NCLEX PN Test Challenge Study Guide Questions with Verified Solutions 2023-2024.

Reduce symptoms of Raynaud's disease? **Correct Answer: Wearing**gloves when handling frozen food

What is Raynaud's disease? **Correct Answer:** reduced blood flow due to spasm of arteries of the feet and hands

When removing a chest tube, what should you instruct the patient to do? Correct Answer: hold breathe and bear down

When you notice blanching, coldness and edema at the IV site, what should you do? **Correct Answer:** Remove the IV

What is considered a normal Blood Glucose level? Correct Answer: 70
100

What PPE to use for MRSA patient? Correct Answer: Gloves

Gown

Goggles

Mask

What is an EARLY sign of digoxin toxicity, from the drug digoxin? Correct

Answer: Anorexia

What are normal Magnesium levels? Correct Answer: 1.6 - 2.6 mg

What are signs of elevated magnesium levels? Correct Answer:

Drowsiness

Sedation

Lethargy

Muscle weakness

Areflexia

What is Areflexia? Correct Answer: Absence of the reflexes

What position should you place a patient with acute epiglottitis?

Correct Answer: Sit upright

What position to use for Soapsuds enema? Correct Answer: Left side

SIMS position

What is the 1st step when looking into the NCLEX exam? Correct

Answer: Step 1: Access the NCSBN website at

www.ncsbn.org

(Obtain info for international nurses)

For state licensing? **Correct Answer:** Contact the state in which you are taking the NCLEX in and determine specific requirements for that state

What is the process for sending the state official documents? **Correct Answer:** They must come from the "Licensing Authority"

Is the NCLEX exam administered in other languages? Correct Answer:

No

(ONLY in English)

What is your Initial response after a patients trach tube becomes dislodged? Correct Answer: Use a manual BVM/resuscitation device?

What is the "immediate" action to take after a heart failure patient presents with shortness of breath/dyspnea? Correct Answer: Raise the head of the bed

How soon after the administration of nitroglycerin should the patient see relief? **Correct Answer:** 5 mins

(Burning sensation/vertigo are common side effects)

What is a concern when a patient is taking Warfarin? Correct Answer:

Bleeding easily

(Educate patient on straight razor use)

What is Dystocia? Correct Answer: Abnormal labor or childbirth

What is the 1st step in the Nursing process? **Correct Answer:** Data collection

What is the 2nd step in the Nursing process? Correct Answer: Planning

What is the 3rd step in the Nursing process? Correct Answer:

Implementation

What is the 4th step in the Nursing Process? Correct Answer: Evaluation

What is the medication "Tigan" used for? **Correct Answer**: Nausea and **Emesis**

Iron supplements should be taken with what? Correct Answer: Vitamin

C rich juices (Tomato juice, Orange juice)

When noticing that the fundus of a postpartum patient is soft and spongy, what should you do? Correct Answer: Massage the fundus gently until it is firm

Drugs that end in "lol" are normally used for what? **Correct Answer:**Beta Blocker (for hypertension) ("Lo" Lowers the BP)

What OTC tabs should patients not take with medication? **Correct Answer:** Antacids tabs (effects the absorption of the med)

Which tabs should not be crushed? Correct Answer: Enteric Coated/sustained release tabs

Can nurses adjust or change a patients medication? Correct Answer:

NO (only the Doctor can do this)

T/F Patients should consult a doctor before taking OTC or any herbal preparations? Correct Answer: True

Can Abandonment charges be filed against nurses who walk out if staffing is inadequate? **Correct Answer:** Yes

Can nurses refuse to float? **Correct Answer:** No, unless their Union contract states they only work in a specific area

Do Nurses need to get their own Insurance against malpractice? **Correct Answer:** YES

Who issued the Patients Bill of Rights? **Correct Answer:** American Hospital Association

What is habeas Corpus, and can a mentally ill patient request it?

Correct Answer: Requesting a release from care/Yes they can

T/F Catholics, Christians and Jehovah witness are the only religions that allow organ donations? **Correct Answer:** True

T/F Orthodox Judaism may allow organ donation with the Rabbis approval? Correct Answer: True

What are Incident reports used for? **Correct Answer:** Identifying risk situations and Improving care

Do Incident reports get filed in the Patients record? Correct Answer: No

What are the components of a medication prescription? Correct

Answer: Date/Time

Med name

Dosage

Route

Frequency

Signature

How is a Telephone medication order abbreviated? Correct Answer: t.o

Can a nurse sign or be a witness to a signature for a "Living Will" for her patient? **Correct Answer:** No, must be signed by someone who isn't staff or be notarized

What is managed care? **Correct Answer:** Strategies used to reduce the cost of health care.

T/F Case management involves collaboration with an Interprofessional health care team? Correct Answer: TRUE

What are the 5 types of leaders? **Correct Answer:** 1) Autocratic-Dominates the group, maintains strong control and address problems with clearly defined tasks.

- 2) Democratic-Participative style, all members of the team should have input.
- 3) Laissez-faire-Passive, inactive and delegates responsibility to the group (Lazy)
- 4) Situational-Leads based on current circumstance/situation.
- 5) Bureaucratic-Leader believes that the team is motivated by EXTERNAL forces, relies on policies/procedures for decision making.

What is Inter-personal and Intra-personal conflict? **Correct Answer:**Intra-within a person
Inter-within the group

When does discharge planning begin? **Correct Answer:** When patient is admitted

What is Priority 1, 2, and 3 of the Emergency room triage? **Correct Answer:** Priority 1-Emergent (Chest pain, respiratory distress, major arterial bleed, chemical splashes to the eye)

Priority 2-Urgent (Not life-threatening, unless not treated within 1-2 hours, eval every 30-60 mins)

Priority 3-Minor issues, eval every 1-2 hours)

What is Phlebitis? Correct Answer: Inflammation of a vein

What id Third Spacing? **Correct Answer:** The accumulation of extracellular fluid in a body space due to disease or injury

What does Extracellular mean? Correct Answer: Fluid outside the cells

What does Interstitial mean? **Correct Answer:** Fluid between the cells and the blood vessels

Which population is at "higher" risk for fluid related problems? **Correct Answer:** infants and Elderly

Water lost through the skin and lungs (expired air) is called? **Correct Answer:** Insensible loss

What is Hypokalemia? **Correct Answer:** A potassium level lower than 3.5 mEq/L

Can potassium supplement be taken on an empty stomach? **Correct Answer:** No, causes nausea and emesis

What else should be performed when a patient is receiving potassium supplements through IV? **Correct Answer:** Cardiac monitoring

Can potassium be administer via IV push? **Correct Answer:** No, only IV or orally

What level is the sodium when a patient has hyponatremia? **Correct Answer:** Sodium level will be less than 135

What is the antidote for magnesium overdose? **Correct Answer:** Calcium gluconate