse include?

Your newborn should appear content after each feeding