

NR 226 Final Exam Study Guide Review Questions (182 Terms) & Answers 2023-2024

The RN is assessing a client who has hypercalcemia. Which of the following findings would the nurse expect? Select all that apply.

- A. Nausea and vomiting
- B. Confusion
- C. Hyperreflexia
- D. Numbness/tingling
- E. Pallor - **Correct Answer:** A. Nausea and vomiting
- B. Confusion

The RN is reviewing lab values for a group of clients and notices a sodium level of 130 mEq/L. The nurse understands that which client is at highest risk for the development of this lab value?

- A. The client who is taking furosemide (a diuretic)
- B. The client who is in renal failure
- C. The client who takes a multi-vitamin
- D. The client who was admitted to hospice - **Correct Answer:** A. The client who is taking furosemide (a diuretic)

The body's fluid and electrolyte balance are maintained partially by hormonal regulation. Which of the following statements shows an understanding of this mechanism?

- A. "The pituitary secretes aldosterone."
- B. "The kidneys secrete antidiuretic hormone."
- C. "The adrenal cortex secretes antidiuretic hormone."
- D. "The pituitary gland secretes antidiuretic hormone." - **Correct**

Answer: D. "The pituitary gland secretes antidiuretic hormone."

While reviewing a client's progress notes, the RN reads "insensible fluid loss of approximately 700 mL daily". The RN understands that this type of fluid loss can occur through:

- A. The GI tract
- B. Urine output
- C. Wound drainage
- D. The skin

E. Emesis - **Correct Answer:** D. The skin

A senior student nurse delegates the task of intake and output to a new unlicensed assistive personnel (UAP). The student will verify that the UAP understands the task of I&O when the UAP states

- A. "I will record the amount of all voided urine."
- B. "I will not count liquid stools as output."
- C. "I will not record a café mocha as intake."
- D. "I will notate perspiration and record it as a small or large amount." -

Correct Answer: A. "I will record the amount of all voided urine."

A nurse is inserting an IV line into a client's vein. After the initial stick the nurse continues to advance the catheter if the nurse notes that:

- A. The catheter advances easily
- B. Blood returns shows in the flashback chamber
- C. The vein is distended under the needle

D. The client does not complain of discomfort - **Correct Answer:** B.

Blood returns shows in the flashback chamber

You are caring for a client who is depressed because the only child has gone away to college. The nurse will assess this type of depression as:

A. actual loss

B. perceived loss

C. situational loss

D. maturational loss - **Correct Answer:** D. maturational loss

Which of the following is an example of disenfranchised grief?

A. A newly-widowed individual does not want to remove her husband's clothes from the closet

B. A teenage client dies from a car accident and the client's mother is crying loudly in the hospital hallway

C. A client verbalizes being upset by voluntarily giving a newborn up for adoption

D. A person is unwilling to discuss the loss of a child for several months after the death - **Correct Answer:** C. A client verbalizes being upset by voluntarily giving a newborn up for adoption

A client has been told by the healthcare provider that remaining life expectancy is approximately 3 months. The client tells the immediate family that the doctor is incorrect and that he "will get better by my birthday in a month". Which stage of grieving is this client experiencing?

- A. Acceptance
- B. Denial
- C. Depression
- D. Anger - **Correct Answer:** B. Denial

Which of the following are appropriate in regard to postmortem care?
Select all that apply.

- A. Provide privacy and time for the family to be with the deceased client.

- B. Maintain respect and dignity for the deceased client.
- C. Consider cultural preferences, state laws, and facility policies when providing care.
- D. Follow appropriate procedures related to organ donation.
- E. Allow for family to participate in care if requested and allowed per policy. - **Correct Answer:** All **Correct Answer:** s are correct

As a first-year nursing student, you are assigned to care for a dying client. To best prepare you for this assignment, you will want to:

- A. complete a course on death and dying
- B. control your emotions about death and dying
- C. compare this experience to the death of a family member
- D. develop a personal understanding of your own feelings about grief and death - **Correct Answer:** D. develop a personal understanding of your own feelings about grief and death

You are a nurse working in the college student health center. You receive a call that an athlete has just fallen and has been injured. You

know that according to the general adaptation syndrome, the athlete will be exhibiting:

- A. an increased appetite
- B. an increased heart rate
- C. a decrease in perspiration
- D. a decrease in respiratory rate - **Correct Answer:** B. an increased heart rate

A client comes into the emergency department complaining of chest pain. When discussing possible reasons why the chest pain has occurred, the nurse learns that the client is depressed because of the loss of a job. This type of crisis can be classified as:

- A. maturational
- B. situational
- C. sociocultural
- D. posttraumatic - **Correct Answer:** B. situational

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What is the best way to monitor fluid balance? - **Correct Answer:**

Monitoring daily weight

What is isotonic and when would we see this solution used? - **Correct**

Answer: A solution with the same salt concentration as in cells *0.9% NS & Lactated Ringers (LR)*

What is hypotonic and when would we see this solution used? - **Correct**

Answer: A solution that is diluted (makes the cell swell) *Dextrose 5% in Water & 0.45% NS*

What is hypertonic and when would we see this solution used? -

Correct Answer: A solution that is concentrated (makes the cell shrink)

TPN, 3% NS, Dextrose 50%

What is osmolality? - **Correct Answer:** A measure of the number of particles per kilogram of water

What is the I&O calculation? - **Correct Answer:** Intake = Output *1L of fluid = 2.2 lbs = 1kg*

What is the normal lab value for acid base balance? - **Correct Answer:** normal pH is 7.35-7.45

What is an example of fluid overload? - **Correct Answer:** Hypervolemia (fluid volume excess)

What are some manifestations of hypervolemia? - **Correct Answer:** -

Dyspnea (crackles or rhonchi)

- Change in vitals (Tachycardia/pnea, HYPERTension)

- JVD

- Edema

- Altered mental status/confusion

What is an example of fluid deficit? - **Correct Answer:** Hypovolemia (dehydration)

What are some manifestations of hypovolemia? - **Correct Answer:** -

Thirst/dry mucous membranes/poor skin turgor

- Change in vitals (Tachy, HYPOtension, fever)
- Flattened neck veins
- Weight loss
- Altered mental status/confusion

What are some treatments for hypervolemia? - **Correct Answer:** -

Monitor fluid overload in lungs

- Restrict sodium/fluid intake
- Diuretics
- Monitor daily weight/I&O
- Patient education

What are some treatments for hypovolemia? - **Correct Answer:** -

Monitor for hypovolemic shock

- Encourage PO fluids
- IV fluids
- Monitor daily weight/I&O