

**HESI
COMMUNITY
HEALTH
PROCTORED
EXAM
Version 20**

HESI

**HESI Community
Health**

**Proctored Exam
Questions with
Answers (60 Q&A)**

GRADED A

100%

HESI COMMUNITY HEALTH PROCTORED EXAM

1. A nurse is working in a shelter following a disaster. Which of the following is the priority action for the nurse to take?

(A):Address the physical needs of clients.

(B):Create diversionary activities for children.

(C):Help clients gather needed supplies.

(D):Explore feelings the clients are experiencing.

2. A client who has diabetes mellitus asks a home health nurse to help her adapt some of her traditional cultural foods to fit her meal plan. Which of the following Is the first action the nurse should take when assisting this client?

(A):Use cookbooks to Include traditional foods in meal plans.

(B):Observe the client during preparHESIOn of traditional foods,

(C):provide the client with printed recipes.

(D):Explain the diabetes exchange list.

3. A school nurse is implementing health screenings. Which of the following assessment findings should the nurse recognize as the highest priority?

(A):A child who has nits

(B):An adolescent who has scoliosis

(C):A child who has a BMI of 18

(D):An adolescent who has psoriasis

4. A 35-year-old client who has a diagnosis of tuberculosis informs the providers office that she Is unable to pay for the treatment. Which of the following actions by the nurse will facilitate obtaining appropriate treatment?

(A): Arrange for medication through local agencies.

(B): Send the client to the nearest facility for further evaluation.

(C): Explore options for alternative therapies.

(D): Help the client apply for Medicare.

5. A nurse is providing education to a group of adolescents who are pregnant and attending high school. Which of the following information should the nurse include in the teaching?

(A): Caffeinated beverages should be replaced with caffeine-free beverages.

(B): The need for supplemental folic acid is greatest during the third trimester.

(C): The incidence of high birth weight infants is higher in adolescent pregnancy.

(D): Pregnant adolescents need to gain less weight than adult mothers.

6. A nurse is caring for a client who is having difficulty performing activities of daily living. The nurse is functioning in which of the following roles when arranging for an occupational therapist to visit the client?

(A): Administrator

(B): Clinician

(C): Nurse consultant

(D): Case manager

7. A home health nurse is scheduled for a first-time visit to a client. Which of the following should the nurse perform first?

(A): Mental status examination

(B): Review of the neighborhood

(C): Blood pressure screening

(D): Family history

8. A nurse at a community clinic is preparing an educational guide about cultural variances in expression of pain. Which of the following information should the nurse include?

(A): Native American cultural practices include being outspoken about pain.

(B): Chinese cultural practices include enduring pain to prevent family dishonor.

(C): Puerto Rican cultural practices include the view that outspoken expressions of pain are shameful,

(D): Middle Eastern cultural practices include hiding pain from close family members

9. A nurse is counseling a client who is to undergo enzyme linked Immunosorbent assay testing for HIV. Which of the following information should the nurse include?

(A): A positive result requires initiating Immunoglobulin administration.

(B): ED The test measures antibodies to the virus

(C): The test monitors progression of the disease.

(D): The test results are accurate 24 hr after exposure to the virus.

10. A community health nurse is providing teaching to a group of clients who have alcohol use disorder. Which of the

following findings should the nurse include in the teaching as a manifestation of alcohol withdrawal?

(A):Bradycardia

(B):Increased appetite

(C):Hypothermia

(D):Insomnia

11. A home health nurse is caring for a client who has chemotherapy-induced nausea that has been resistant to relief from pharmacological measures. Which of the following interventions should the nurse initiate? (Select all that apply.)

(A):Provide sips of room-temperature ginger ale between meals.

(B):Use seasonings to enhance the flavor of foods.

(C):Offer 120 mL (4 oz) of cold 2% milk as a meal replacement.

(D):Maintain the head of the client's bed in an elevated position after eating.

(E):Assist the client in using guided imagery

12. A community health clinic nurse manager is reviewing the incidence rate of chlamydia in the state. In a given year, 3,144 new cases were reported and the population was estimated at 325,986. Which of the following is the incidence rate in the state for the year?

(A):About 1 reported case per 10,000 population

(B):About 300 reported cases per 100,000 population

(C):About 10 reported cases per 1,000 population

(D):About 3 reported cases per 10,000 population

13. A school nurse is planning safety education for a group of adolescents. The nurse should give priority to which of the following topics as the leading cause of death for this age group?

(A): Substance abuse prevention

(B): Sports injury prevention

(C): Gun safety

(D): Motor vehicle safety

14. A nurse at a local health department is caring for several clients. Which of the following infections should the nurse report to the state health department?

(A): Human papillomavirus

(B): Group B streptococcus B-hemolytic

(C): Herpes simplex virus

(D): Chlamydia

15. The partner of an older adult client who has Alzheimer's disease reports that he is not eating. The home health aide tells the nurse that the client's partner refuses to assist the client with feeding. The partner insists the client feed himself without help.

Which of the following is the priority action the nurse should take?

(A): Arrange for Meals on Wheels assistance.

(B): Refer the client's partner to an Alzheimer's support group

(C): Direct the home health aide to assist with meals.

(D): Determine the client's ability to self-feed.