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**Question 1 Which of the following disorders is characterized by...**

Question 21 Which of the following disorders is characterized by episodic bouts of intake of excessive amounts of food but without purging or similar compensatory behavior?

- A . Bulimia nervosa
- B . Anorexia nervosa
- C . **Binge eating disorder**
- D . Night eating syndrome

Question 2 During the evaluation of a patient with a history of Bipolar I Disorder, who is manic, the patient states that she is actually the Queen of England and quite wealthy. This is an example of which of the following?

- A . **Mood-congruent manic delusion**
- B . Mood-incongruent manic delusion
- C . Mood-congruent manic hallucination
- D . Mood-incongruent manic hallucination

Question 3 A form of cognitive behavioral therapy (CBT) that requires attending skills groups in addition to individual therapy sessions are known as which of the following?

- A . **Group CBT**
- B . Trauma-Focused CBT
- C . Motivational Interviewing.
- D . Dialectical-behavioral therapy

Question 4 which of the following is consistent with recommendations for use of available evidence based psychopharmacological interventions?

- A . If a child/adolescent has mild symptoms, prescribe medications prior to psychosocial Interventions.
- B . If a child/adolescent has mild symptoms, initiate psychotropic medication at the same time as appropriate psychosocial interventions are started.
- C . If a child/adolescent has moderate to severe range of symptoms initiate psychotropic medication at the same time as the appropriate psychosocial interventions are started.
- D . **If a child/adolescent has a moderate to severe range of symptoms initiate psychotropic medication prior to initiating psychosocial interventions.**

Question 5 The type of therapy typically indicated for individuals with chronic and significant suicidality and self-harm is known as which of the following?

- A . Cognitive behavioral therapy (CBT)
- B . Trauma-focused CBT
- C . Motivational interviewing
- D . **Dialectical-behavioral therapy**

Question 6 The average time from the start of child mental health symptoms until a young person enters mental health treatment is which of the following?

- A . 4-6 weeks
- B . 3-6 months
- C . 1-2 years
- D 8-10 . years**

Question 7 A general term for programs that teach and encourage skillful parent and caregiver responses to challenging child behaviors.

- A . Motivational interviewing
- B . Dialectical-behavioral therapy
- C . Cognitive behavioral therapy (CBT)
- D . Behavioral management training**

Question 8 Nightmares and night terrors are associated with disorganization and arousal during which stage of sleep?

- A . Stage 1 B .
- Stage 2
- C .Stage 3**
- D . Stage 4

Question 9 The right to assent of dissent from treatment for a child or adolescent is reflected in which of the following American Academy of Child and Adolescent Psychiatry ethical issues?

- A . Fidelity
- B . Autonomy**
- C . Beneficence
- D . Nonmaleficence

Question 10 In the event of a crisis in which the child is threatening to hurt himself, the first steps should include which of the following?

- A . Address any acute safety concerns
- B . Obtain any necessary professional assistance
- C . Develop a prevention plan for future crises
- D . A and B**

Question 11 A 10-year-old child presents with developmentally inappropriate and persistent difficulty with inattention with symptoms which are interfering with academic goals and in social settings. This is consistent with which of the following diagnoses?

- A . Conduct disorder
- B . Autism spectrum disorder
- C . Generalized anxiety disorder
- D . Attention-deficit/hyperactivity disorder**

Question 12 A patient presents endorsing persistent low-grade (sub-acute) depression for the last several years, uncertain of when it started, thinks he has always been depressed but still goes through the motions. These symptoms are consistent with which of the following diagnoses?

- A . Dysthymia**
- B . Cyclothymia
- C . Major Depression, subacute, recurrent
- D . Bipolar II disorder

Question 13 Examples of atypical features in a patient with Major Depressive Episode include which of the following?

- A Overeating and oversleeping**
- B . Loss of appetite
- C . Insomnia
- D . Sleep walking

Question 14 Somnambulism is characterized by which of the following?

- A . Waking from sleep/naps with vivid recall of intensely frightening dreams
- B . A sleep-wake pattern out of synchrony with the desired sleep-wake schedule
- C . Excessive daytime sleepiness or sleep attacks
- D . Repeated episodes of rising from bed and walking about for between several minutes to a half hour during nocturnal sleep**

Question 15 A 15-year-old girl presents with symptoms that include restrictive eating and food avoidance, with a desire to avoid obesity, which persists despite negative consequences. This presentation is consistent with which of the following diagnoses?

- A . Bulimia nervosa
- B . Anorexia nervosa**
- C . Encopresis
- D . Autism spectrum disorder

Question 16 Which of the following antidepressants are approved by the FDA for treating depression in children ages 8-17?

- A . Sertraline
- B . Fluoxetine**
- C . Duloxetine
- D . Fluvoxamine

Question 17 When assessing for substance abuse in an adolescent, the clinician should initially assess for which of the following?

- A . Safety**
- B . Self medication
- C . Substance tolerance
- D . Substance use disorder

Question 18 Which of the following is consistent with what is known about prevalence of Bipolar I disorder?

- A . Bipolar I Disorder is more prevalent in men
- B . Bipolar I Disorder is more prevalent in women**
- C . Manic episodes are more prevalent in women.
- D . Bipolar I Disorder has equal prevalence among men and women.

Question 19 Which of the following is NOT consistent with the code of ethics for the nursing profession?

- A . A code of ethics for the nursing profession informs every aspect of the nurse's life.
- B . A code of ethics makes explicit the primary obligations of the nursing profession.**
- C . A code of ethics addresses the values and ideals of the nursing profession.
- D . B and C only

Question 20 Which of the following is NOT consistent with what is known about anorexia nervosa?

- A . Anorexia nervosa is more prevalent in males.**
- B . Anorexia nervosa is most frequent in developed countries
- C . Anorexia nervosa is equally prevalent in males and females
- D . Roughly half of patients with anorexia nervosa will not only diet but will also regularly engage in binge and purge behaviors**