

**2023 COMMUNITY HEALTH HESI RN V1  
LATEST VERSION ) EXIT HESI EACH VERSION  
CONTAINS 55 QUESTIONS AND CORRECT  
ANSWERS|TEST BANK|AGRADE**



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**A client received a purified protein derivative (PPD) skin test for tuberculosis. What should the nurse instruct the client about this test?**

- A Return to the physician's office in one day to have the test read.
- B There is no need to return to the physician's office if the skin is not red or swollen.
- C Schedule an appointment in 3 days to have the skin test read by the nurse.
- D Swelling and redness are expected reactions and should disappear in a week.

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**The community health nurse is designing a primary prevention program for school-age children. What should the nurse include in this program?**

- A Importance of having dental checkups every 6 months.
- B Need to wear protective helmets and padding when using bicycles.
- C Seeing the pediatrician for routine physical examinations.
- D How to perform breast and testicular self-examinations.

**A community health nurse is planning a community outreach program focused on dietary interventions for better health. Which recommendation should be included?**

- A Going longer than twelve hours without food is dangerous, and should be avoided.
- B Reducing caloric intake should not be recommended to overweight teenagers due to the risk of developing anorexia nervosa.
- C Intake of natural fruit juices should be limited due to high sugar content and lack of fiber.
- D A vegan diet is not advisable for middle aged adults and older as it may lead to protein deficiencies.

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**The nurse is reviewing recent screening laboratory results including an hemoglobin A1C of 9.2% with a 42 year-old male with a family history of type-2 diabetes. Which statement by the client indicates that teaching was effective?**

- A "As I haven't felt any symptoms, we caught it in time before permanent damage was done."
- B "Because of my bad genes, I can try to slow the progression of this disease but not reverse it."
- C "I'm worried about having a heart attack or stroke."
- D "My 'A1C' will normalize in the next two to three weeks if I exercise, eat healthy, and lose weight."

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**The community nurse is planning an educational program focused on lead poisoning for school nurses. Which statement should the nurse include?**

- A Blood lead levels lower than 10 µg/dL are generally recognized as safe in children.
- B Most homes built after 1917 do not contain lead-based paint due to a federal ban.
- C Children are less vulnerable to lead poisoning than adults because of a rapidly developing brain.
- D Clients with lead poisoning often experience subtle or nonspecific symptoms or are asymptomatic.

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**A client who works with animal pelts asks the nurse about an ulcerated area on the forearm that has developed over the last few days. For which disease process should the nurse assess this client?**

- A Lyme disease.
- B Poison ivy.
- C Rocky Mountain spotted fever.
- D Anthrax.

**A nursing instructor is teaching nursing students on communication techniques for client interactions. Which strategy should the instructor include?**

- A Nurses should not talk down to clients with simple words, but instead use the appropriate technical and medical terms to avoid making the client feel dumb.
- B Verbal communication is more accurate than facial expressions or posture to identify how a client is feeling.
- C Nurses should be frank during interactions, even when the client is visibly upset.
- D Efficiency is paramount when discussing sensitive topics to prevent the client from "tuning out."

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**An adolescent male is diagnosed with chlamydia. The client asks if the visit can be kept private or if others need to be informed of the infection. What response by the nurse is best?**

- A "As you are a minor your parents should be notified."
- B "We will notify your parents only if you want them to know."
- C "There is no other way for you to get the needed medication."
- D "The diagnosis is confidential however the infection will need to be reported to the CDC."

**The community health nurse is planning a health screening clinic for prepubescent and adolescent females. What screening should be included for this client population? (Select all that apply.)**

- A Hypertension.
- B Cervical cancer.
- C Depression.
- D Obesity.
- E Sexually transmittable infections.

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**The nurse is planning a health promotion presentation for community adolescent clients. What topics would be applicable for this population? (Select all that apply.)**

- A Substance abuse.
- B Work-life balance.
- C Sports related injuries.
- D Seat belt safety.
- E Starting a family.

**The hospice nurse is providing end-of-life care for a client with AIDS and their family. During one visit, the client's daughter tells the nurse "I just don't understand what the point of "end-of-life care" is. It's not like you're really going to help them get better, so why bother?" What is the best response by the nurse?**

- A "I can understand your point, but "getting better" is not really the goal of end-of-life care."
- B "End of life care is as much for you and your family as much as it is for your parent."
- C "It is really common for family members to have a difficult time accepting that their loved one is in the end stages of their life."
- D "Our goal, together, is to enable your parent and the whole family to cope with end of life and all of the physical, psychological, social, and spiritual components that go with it."

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