## BIOL 1408 ONLINE PRACTICAL 1 REVIEW AND EXAM PREPARATION VERIFIED TIPS

## <u>General Tips</u>

- Studying consistently over a period of days is much more effective than pulling an all-nighter before the practical.
- There are lists of learning objectives at the beginning of each lab to help guide you to important concepts.
- Review Module videos.
- Review your graded lab worksheets.
- You will not be asked to "run" experiments. You should be able to interpret results (graphs), identify lab equipment, and understand scientific concepts covered in lab.
- The Unit 1 metric conversion chart will NOT be provided on the practical. You must memorize this.

## Measurement Lab

- Explain what metric unit is used to measure volume, length, mass, and temperature. Litre, meter, kilogram, Celsius
- 2. Know how to convert between metric units with the same base (move the decimal).

0.013 deciliters= 1,300,000 nanoliters 480,000 micrometers= .048 decameters

King Henry Doesn't [Usually] Drink Chocolate Milk kilo- hecto- deka- [unit] deci- centi- milli1 kilometer = 10 hectometers = 100 dekameters = [1000 meters] = 10 000 decimeters

= 100 000 centimeters = 1 000 000 millimeters

Alternatively, we have:

1 milliliter = 0.1 centiliters = 0.01 deciliters = [0.001 liters] = 0.000 1 dekaliters = 0.000 01 hectoliters = 0.000 001 kiloliters

- 3. Know the metric prefixes, their abbreviations, and how much of the base unit they represent. T-Tera- 10^12
  G- Giga- 10^9 MMega- 10^6 k- Kilo10^3 h- hecto- 10^2
  da- Deka- 10^1 meters,
  liters, grams- 10^0 ddeci- 10^-1 c- centi10^-2 m- milli- 10^-3
  u(kindof)- micro- 10^-6
  n- nano- 10^-9 p- pico-
  - 10^-12
- 4. Know how to appropriately measure length using rulers and meter sticks.

Decide which unit of **measure** you want to read the **measurements** in. Then, line that side of the **meter stick** up with whatever you're **measuring**. Once that's done, shift the **meter stick** as needed so that the "zero" mark on the **meter stick** lines up with the point where you want the **measurement** to start

5. Know how to calculate the area of a 2-D object

- 6. Convert between mass and volume (1g=1ml=1cc) of water at standard conditions. freezing: 0 C = 32 F
  Room Temperature: 21.1 C = 70 F
  Body Temperature: 37 C = 98.6 F
  Boiling: 100 C = 212 F
  1 cc = 1 ml
  1 ml = 1 g
  1 liter = 1 kg
  - $1 \text{ dm}^3 = 1 \text{ liter}$

50 ml of water weighs 50 g

3 liters of water equals 3 kg

1 liter = 1000 ml

7. Know what the approximate mL equivalent is for a teaspoon, Tablespoon and cup.

4.929 ml/tsp, 14.786ml/tsb, 237 ml/cup

8. Draw/Define meniscus.

When measuring the volume of a liquid in a graduated cylinder, you will observe a "meniscus."

The meniscus is the curved upper surface of a liquid in a tube. You measure the liquid/volume from the bottom of the curve (which is in the middle) of the meniscus.

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9. Identify all lab equipment used in Unit 1.

Graduated Cylinder Beaker Erlenmeyer Flask Triple Beam Balance Digital Balance/Scale Graduated Pipette (Pipette) Weigh Boat Hot/Stir Plate Stir Bar Pipette Pump Beaker Tongs

- 10. Understand if something should be measured in grams or kg. Light items in g heavy items in kg
- Describe how to convert from Fahrenheit to Celsius and how to convert from Celsius to Fahrenheit. (I will provide the formulas; you will need to know which formula to use and how to use it)

(0°C × 9/5) + 32 = 32°F (32°F - 32) × 5/9 = 0°C

F to C

1. F-32

2. Multiply by 5

3. Divide by 9

C to F

- 1. C x 9
- 2. Divide by 5
- 3. Add 32
- 12. Recognize what Celsius degrees correspond to body temperature, freezing water, boiling water and room temperature.
- 13. Understand in a graph what is found on the x and y axis.
- 14. Write numbers in scientific notation.

0.000554433= 5.54433 x 10^-4

457430= 4.57430 x 10^5

15. Take a number in scientific notation and write in expanded form.

9.11 x 10^-4= 0.000911

8.992233 x 10^6= 8992233

## Scientific Method Lab

1. Know the steps of the scientific method.

Observe ---> hypothesize ---> experiment ---> analyze/conclude

2. Differentiate between hypothesis and "best guesses".